



Baca Buzz

Volume 2, Issue 1

January/February 2012

Baca Staff

Supervisor

Deborah McRoberts

Program Coordinator

Dawn Moonan

Office Manager

Carol Isaacks

Admin. Tech

Veronica Bernal

Recreation Attendants

Donna Bethke

Cameron Russ

Bus Driver

TBD

Custodians

Charles Jackson

Padraig (Pat) Lavin

Superbowl Party & Chili Cook Off



Last year's Super Bowl Party was such a great success that we are going to do it again in 2012. Join us on Sunday, February 5 at 5 pm for another football tailgate party and chili cook off. Last year's cook off winners will be this year's judges. There will be an opportunity for the participants to pick an entry for the People's Choice Award.

Do you have a great chili recipe that you would like to share? Bring it on and register for the cook off by January 27. Contestants will be asked to provide enough chili for 10 people and will receive free entry into the event. In addition to our chili cook off, the Baca Center will provide chili, cornbread, tea and munchies. Participants are welcome to bring their own munchies, beverages and their favorite lawn chair. The Super Bowl will be shown on our big drop down screen so everyone will be able to watch the game. Cost for the event is \$7 for Baca members and \$12 for non-members BEFORE January 27. After January 27 tickets will be \$5 more. Doors will open at 4:30 pm and chili will be served 5-6 pm. **Course #17758**

Writing Club—Book Signing

Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

The Baca Center is fortunate to have many wonderful authors and poets that have written a book and will be selling them for a cost of \$10. The current publication is 250 pages of personal memories, poetry, challenges and fiction. The book is hopefully one of many that the group will publish. The book is filled with wonderful stories, poems, autobiographies and more. If you would like to purchase a book or join the Writing Club to get your stories published, please contact the writing club at bacawritingclub@gmail.com.



BACA WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am Jazzercise**	9:00-10:00 am Cardio Combo	9:00 am Jazzercise**	9:00-10:00 am Cardio Combo	9:00-10:00 am Intro to Tai Chi*	9:00 am Jazzercise**
10:15-11:10 am Beg. Line Dancing*	9:00-11:00am Wood Carvers	Chair Yoga* Beach Bums***	10:00-11:30 am Writing Club	Jazzercise**	9-9:45 am Zumba Gold*
10:30-11:00 am Sittercize	10:00am-2:00 pm Crafty Critters	10:00-10:45 am Zumba Gold*	10:30-11:00 am Sittercize	10:00-11:30 am Tai Chi Advanced*	
11:20 am-12:20 pm Int. Line Dancing*	10:30-11:00 am Sittercize	10:00-11:30 am Chicken Foot Mexican Train	12:30-2:45 pm Spanish Class	10:00-11:30 am Bingo*	
12:30-1:30 pm Adv. Line Dancing*	12:30-2:30 pm Klub Karaoke	10:30-11:00 am Sittercize	12:45-4:00 pm Canasta Club	11:30 am-12:30 pm FREE—Blood Pressure Checks <i>Courtesy of Trinity Care Ctr.</i>	<i>*Fees are required to participate and must be paid to the Baca Center.</i>
12:30-3:30 pm Dominoes "42"	12:30-4:00 pm Pinochle	11:00 am-1:00 pm Line Dance Practice	1:00-2:30 pm Tap Dancing*	11:30-3:30 pm Pinochle	<i>**NOT a BACA program—fees required to participate and must be paid to Jazzercise.</i>
1:00-2:30 pm Writing Club	Texas Canasta	12:30-3:30 pm Dominoes "42"	1:00-2:00 pm Computer Help	12:30-1:30 pm Int. Line Dancing*	
1:00-5:00 pm Duplicate Bridge Canasta	1:00-2:00 pm Computer Help	1:00-3:00 pm Latin Wednesday	1:00-3:00 pm Tejano Time	1:00-2:30 pm Sing Along	
5:15 & 6:15 pm Jazzercise**	6:15 pm Jazzercise**	5:15 & 6:15 pm Jazzercise**	12:45-4:00 pm Bridge for Fun		
Zumba Gold* 6:15 pm	7:00-9:00 pm Evening Bridge Square Dancing*	***Starts Feb. 1	6:15 pm Jazzercise**		

Please be sure your program ends ON-TIME so staff can prepare for the next program or secure the building for closing. We can ONLY guarantee that rooms will be ready 15 min. prior to start time. If you have a group that is meeting in one of our rooms and you are not on the schedule, please see the front desk.

Monthly Meetings and Activities

<u>Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Friday	1:00-3:00pm
AARP - general meeting	2nd Wednesday	1:00-2:00pm
AARP - board meeting	3rd Wednesday	1:30-3:30pm
Benefits Counseling	1st Wednesday	9:00-11:00am
Book Discussion	2nd Tuesday	1:00-2:00pm
Bunco	1st & 3rd Tuesday	6:30-8:30pm
Starts Jan. 11	2nd & 4th Wed.	1:00-3:00pm
Cuisine Critics	3rd Wednesday	11:00am-1:00pm
Daffodil Dolls	1st Wednesday	10:30-11:30am
Garden Club	1st Monday	9:30-10:30am
Hiking Club	February 22	1:00pm
Pub Club	3rd Friday	5:00-11:00pm
Site Council	1st Thursday	9:30-10:30am
Travel Club	Wed., March 7	1:00pm

Williamson Burnet County Oppor. (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45 am for Williamson & Burnet County residents. Registration and 24 hour advance reservation is recommended by contacting Cris at 255-4970. New registrants will need to complete paperwork. Meals are \$6 for those that are not members of WBCO. If you have made reservations and cannot come to lunch, please notify WBCO.

Menu is available online at:
http://www.wbco.net/services_meals.html
Menu is subject to change without notice.

255-4970

Activity Descriptions

AARP: "AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service." Membership is open to persons age 50+. Must be a member of the National Chapter to be a member of the local AARP chapter.

Art Club: The club includes artists of all media. The club also meets each 2nd Wednesday for Painting Day. For more information, Janet Oh at ????.

Beach Bums: This new group will start February 1. See the class descriptions for more information.

Benefits Counseling: Visit with Nancy Kind to get information on Medicare, prescription plans, Medicaid and food stamps.

Bingo: Come try your luck on Friday mornings for \$2 for members.

Book Discussions: Participants discuss short readings in fiction, drama, poetry, and essays. Contact helensmith204@gmail.com for more information.

Bunco: Knowledge of the game is optional but having a good time is mandatory! \$3/Baca members*.

Cardio Combo: Low impact aerobics without jumping. Free for members.

Chair Yoga: For beginners and people with limitations. See class for registration info.

Computer Help: Help is offered for members that have computer specific questions.

Crafty Critters: Come get crafty with us! This group makes all different kinds of crafts.

Cuisine Critics: Group visits local restaurants and writes a review for the newsletter.

Daffodil Dolls: This is a group of ladies that gather for fun and fellowship.

Hiking Club: Over the Hill Hikers plan hiking trips plus get hiking tips. Meets in March.

Jazzercise: For fees and information, call Kathie Elkins at 244-2534**.

Klub Karaoke: Join the excitement and come sing your favorite songs on our karaoke ma-

chine in the music room or just come support others.

Latin Wednesdays: Join us for salsa, etc. Free to members*.

Line Dancing: Classes offered for three levels. \$3/Baca members*.

Line Dancing Practice: Self led practice for line dancing. Free to members*.

Paint In: Join the Art Club for drawing and painting activities each 2nd Wednesday.

Pool Sharks & Sharkettes: Men's group meets Tuesdays & Thursdays for some great times shooting pool. The ladies meet on Mondays for informal play.

Pub Club: This club is the hit of Round Rock & Austin as we hang out at a different pub each month. Cover and meal are on your own. \$6-8/month for members*.

Sing-A-Long: Singing popular songs from the 20th Century. Song books provided, join us for a good time!

Sittercize: Participants perform resistance exercises in chairs with hand weights. Free for members.

Spanish for Fun: Come practice Spanish with Pilar Weiss from Spain! This class is an informal program and free for Baca members*.

Tap Dancing: Tap your way to fun and fitness. Come to dance or come to learn. \$2 members*.

Tai Chi: A Chinese martial art and meditative movement class designed to increase your sense of balance, cardiovascular fitness & joint flexibility. \$4/members*.

Tejano Time: This is a self-led group that uses their own music to dance authentic Tejano.

Travel Club: This group now meets on a quarterly basis to discuss/suggest day and extended trips.

Woodcarvers Club: Come join in some carving fun. This is a self-led group, no experience necessary but tools are required. Free to Baca members.*

Writing Club: This group meets to talk, write and share. This group has published a book and can be purchased. For more information, contact Serena Guin at bacawritingclub@gmail.com.

Zumba Gold: This program is a series of fitness moves specifically designed to take the exciting Latin and International dance rhythms created in the original

**Non-members pay additional fees.*

Special Events

TOGA PARTY



Join the Baca Center for a dazzling great time at our first ever Toga Party. There will be Roman snacks, live music, dancing, and more. Wear your best Toga and sandals for a chance to win a prize for the best dressed female, male and couple. This event will take place on Friday, March 16, 5:30-9:00 pm. Cost is \$7 for Baca Center members, \$12 for non-members until March 9. Cost for tickets AFTER March 9 will be \$5 more/ticket. The doors will open at 5 pm, please do NOT plan on getting in the building any earlier. Please observe Toga modesty—if you can't wear it in front of your grandchildren, please do not wear it at the Baca Center.

Course #17763

Membership Meeting

Mark your calendars now for Wednesday, January 18 at 11:00 am and plan to attend the Baca Center's Annual General Membership Meeting. This is your opportunity to meet your 2012 Site Council representatives, hear about 2011 accomplishments and see what's in store for 2012 at the Baca Center. Please check with the Baca staff to make sure your membership is current.

Cost for a Round Rock resident membership without the weight room is \$25/year and with the weight room is \$50/year.

A non-resident membership without the weight room is \$30/year and with the weight room is \$60/year.

Please ask the front desk if you are not sure of your residency.

Pecan Sales and Cracking

Now through January 31, the Baca Center will still be cracking your pecans. Bring your pecans with your name on your box/tub. Pecans must be of average size to feed through our machine. Cost is 35¢/lb. Spice up your snacking, baking and gift giving with nuts from the Baca Center. Proceeds from nut sales and cracking go to support the Baca Center and mission of the City of Round Rock. We have 1 lb. packages of walnuts, chocolate pecans, almonds and pralines.



Organizations/Clubs

SITE COUNCIL—Thursday, 9:30 am

Baca Site Council is the voice of the membership. Council represents Baca in a positive way promoting membership and activities and advises staff in decisions that affect the general membership and future of the Baca Center. Meetings are open to the public.

January 5 & February 2

BENEFITS COUNSELING—Wednesday, 9:00-11:00 am

January 4 & February 1 in the Baca Center Lobby—"The National Council on Aging" has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This is free, easy to use and will help seniors identify countless federal, state, local and private programs for which they may be eligible. Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 246-8455.

GARDEN CLUB—Monday, 9:30 am

January 9—"Spring Vegetable Gardening," with Dr. Hobbs

February 6—Valentine Floral Arrangements in the Home and Garden

BOOK DISCUSSIONS GROUP—Tuesday, 1:00 pm

January 10—"The Epic of Gilgamesh"

February 14—"Prometheus Bound," by Aeschylus

Contact helensmith204@gmail.com for info.

AARP—Wednesday, 1:00 pm

January 11—"Depression as we age," Kristy Taylor, Director of Crisis Services, Bluebonnet Trails

February 8—"Status of Round Rock," Alan McGraw, Mayor of Round Rock

ART CLUB

Wednesday, January 11—Art demo by Danny Jones, 1:30-3:00 pm

Wednesday, January 18—Wine & Cheese Planning for 2012

Friday, February 3—Watercolor demo by Carol Light, 1:30-3:00 pm

Wednesday, February 15—Presentation on Giclee Printing, 1:30-3:00 pm

AARP Driver Safety Course

Tuesday, January 17, 8:30 am—12:30 pm—Course #17875

The course is offered every two months and drivers get a 10% discount for 3 years on most insurance plans. You **MUST** pre-register at the Baca front desk.

Course does **NOT** dismiss traffic violations.

Cost is \$12 for AARP members & \$14 for non-members & paid to the instructor.

Classes

Beach Bums Chair Volleyball—NEW

Want to get active and try out a new way to play volleyball? Participants will be seated in chairs while they volley a beach ball over a net. Scoring is similar to regular volleyball. No experience necessary and all skill levels are welcome. If you can sit and hit a beach ball, then come join our team. Get on the list of participants by calling 512-218-5499. We will create 2 teams of participants. We will also need 2 volunteers to referee the games, training will be provided.

February 1 through the Spring, Wednesdays, 9:00-10:00 am

Grand Meeting Room—FREE to Baca members

Simple Will Workshop

John Levy will offer a FREE workshop on writing a simple will. Avoid probate, attorney fees, and estate taxes. Why leave your money to the government that could go to your heirs? This will be an easy to understand presentation explaining current laws and need for estate documents. He will answer the following questions: What is probate; What if you die without a will; What is a Revocable Trust; and what is a Durable Power of Attorney?

Thursday, February 23, 11:00 am

Grand Meeting Room

FREE for Baca members

Travel Club

Have you traveled to an exotic destination in the past year? If so, we would like to hear about your trip and what made your trip so memorable. Bring your photos and a 4-5 minute presentation to our next Travel Club meeting so the group can share in your exciting vacation. Due to our limited time, we can only accept two great destinations to share. To sign up, please call Dawn at 218-5499.

Wednesday, March 7, 1:00 pm

Grand Meeting Room

FREE for Baca Members

Hospital Stay Workshop

Join Reliant Central Texas a Rehabilitation Hospital and Walgreens Infusion Services for an hour filled with information, lots of fun and prizes. Be prepared to move and be involved in this presentation called *How To Survive Your Hospital Stay*. Learn how nutrition, exercise, breathing exercises, benefit knowledge and comforts from home can keep you strong and make your hospital stay less stressful and with better outcomes. This NEBBC program really works! Speakers include a nutritionist, physical therapist, credentialed rehabilitation registered nurse, rehabilitation clinical liaison and survivors of hospital stays!

Thursday, January 19, 11:00 am

Grand Meeting Room—FREE for members

Square Dancing

You will not find another hobby like square dancing. Square dancing is a great social equalizer; is inexpensive; combines the best of both art and science; is relaxing and stimulating at the same time; is challenging and lets you meet new friends. Glad2call is offering two opportunities to attend an open house for FREE.

Tuesday, January 10 & 17

7:00-9:00 pm, Grand Meeting Room

FREE for Baca Members

Classes

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated postures, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

This program is offered on a monthly basis. You must sign up in advance. *For seniors only.*

January 4-25, 2012—Wednesdays, 9:00-10:00 am—Meeting Room #1—**Course #18136**

February 1-22, 2012—Wednesdays, 9:00-10:00 am—Meeting Room #1—**Course #18137**

\$45/members (4 classes)

Instructor: Angela Richter-Gronross, RYT

Watercolor—The Basics

Join Carol Rizzo for a colorful, joyful and instructional class that will teach the basics of watercolor. Students will need to purchase their own painting supplies after the first class. The class is for adults 50+ that want to release their inner child while painting and meeting new friends.

February 9-March 15—Thursdays, 1:00-3:00 pm—**Course: #17962**

Craft Room—\$10 for Baca members plus supplies

Daytime BUNCO—NEW

Want to have a blast? Join us for a dicey and fast-paced game that anyone can learn. We have added a daytime Bunco. Winners receive either a \$5 or \$10 gift card to Wal-Mart.

2nd & 4th—Wednesdays, 1:00-3:00 pm

Craft Room—\$3 for Baca members, \$4 for non-members

Spanish for the Workplace

Would you like to learn the basics of Spanish to help you in your workplace or travel? This class will instruct basic Spanish skills that can be utilized in the workplace or around the globe. The program is the official Rosetta Stone course. Open to ages 18 and up.

January 19-March 22—Thursdays, 6:30-8:30 pm—**Course #18033**

Meeting Room—\$30 for residents, \$35 for non-residents

Good Manners—Group Dog Training

This class is for dogs with little or no training. Owners will learn how to teach their dog basic skills like no jumping, sit, down, stay, walk nicely on a leash, leave-it, wait at doors and more. The instructor will also focus on positive training methods and how to have fun with your dog. First class is for pet owners ONLY; bring proof of rabies and DHLPP. Open to all ages.

April 17-May 22, Tuesdays, 6:00-7:00 pm—**Course #18189**

Amphitheater—\$150 for Round Rock residents, \$155 for non-residents

Cuisine Critics

Pacific Star Seafood

351 W Palm Valley Blvd.
www.pacificstarfood.com
512-255-3535

The Cuisine Critics gave mostly high to high scores for their meal at Pacific Star. A few thought the meal had too many carbs and a few would like to see more shrimp dishes on the menu. Most of the critics would recommend this restaurant to a friend and value was good. They offer a lunch menu that is served 11 am–3 pm. They feature fried, boiled, Cajun and Tex-Mex seafood at reasonable prices.

Cotton Patch Cafe

1700 E Palm Valley Blvd.
www.cottonpatchcafe.com
512-341-8900

The Cuisine Critics went to the newly opened Cotton Patch Café for a scrumptious lunch. All who attended gave the restaurant the highest marks for value, service and taste. They have a large menu for lunch and dinner with a variety of desserts. The chicken fried steak was very tasty and they serve fresh rolls. You can join the e-club to receive coupons and specials through your e-mail.

The Whole Truth

The Baca Center receives lots of questions and suggestions. This column is to answer some of the questions we receive anonymously.

Question: Can the center have an ATM in the lobby?

Answer: There is an ATM located in the McConico lobby which is the building next door.

Question: Can we put a recycle bin in the back parking lot in order to raise money?

Answer: The city offers a recycle program for the homes located in the city. If you don't have recycling at your home, please check with your local government or stop by one of the local schools to recycle in their bins.

Question: Can we have a weekly Skip-Bo activity, a club for people's original home state or a movie class?

Answer: New programs are always welcome if you have at least 5 interested participants. Get 5 people interested in an activity or club and we can begin looking for a time and room space.

Question: What about helping and encouraging voters to make sure they continue to vote?

Answer: The center does have voter registration cards available and we can provide information regarding voting locations during elections.

It has come to our attention that members mis-read some of our signs.

Truth: Please make sure you read our posted signs carefully and try not to read anything into it but what it states. Example: NO Cardio Combo Dec. 23-Jan. 24. This strictly means that the cardio combo class will not be meeting through these days. It has nothing to do with the Baca Center schedule. We will be open regular days and hours except for the following holidays, December 23-26, December 31-January 2 and January 16.

Advertising

Newsletter Advertising Space

The *Baca Buzz* now includes advertising that is specific for seniors. Pass the word along to businesses and friends that the newsletter is a great way to advertise to over 1,200 Baca Center members as well as online. For more information, on advertising rates give us a call at 512-218-5499 or visit our website at www.bacacenter.com.

Kiosk Advertising Space

Looking for home care, hospice services, a lawyer or handy man? The Baca Center offers space for businesses to advertise in our kiosk. The center staff is unable to recommend a business but you are welcome to check out our kiosk for advertisers.



Pictures



Pictures



Day Trips & Tips



If you like to see new places, museums, plays, movies, restaurants, concerts, then you'll want to travel with the Baca Center.

ALL trips in the newsletter will be available for registration on December 27.

Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities.

Times and events are sub-

ject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and any travel delays. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website or Baca staff.

Day trippers should check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a *current* doctor's note must be on file with the staff. Parking for an extended or overnight trip is on the lower level of the garage or the

new garage on the corner.

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a relative or personal caretaker specifically for the participant. For proper arrangements, please inform the Baca Center staff at the time of registration.

If you have a trip suggestion for somewhere in Texas, please stop by the front desk.

Policy & Procedures

Please Check in with the driver before each trip. Payment is required at time of sign up. Please do NOT show up more than 15 minutes prior to departure, the building may not be open. Participants are only allowed to save ONE seat on the bus for their travel companion.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund. **There will be NO substitutions allowed the day of a trip.**

Trips to casino's will be subject to policies of the casino for cancellations.

ONLINE REGISTRATION—WWW.ROUNDROCKRECREATION.COM

Online registration is a great way to sign up for trips without the hassle of waiting in line!

Day Trips

ALL REGISTRATION FOR THE LISTED TRIPS WILL BEGIN DECEMBER 27, 2012 @ 8 AM UNLESS NOTED

Times/events are subject to change. Return time is an estimated time, it depends on traffic, event wrap up, and any travel delays. Please come 15 minutes early for trips.

DON'T BE LATE, WE DON'T WAIT!!

Friday, Jan. 13

Depart: 1:30 pm

Return: 7:30 pm

Cost: \$15 (Meal OYO)

Where: Austin

Course #18485

HOME/GARDEN SHOW & DINNER AT MOONSHINE'S

Join us for the annual Austin Home and Garden Show at the Austin Convention Center. There will be live cooking demonstrations, a plant sale, show only discounts and more. Exhibitors will have lots of ideas for your next home or yard remodel, latest trends for kitchens and baths plus a home improvement zone. After the show, we will go to Moonshine's for a scrumptious dinner.

www.austinhomeandgardenshow.com

www.moonshinegrill.com

Wednesday, Jan. 18

Meet: 11:00 am

Cost: Free (Meal OYO)

Where: 1400 Old Settler's
Blvd., RR

Course #17754

CUISINE CRITICS GO TO BANDIDO GRILL

This restaurant features authentic Mexican flavor from Monterrey, Mexico. They offer breakfast tacos, appetizers and lunch specials.

www.bandidogrill.com

Friday, Jan. 20

Depart: 5:30 pm

Return: 11:00 pm

Cost: \$7 (Meal OYO)

Where: Taylor SPJST

Course #17884

PUB CLUB GOES TO TAYLOR SPJST

Everyone loves the SPJST Hall in Taylor. They have great prices on beer/wine, great burgers (check or cash ONLY) and live music that everyone loves to dance to. Don't wait to sign up, this trip usually fills up fast.

Sunday, Jan. 29

Depart: 2:15 pm

Return: 5:45 pm

Cost: \$20 (Ticket Inc.)

Where: Leander

Course #18486

AT FIRST SITE—WAY OFF BROADWAY

A 51 year old widow of 2 years had a routine and uneventful life until an accidental encounter in the cocktail lounge of a posh hotel. A man sweeps her off her feet, but disappears and leaves her with more than just a fond memory. She is no longer able to conceal her predicament. Join us for this fun matinee at the new location of Way Off Broadway. Sign up by January 18 so we can purchase out seats in advance.

www.wobcp.org

Trips, Trips, Trips

Wednesday, Feb. 8

Depart: 6:30 pm
Return: 10:30 pm
Cost: \$27 (Ticket Inc.)
Where: Cedar Park
Course #18487

STARS VS. MILWAUKEE ADMIRALS HOCKEY GAME

Come have a great time with our group as we cheer on the Stars Hockey team at the Cedar Park Event Center. Wear your warm clothes and be prepared to have an exceptionally good time. Our last trip to the hockey game was a huge success.

www.texasstarshockey.com

Tuesday, Feb. 14

Depart: 10:30 pm
Return: 3:30 pm
Cost: \$6 (Meal OYO)
Where: Austin
Course #18488

BJ'S RESTAURANT & BREWHOUSE AND SAM MOON

Join us for lunch at the newly opened BJ's at Arbor Walk. They have a HUGE menu and a large selection of their own brewed beers. After lunch we will stop by Sam Moon to check out their enormous store with jewelry, purses, luggage, accessories and more.

www.bjsbrewhouse.com

www.sammoon.com

Wednesday, Feb. 15

Meet: 11:00 am
Cost: FREE (Meal OYO)
Where: 1701 South Mays
RR
Course #17755

CUISINE CRITICS GO TO JUAREZ RESTAURANT

This family owned restaurant recently renovated and expanded to accommodate more visitors. They have an extensive lunch menu and fresh bakery items. The restaurant has been in business in Round Rock since 1993. Join us for a delicious lunch.

www.juarezrestaurantbakery.com

Friday, Feb. 17

Depart: 5:30 pm
Return: 11:00 pm
Cost: \$10 (Meal OYO)
Where: McMahan
Course #17885

PUB CLUB GOES TO WHIZZERVILLE HALL

This dance hall is located in McMahan near Lockhart because the name of Whizzerville was rejected by the post office as too long. The community then decided to name the town McMahan in honor of J. McMahan who had built a store in the community in 1890. The hall offers a variety of sandwiches, pizzas, calzones, salads and more plus inexpensive beer and live music just right for dancing. Come check out this new pub club location with the Baca Center.

www.whizzervillehall.com

Tuesday, Feb. 28

Depart: 9:00 am
Return: 3:00 pm
Cost: \$15 (Meal OYO;
Ticket Inc.)
Where: La Grange
Course #18489

TEXAS QUILT MUSEUM IN LA GRANGE

This museum just opened in La Grange and has 62 quilts hung on display in two historic 1890s buildings with high ceilings, brick walls and original hardwood floors. There is also a museum store with quilt-themed products. We will stop for lunch at one of the quaint restaurants located on the square in La Grange.

www.texasquiltmuseum.org

Thank You

Tuesday, March 6
Depart: 7:00 am
Return: 7:00 pm
Cost: \$20 (Meal OYO;
Ticket Inc.)
Where: Addison
Course #18499

MARY KAY MUSEUM

You won't want to miss this exciting trip to the Mary Kay Museum, World Headquarters and Restaurant. We will tour the museum, eat lunch at her restaurant and then tour her office on the 13th floor of her world headquarters. Mary Kay is hailed as one of the greatest female entrepreneurs in American history.
www.marykay.com

**Thank you to *AmCare Plus Home Health,*
San Gabriel Rehabilitation and Care Center,
Reliant Central Hospital
for sponsoring our **Feliz Navidad Fiesta****

**Thank you to *Senior Sitters, AmCare Plus Home Health,*
Provident Crossing and G & H Diabetic Supply
for sponsoring the dessert at our
annual Holiday Luncheon**

**Thank you to *Trinity Care Center*
for offering **FREE** blood pressure checks
1st Friday of each month **11:30 am-12:30 pm**
www.trisunhealthcare.com**

**Thank you to *Reliant Central Hospital* for offering
free blood sugar checks on March 1 & 22,
10:30-11:30 am in the lobby
www.reliantcentraltx.com**

Allen R Baca Center
301 W Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Hours of Operation

Monday-Thursday 8:00 am-6:30 pm
(Weight Room ONLY until 7:15 pm)

Friday 8:00 am-4:00 pm

Saturdays & Sundays--CLOSED

**Activities & weight room
end 15 minutes before closing**

WBCO Lunch Reservation Phone:

512-255-4970

Carts—**512-478-7433**

*Baca Center will be
CLOSED on
January 2—New Year's
January 16—MLK Day
February 20—President's Day*

www.roundrocktexas.gov
www.bacacenter.com