

**Summer
Time!**

Baca Buzz

Volume 7, Issue 3

May/June 2016

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10 Year Anniversary Sponsors

The Baca Center celebrated 10 days of activities to celebrate our 10 year anniversary and WOW!!! what a great time. We would like to thank our sponsors that made our great event memorable and possible.

DIAMOND SPONSORS:



DENIM SPONSORS:



Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

Daffodil Dolls Generations Tea Luncheon



The Daffodil Dolls will be celebrating Mother's Day with a Multi-Generational Mother Daughter Tea on Saturday, May 14, 11 am-1 pm in the grand room. The event is a fundraiser for WBCO and all proceeds will benefit WBCO. Our program was very successful last year and we are anticipating a sold out group again this year. You don't want to miss out on this memorable event that you share with all the ladies in your family. You may purchase/sponsor a table for \$30 or purchase just a seat at a table for \$5. To sponsor a table please call the Baca Center and speak with Carol. Seats may be purchased in advance. Seating will be limited so please purchase your seat/table early. There will be entertainment, brunch and a presentation from WBCO.

WEEKLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>10:10-11:10 am Beg. Line Dancing*</p> <p>10:30-11:00 am Sittercize</p> <p>12:30-4:30 pm American Chinese Mah Jong Club</p> <p>12:45-3:30 pm Dominoes "42"</p> <p>12:45-5:00pm Canasta</p> <p>1:00-2:30 pm Writing Club</p> <p>1:00-3:00 pm Pickleball</p> <p>1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner</p>	<p>9:00-11:00am Wood Carvers</p> <p>10:00 am-2:00 pm Crafty Critters</p> <p>10:00am-12:00pm Klub Karaoke</p> <p>10:30-11:00 am Sittercize</p> <p>12:30-4:00 pm Pinochle ADVANCED PLAY</p> <p>12:30-4:00 pm Texas Canasta</p> <p>6:30-9:00 pm Evening Bridge— ADVANCED PLAY & MUST have partner</p>	<p>9:00-11:00 am Pickleball</p> <p>10:00-11:30am Chicken Foot Mexican Train</p> <p>10:30-11:00am Sittercize</p> <p>12:30-3:30pm Dominoes "42"</p> <p>1:00-3:00 pm Latin Dancing</p> <p>1:00-4:00 pm Spades/Hearts</p>	<p>10:00-11:30 am Writing Club</p> <p>10:30-11:00 am Sittercize</p> <p>12:30-1:30 pm Advanced Tap*</p> <p>12:30-4:00 pm Bridge for Fun</p> <p>12:45-4:00 pm Canasta Club OR Hand/Foot</p> <p>1:00-2:30 pm Spanish Class</p> <p>1:00-3:00 pm Tejano Time</p> <p>2:00-3:00 pm Performance Group Practice</p>	<p>9:00-10:00 am Intro to Tai Chi*</p> <p>10:00-11:30 am Tai Chi For Seniors*</p> <p>10:00-11:30 am Bingo*</p> <p>12:30-3:30 pm Mexican Train</p> <p>1:00-2:30 pm Sing-A-Long</p>	<p>9:30-11 am Computer Support* Baca members ONLY MUST register 2 days in advance</p>
<p>*Requires registration, may cost a fee and non-members pay \$1 walk-in fee.</p>					

WEEKLY FITNESS CLASSES

<p>8:30-9:15 am Strength</p> <p>9:20-9:35 am Flex & Stretch</p> <p>9:40-10:25 am Strength</p> <p>10:30-10:45 am Flex & Stretch</p>	<p>9:00-10:00 am Cardio Combo— Level I</p> <p>9:30-10:00 am Balanced Life</p> <p>10:15-11:15 Cardio Combo— Level II</p>	<p>8:30-9:15 am Strength</p> <p>9:20-9:35 am Flex & Stretch</p> <p>9:40-10:25 am Strength</p> <p>10:30-10:45 am Flex & Stretch</p> <p>10:10-11:00 am Zumba</p>	<p>9:00-10:00 am Cardio Combo— Level I</p> <p>10:15-11:15am Cardio Combo— Level II</p>	<p>9:00-10:00 am Belly Dance Fitness</p> <p>9:00-10:00 am Strength Plus+ COST \$3 regardless of membership</p>	<p>10:30-11:30 am Zumba</p>
<p>Fitness classes REQUIRE membership with weight room OR cost \$3/class</p>					

OFFICE HOURS

Monday-Thursday—8 am-6 pm
 Friday—8 am-4 pm
 Saturday & Sunday—CLOSED
*Monetary transactions close
 30 minutes prior to closing.*

WEIGHT ROOM HOURS

Monday & Wednesday—8 am-7:15 pm
 Tuesday & Thursday—8 am-8:45 pm
 Friday—8 am-3:45 pm
 Saturday & Sunday—9 am-11:45 am
Orientation: 1st & 3rd Wed. at 11:00 am

MONTHLY ACTIVITIES

<u>Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Wednesday	1:00-3:00 pm
AARP —general meeting	2nd Wednesday	1:15-3:15 pm
AARP —board meeting	3rd Wednesday	1:15-2:15 pm
Baca Players Group (Drama)	2nd & 4th Wednesday	1:00-3:00 pm
Baca Center Volunteer Team Mtg.	2nd Wednesday	9:00-10:00 am
Benefits Counseling—one-on-one	1st Wednesday	9:00-11:00 am
Book Discussion	2nd Tuesday	1:00-2:00 pm
Bunco	1st & 3rd Tuesday	6:30-8:30 pm
Cinema Movie	3rd Wednesday	1:00-3:00 pm
Daffodil Dolls	1st Wednesday	10:30-11:30 am
Enhanced Writing Session	2nd Monday & Thursday	During writing club
Garden Club	1st Monday	9:00 am-11:00 am
Gospel Hour Sing-A-Long	3rd Tuesday	1:00-2:00 pm
Performance Group Entertainment	March 31 & April 28	1:00 pm
Mah Jongg (American)—Experienced	3rd & 4th Wednesday	9:15 am-12:30 pm
Round Rock New Neighbors Cards	3rd Wednesday	9:30 am-12:30 pm
Scrabble	2nd & 4th Wednesday	1:00-4:00 pm
Spanish Karaoke	1st Thursday	10:00-11:30 am

Williamson Burnet County Opportunities (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45 am for Williamson & Burnet County residents. WBCO members pay \$3 for meals. Meals are \$7 for non-WBCO members. Menu is available online or at the Baca Center & subject to change:

http://www.wbco.net/services_meals.html

512-255-4970

***ALL registration for programs
will begin on Tuesday, April 26***

To view our trips and event photos, please copy this link into your browser:

<https://www.flickr.com/photos/95453830@N03/>

ORGANIZATIONS & CLUBS

BENEFITS COUNSELING—1st Wednesday, 9:00-11:00 am

May 4 & June 1 in the Baca Center Lobby—“The National Council on Aging” has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This one-on-one meeting will help individuals identify countless federal, state, local and private programs for which they may be eligible. Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 512-246-8455.

AARP—2nd Wednesday, 1:15 pm

May 11—Chapter Auction & Fundraiser
June 8—Potluck & Entertainment by Ballet Folklorico

ART CLUB—1st & 3rd Wednesday, 1:00 pm business & demo at 1:30 pm

May 4—Trip to Salado
May 18—Presentation by Sherrie Daerr, specialist in watercolor pet portraits
June 1—Presentation to be determined
June 15—Planning meeting for Wine & Cheese Art Gallery Event

BACA PLAYERS (DRAMA CLUB)—2nd & 4th Wednesday, 1:00 pm

May 4-25—Rehearsal EVERY Wednesday to rehearse for play
June 8—Discussion for future plans for the group
June 22—Discussion for future plans for the group

BOOK DISCUSSIONS GROUP—2nd Tuesday, 1:00 pm

May 10—“Kongi’s Harvest,” by Wole Soyinka
June 14—“The Melian Dialogue,” by Thucydides

GARDEN CLUB—1st Monday, 9:00 am

May 2—“Identifying Plant Problems,” presented by Jeff Farris, horticulturist and diagnostician at the Natural Gardener
June 6—“Day Lilies,” presented by Suzanne Adair from the Austin Daylily Society

WRITING CLUB—Newest anthology, *Leaving Our Footprints in the Sand* available for sale. Contact bacawritingclub@gmail.com to make arrangements to purchase a book.

AARP Driver Safety Course

Monday, May 16, 8:30 am-12:30 pm—Course #26282

Tuesday, June 21, 5:00-9:00 pm—Course #27758

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. You **MUST** pre-register at the Baca front desk. Course does **NOT** dismiss traffic violations. \$15 for AARP members & \$20 for non-members payable by **CHECK ONLY** to AARP.



PROGRAMS & CLASSES

American Mah Jongg Experienced Player Groups

Experienced players meet on the **3rd Wednesday, 9:15 am-12:30 pm**. Contact Pam at mahjrtrx@gmail.com to be added to the players list. There is another experienced group that meets on the **4th Wednesday, 9:15 am-12:30 pm**. Contact Cheryl at clw25703@gmail.com.

Ultra Beginner Line Dancing

Beginners—Join Barbara Langham as she teaches the very basic steps to line dancing. Participants will learn the grapevine, kick-step and more. This program does not require any previous dancing experience and will help you move up to the beginning/intermediate line dance class.

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

Wednesdays, May 4-25—9:00-10:00 am	\$38/4 classes	Course #26239
Wednesdays, June 8-29—9:00-10:00 am	\$38/4 classes	Course #27774

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. **MUST** register at least 2 days in advance and if no registrations, instructor will NOT show up.

Saturdays in May & June, 9:30 am-11:00 am **\$5/Saturday for Baca members**

Beginning & Intermediate Kupuna

All Kupuna will meet at 1:45 for basic instruction, technique, Hawaiian language and history, a new dance; intermediate will continue in the next class to learn more advanced techniques and dances. Dancers will wear black T-shirts and a pa’u skirt or wrap. Bring a three-ring binder. You cannot join the program after May 13 due to missing critical information in the first 2 classes. Instructor approval is needed for the Advanced class.

Fridays, May 6-July 1, 1:45 pm (all participants)

Beginning—1:45-2:30 pm
(no class on May 27 & July 15)

FREE for Baca members

Advanced—2:45-3:30 pm

PROGRAMS & CLASSES

Legacy Recording Session

How would you like to tell your great-great-grandchildren a story? Well, while you might not be there for them, your voice can! Matt Smith is making a CD recording of anything you want to for up to five minutes. Read something, sing, tell a story, etc. Leave something for future generations! **To get on the schedule, please contact the Baca Center front desk.**

Friday, May 13, 1-4 pm Course #27949 Music Room—FREE for members ONLY

Yoga Hoop Fitness Fusion

This class combines the benefits of both yoga and hula-hooping which builds core strength, provides a good cardiovascular workout, helps to burn calories, strengthens & tones the entire body, reduces stress, increases vitality, and improves rhythm & coordination. Hoops provided. Clothing should be flexible but not too loose. Instructor: Angela Richter-Gronross, RYT/ Hoopnotica Fit® Certified Instructor. Cost is \$22.50 for May; \$45 for June.

**May 12 & 26, 6:15-7:15 pm—Course #26229 June 2-30, 6:15-7:15 pm—Course #27778
(no class 6/9)**

Performance Group Entertainment

This program allows members to showcase their talent to an audience. Performances are the last Thursday of every month at 1:00 pm in the Grand Room or Lobby depending on availability. The talent can be singing, a reading, dancing, instrument or comedy. Each participant or group will have up to five minutes and one performance. Each person (or group) is responsible for putting their name on the sign-up sheet posted on the west face of the kiosk in the middle of the lobby. The sign-up sheet will be posted within two hours of completion of the current performance, and will be taken down **TWELVE** days prior to the next performance. No names can be added after the sign-up sheet is taken down and we are unable to take phone calls to add your name to the list. There will be a **MANDATORY** dress rehearsal before the Thursday performance, please check with the leader for exact time. If you do not attend the rehearsal you will **NOT** be permitted to perform at the entertainment show. Performances cannot contain profanity or vulgarity. An audience is important to each performer so come support this group and enjoy the entertainment. See guidelines posted in the music room for more information.

**May 26, 1:00 pm—Spring Fling
Performers Deadline: May 13**

**June 30, 1:00 pm—Country Songs of the 60's
Performers Deadline: June 17**

Adult Karate Classes

Austin Society of Karate will teach American Karate with an emphasis on self-defense, self-esteem and self-confidence. Instructor can modify movements for those with physical issues. Black uniform is required after the first class and can be purchased through instructor.

**Monday, June 13-August 15, 7:30-9:00 pm Course #27827 Cost: \$70/10 classes
(no class 7/4)**

PROGRAMS & CLASSES

Toe Tapping Thursdays

Toe Tapping Thursday class with Kira will continue through May but there will be NO classes June, July and August. The program will begin again in September. Participants will focus on technique and skills for all levels.

Thursdays, 12:30-1:30 pm

Cost is \$4 for members

Spades for FUN

Join this group on Wednesdays for some fun times playing Spades whether you haven't played in years or are a beginner. Snacks are provided by rotating members and coffee is 25 cents.

Singles or pairs are invited.

Wednesdays, 1:00-4:00 pm

FREE for members

SPECIAL EVENTS

Let's Dance Events

Do you want a fun way to exercise and socialize at the same time? Join your Baca friends one Friday a month for a social dance. Lemonade and coffee will be provided. Bring your own refreshments, snacks and BYOB. The May dance will have live music by Whitestone Band and cost will be \$5 for Baca members and \$10 for non-members. The June theme will be Summer Casual. No guests, under age 50. **Please register in advance.** Join the group for free line dance lessons at 6:30 pm.

Friday, May 6—#26389, 7:00-9:30 pm

Friday, June 3—#27443, 7:00-9:30 pm

Cinco de Mayo Event

Join the Baca Center and Tejano Time for a Cinco de Mayo celebration on Thursday, May 5, 1-3 pm in the Grand Room. The center will provide queso and chips along with lemonade. No need to register, just show up; however this event is for adults 50+ only.

Thursday, May 5, 1:00-3:00 pm

Wine & Cheese Art Gallery

Join the Baca Center Art Club on Saturday, June 25 at 6 pm for their annual Wine & Cheese Art Gallery. Larry Prellop resident of Round Rock and nationally recognized artist will be their special guest. He owns a gallery in historic Salado and his work is in collections throughout the world. The club will display a selection of fine art produced by the art club members for viewing and purchase. Refreshments, wine, music and art will be provided including a silent auction and numerous door prizes throughout the evening.

Saturday, June 25, 6-8:30 pm



Exceeding the Standards of Home Care

Guiding Angels is a locally owned company offering care for Seniors. We are licensed through the State of Texas, insured and we do background checks on all of our caregivers. We also accept long term care insurance. We provide care to seniors with dignity and respect. Available 24 hours a day, 7 days a week. Contact us at 512-212-1108 or visit us at www.guidingangelstexas.com

**There will be NO trips
June, July & August but
watch for
September-December trips
in the July/August
Newsletter!!**

**Got a trip idea that is within a
three hour radius? Let us know.
NO overnight trips.**

CINEMA MOVIES

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided. Movies are always FREE. Movies shown in June-August are open to adults and children ages 7+. Children must be accompanied by an adult.

Lady in the Van Wednesday, May , 1-3 pm



Alan Bennett's story is based on the true story of Miss Shepherd (played by Maggie Smith), a woman of uncertain origins who "temporarily" parked her van in Bennett's London driveway and proceeded to live there for 15 years. What begins as a begrudged favor becomes a relationship that will change both their lives.

Norm of the North Wednesday, June , 1-3 pm



In this animated film, a curious young polar bear named Norm takes an unexpected journey to New York City with three of his lemming friends that he meets along the way. Initially finding great success, Norm lands a job as the mascot of a large corporation, but soon discovers that the same company has sinister designs for Norm's polar homeland. Norm and his friend must then decide how to rally together to protect their Arctic homeland from devastation without sacrificing their hard-won gains in New York City.

Affordable, Convenient & Licensed!

AGE of Central Texas Adult Day Health Center

- The only fully-licensed, non-residential, and secure Adult Day Health Center in Williamson County
- Supervised by full-time nursing and professional care staff, specializing in memory care
- Open Monday - Friday, 7:00 am - 5:30 pm
- All-inclusive: activities, meals and snacks, and transportation options
- Accepting Medicaid, Veteran's benefits, and private pay



475 Round Rock West Drive, #120
(512) 255-4865 • www.AGEofCentralTX.org

JAZZERCISE

This 60 minute class held in the [Baca Center](#) Aerobics Room offers a blend of jazz dance and exercise set to favorite music – Top 40, jazz, country, funk and classics. Easy-to-follow, fun choreography includes a gentle warm up, 30-minute aerobic workout, muscle toning and strengthening segment with weights and a stretch finale. Classes are held continuously and you can start anytime! Contact Kathie Elkins at rrjazzercise@gmail.com or (512) 244-2534 to register for classes.

Fees:

\$40 – monthly auto-draft

\$30 – Joining fee

\$15 – Walk-in fee for single class

Schedule:

9:00-10:00 am Mon., Wed., Fri., Sat.

5:15-6:15 pm Mon., Tues., Wed., Thurs.

6:15-7:15 pm Mon., Tues., Thurs.



NEW INTERVAL CLASSES

TURN UP THE INTENSITY AND TAKE YOUR WORKOUT TO THE NEXT LEVEL

DAY TRIPS & TIPS



If you like to see new places, museums, plays, movies, restaurants, concerts, then you'll want to travel with the Baca Center.

Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities. **Times and events are subject to change.** Return time is an estimated time of return, it

depends on traffic, event wrap up, and any travel delays. Please arrive 15 minutes early. Check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a *current* doctor's note must be on file with the staff. The building may not be open when returning from a trip so those that have parked in the Baca garage will have to walk down the ramp.

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompa-

nied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a relative or personal care taker specifically for the participant. Due to the bus configuration, we can only accept 1 wheelchair per trip. If a trip states no wheelchair it is due to the venue or no safe location to load/unload the lift. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website. An 8-20% gratuity may be charged.

POLICY & PROCEDURES FOR TRIPS

Please check in with the driver before each trip. Payment is required at time of registration. Please do NOT show up more than 15 minutes prior to departure, the building may not be open. Participants are only allowed to save ONE seat on the bus for their travel companion.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund. **There will be NO substitutions allowed the day of a trip AND no last minute show-ups.**

ONLINE REGISTRATION—WWW.ROUNDROCKRECREATION.COM

Online registration is a great way to sign up for trips without the hassle of waiting in line!

TRIPS, TRIPS, TRIPS

REGISTRATION FOR THE LISTED TRIPS BEGIN ON APRIL 26.
DON'T WAIT TO REGISTER—TRIPS FILL UP QUICKLY AND IF NOT
ENOUGH REGISTRANTS, THEY WILL BE CANCELLED.

DON'T BE LATE, WE CAN'T WAIT!!!

**Remember: If you cancel LESS than 2 weeks in advance,
you will NOT get a refund or credit.**

Tues., May 3 #27393

Depart: 8:00 am

Return: 1:00 pm

Cost: FREE (Meal OYO)

Where: Austin

NO summer trips, they
will resume in September

CANINE CRUISERS & LUBY'S

Calling all animal lovers interested in helping walk dogs/cats at the Austin Animal Shelter or willing to help cut up snacks. Volunteers will receive training to either walk animals in pairs of 2 adults to 1 dog/cat or training to cut up snacks. The shelter has many animals that don't get an opportunity to take a walk outside of their kennel. We have sponsors that pay for the bus trip so we can provide transportation for FREE. Volunteers will need to pay for their lunch. You can register for 1 or all trips. Please wear closed-toed shoes and bring water. If you prefer not to eat at Luby's, feel free to bring a sac lunch to eat on the bus.

www.austintexas.gov/department/animal-services

Tuesday, May 10

Depart: 7:00 am

Return: 7:00 pm

Cost: \$30 (Ticket Incl. &
Meal OYO)

Where: Austin

Course #26109

TYLER ROSE GARDEN & GOODMAN LEGRAND

Join us for a trip to Tyler which is known as the Rose Capital of America. We will stop at the Tyler Municipal Rose Garden and the Rose Museum. The gardens are located on 14 acres and has 38,000 rose bushes. We will stop at the Potpourri House Restaurant, Boutique and Gift Shop for lunch and shopping. The boutique offers jewelry, clothing, accessories and the gift shop has candles, lotions, fragrances and more. Before heading back, we will stop at the Goodman LeGrand mansion for a tour. The home was built in 1859 and became a historic landmark in 1964. Please bring a \$2 cash donation for the Goodman LeGrand.

www.parksandrec.cityoftyler.org/ParkDirectory/TylerRoseGarden.aspx

www.potpourrihouse.com

Wednesday, May 11

Depart: 9:00 am

Return: 5:00 pm

Cost: \$8 (Meal OYO)

Where: Salado

Course #26110

LARRY PRELLOP ART GALLERY & JOHNNY'S BBQ

The Art Club will take a trip to Salado for a tour of Larry Prellop's Art Gallery. After our tour, we will stop for lunch at Johnny's Steak and BBQ. This trip is open to art club members only until April 27 and then it will open to all members.

www.prellopfineartgallery.com

www.johnnysteaksandbbq.com

TRIPS, TRIPS, TRIPS

Tuesday, May 17

Depart: 9:00 am
Return: 5:00 pm
Cost: \$25 (Ticket Incl. & Meal OYO)
Where: San Antonio
Course #26113

SAN ANTONIO BOTANICAL GARDENS

Join us for a trip to the beautiful botanical gardens in San Antonio. There are 38 acres of blooming plants/flowers, birds, exhibit rooms, Carriage House Bistro and much more. This will be a self-guided tour with lunch at the bistro on your own. You can view the garden map and lunch menu at the link below.

www.sabot.org

Friday, May 20

Depart: 5:00 pm
Return: 11:00 pm
Cost: \$8 (Cover & Meal OYO)
Where: Austin
Course #28108

PUB CLUB GOES TO BROKEN SPOKE

Join the pub club as we travel to Texas' most definitive dance hall that has been host to many famous singers and songwriters. Texas Highways voted it the "best dance hall" in Texas. The club will offer live music with your meal 6-8 pm. After that, we will slip on back to the dance hall for more live music and dancing. There will be a cover charge of \$12 to enter the dance hall and Dale Watson will be playing. Their menu includes steak, burgers, sandwiches, Mexican food and BBQ.

www.brokenspokeaustintx.net/

Sunday, May 22

Depart: 9:30 am
Return: 3:30 pm
Cost: \$16 (Ticket Incl. & Meal OYO)
Where: Austin
Course #26108
FULL w/waitlist

CAPITAL CRUISES & SOUTHWEST BISTRO

We will have a wonderful breakfast at the Hyatt's Southwest Bistro and then take a relaxing sightseeing cruise along Lady Bird Lake. At the bistro you can order off the menu or have the breakfast buffet for \$18.50. This is a great way to see Lady Bird Lake.

www.capitalcruises.com

www.austin.regency.hyatt.com/en/hotel/dining/SWB-SouthwestBistro.html

Tuesday, May 24

Depart: 8:00 am
Return: 4:00 pm
Cost: \$14 (Ride & Meal OYO)
Where: Lake Whitney
Course #26114
FULL w/waitlist

TEXAS CAMEL CORPS AND BOSQUE RESORT

Curious about camels and their role in settling Western America? Want to ride one? This is your opportunity to learn about camels and ride a camel. If you wish to ride a camel, please bring \$7 cash. The owner of the camels, is a zoologist and travels to Egypt each year to do group excursions. The camels are very friendly and totally fun to ride. There are several "famous" camels located at this ranch that have starred in movies and commercials. After our tour we will go to Bosque Resort Restaurant for lunch. If time permits, we will swing by Magnolia Market for some quick shopping.

www.texascamelcorps.com

www.bosquesort.com

www.magnoliainmarket.com

TRIPS, TRIPS, TRIPS

Thursday, May 26

Depart: 9:30 am

Return: 2:30 pm

Cost: \$28 (Ticket Incl. & Meal OYO)

Where: Austin

Course #28109

PUZZLE ROOM & FRISCO RESTAURANT

This trip is sure to be witty, fun and exciting. Our first stop will be to the Puzzle Room where groups of 10 will have a limited time to solve puzzles and find clues to escape from Wizard School. These type of escape rooms are new and popping up in Austin. Just bring your wit, humor and brain power. After we “escape”, we will go to the Frisco for lunch. The Frisco has been in Austin since 1953 and has a motto of “There is Nothing Accidental About Quality”.

www.puzzleroomaustin.com

www.thefriscoaustin.com

Possible Trips if Enough Interest



We are exploring options for a possible fishing trip to Lake Travis with a fishing guide. If you are interested, please let us know at the front desk and all interested participants will get an e-mail once we have all the details. Those on the list will get priority of registration. Have only 6 people interested so far.

We are also exploring options for a trip to play golf at Top Golf or Forest Creek Golf Club. If you are interested in either trip, please let us know at the front desk and all interested participants will get an e-mail once we have all the details. Have only 3 people interested so far.



HIKING TRIP

The Baca Center offers hiking trips during the months of March-May and September-November. If you can walk 3-5 miles at a reasonable brisk pace and would like to join our hiking club, please let us know and we can put you on the hiking club list. If you are a hiker and have a great place to hike, let us know. For all hikes, please bring 2 bottles of water, wear closed toed shoes, bring sunscreen and dress appropriately. Some hikes may have a guide and others will not so please stay with the group at all times.

Thursday, May 12

Depart: 8:00 am

Return: 11:00 am

Cost: \$8 (Park Fees OYO)

Where: Del Valle

Course #28113

SOUTHEAST METROPOLITAN PARK HIKE

This park location has a 2 mile long concrete trail which is easy to use and hike. There is also a 3 mile primitive trail that meanders through hills and valleys with a glimpse of downtown. The trail passes two ponds and Onion Creek for viewing wildlife. Parks fees are \$3/person, please bring cash.

www.parks.traviscountytexas.gov/find-a-park/southeast-metro

TRIP ETIQUETTE AND INFORMATION

The Baca Center strives to provide trips that interests a large group of members. Our goal is to provide you with a great and memorable experience while traveling with the Baca Center. Here are a few guidelines to help our trips run smoothly:

1. Please arrive **NO MORE** and **NO LESS** than 15 minutes prior to the scheduled departure time. Our trips leave on time, if you are late, you may miss the trip and there are **NO** refunds if you miss the trip.
2. **ALL** seats are on a first-come, first-seat basis and you can save **ONLY** the seat next to you for a friend or companion.
3. The first 4 seats on the bus are reserved for those that have walkers, canes, mobility or medical issues. If you do not fit in this category, please do not sit in these seats.
4. The seat that you select on the trip will remain your seat until the trip is over. There is **NO** moving or changing seats during the trip. This is a courtesy to all travelers so they can store their items below or above their chosen seat.
5. Please throw away all your trash in the trash can located behind the driver's seat.
6. Please follow all directions and instructions given by the driver.
7. Most restaurants apply gratuity to each individual check, however please review your check and tip on your own if they do not include gratuity.
8. The center does **NOT** offer trips during June, July and August due to the heat and other obligations for our bus and driver.
9. It is very important for all participants to complete a survey at the end of each trip. This provides us with information that is pertinent to our success.
10. Trip suggestions are great and always accepted, however remember we **do not do overnight** trips and we only **travel within a three hour radius** from the Baca Center.



COMING TO THE BACA CENTER
BACA PLAYERS PRESENT:
REINVENTING MAMA, BY FRAN LANG
THURSDAY, MAY 26 AT 7 PM
& FRIDAY, MAY 27 AT 1 PM

TICKETS ARE \$3 & ARE ON SALE NOW
LIMITED SEATING, GET YOUR TICKETS EARLY



OPEN PLAY PICKLEBALL AT CLAY MADSEN*
MONDAYS & FRIDAYS 10 AM-12 PM

***Must have ALL recreation centers or CMRC membership or pay \$5 drop in fee**



Homeslice Caregivers are located in Round Rock and serve the people of Travis, Williamson County and 5 other surrounding counties. We provide quality and affordable non-medical home care and assistance service for adults.

We are licensed by Texas Department of Aging and Disability, reviewed by the BBB (Better Business Bureau). We are also partners with Veteran Care Coordinator. Our company is owned and operated locally by a registered nurse with over 12 years of experience in Senior Care. We guarantee you will get the best and most affordable care with our company. We look forward to serving you and your loved ones.

We accept Private Pay, Veteran Aid and attendance benefits, Long Term Care Insurance and Traditional Medicaid.

Homeslice Caregivers
1104 S. Mays Street Suite 112
Round Rock, Texas 78665
Office 512-992-5210; Fax 512-201-4390
www.homeslicecaregivers.com

NEW VIRTUAL PROGRAMMING

The Baca Center is home away from home for many of our members. In fact, some whom wish to participate in our activities may have certain barriers. This could be a number of things such as a visual impairment that doesn't allow them to drive, doctor visits and general activities of daily living (ADL). The virtual program is designed to help these homebound members gain access to a social and constructive atmosphere for overall benefits to their health and wellness.

This innovative concept of virtual programs is beneficial to our members. So while homebound, they can still participate in their favorite activities. If you are a homebound member, contact the Baca Center for more information on this NEW program. You **MUST** be a Baca member with a computer, internet and access to an e-mail account in order to participate.

512-218-5499

LOST AND FOUND—CLAIM IT WEEK!!

MAY 2-6, 2016, 8 AM-5 PM

We have lots of unclaimed items that we will put out

for THIS week ONLY and

anything NOT claimed will be donated

to the Round Rock Serving Center.

Please ONLY take items that are yours.



Allen R. Baca Center
301 W. Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Center Holiday Closures:
May 30—Memorial Day
July 4th—Independence Day

WBCO Lunch Reservation:
512-255-4970
Star Shuttle Service
512-244-7433

