



Baca Buzz

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March/April 2016

Baca Team

Supervisor

Deborah McRoberts

Program Coordinator

Dawn Moonan

Fitness Coordinator

J.J. Lillibridge, Jr.

Administrative Team

Carol Isaacks

Mary Fusilier

Carla Hamlin

Recreation Assistants

Larry Behringer

Mary Jo Zabaly

Bus Driver

Paul Wayne

Custodians

Padraig (Pat) Lavin

Nidia Chavez

Denim & Diamonds 10 Year Anniversary

Baca is having a birthday and we want you to help us celebrate!

Word is traveling fast that the Baca Center turns “10” this year. We plan to revel in style with “Denim and Diamonds” and want you to be there. For 10 days we plan to commemorate the anniversary with music, events, performances, demonstrations, door prizes, games, a time capsule, special guests, food and entertainment and cake. Though the festivities will begin on Thurs. March 31st, the big kick-off party will take place on Fri. April 1st from 7-9 pm with an evening of dance and merriment at the “Let’s Dance”. The celebration will continue throughout the week with each day highlighting a different activity including a sing-a-long followed by an afternoon dance on Fri. April 8th and culminating with a family friendly grand finale party in the amphitheater on Sat. Apr. 9th. Classes and activities will be free to everyone April 4-8, as well as the “Denim and Diamond” dance on April 1st, so bring a friend. There will be a special drawing for members only at our “showcase of events” on Fri. April 8th, but you must be present to win. For more information on the event and how to get your “free” tickets for the drawing, please refer to the “soon to be published” schedule of events posted at the center. Looking forward to seeing you all there in your Denim and Diamonds! Bring your friends, bring your family and let’s all show Round Rock just how much the Baca Center really does “sparkle”.



Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people’s lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

Daffodil Dolls Generations Tea Luncheon



The Daffodil Dolls will be celebrating Mother’s Day with the a Multi-Generational Mother Daughter Tea on Saturday, May 14, 11 am-1 pm in the grand room. The event is a fundraiser for WBCO and all proceeds will benefit WBCO. Our program was very successful last year and we are anticipating a sold out group again this year. You don’t want to miss out on this memorable event that you share with all the ladies in your family. You may purchase/sponsor a table for \$30 or purchase just a seat at a table for \$5. To sponsor a table please call the Baca Center and speak with Carol. Seats may be purchased in advance. Seating will be limited so please purchase your seat/table early. There will be entertainment, brunch and a presentation from WBCO.

WEEKLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
10:10-11:10 am Beg. Line Dancing*	9:00-11:00am Wood Carvers	9:00-11:00 am Pickleball	10:00-11:30 am Writing Club	9:00-10:00 am Intro to Tai Chi*	9:30-11 am Computer Support*
10:30-11:00 am Sittercize	10:00 am-2:00 pm Crafty Critters	10:00-11:30am Chicken Foot Mexican Train	10:30-11:00 am Sittercize	10:00-11:30 am Tai Chi For Seniors*	Baca members ONLY MUST register 2 days in advance
12:30-4:30 pm American Chinese Mah Jong Club	10:15am-12:00pm Klub Karaoke	10:30-11:00am Sittercize	12:30-1:30 pm Advanced Tap*	10:00-11:30 am Bingo*	
12:45-3:30 pm Dominoes "42"	10:30-11:00 am Sittercize	12:30-3:30pm Dominoes "42"	12:30-4:00 pm Bridge for Fun	12:30-3:30 pm Mexican Train	
12:45-5:00pm Canasta	12:30-4:00 pm Pinochle ADVANCED PLAY	1:00-3:00 pm Latin Dancing	12:45-4:00 pm Canasta Club OR Hand/Foot	1:00-2:30 pm Sing-A-Long	
1:00-2:30 pm Writing Club	12:30-4:00 pm Texas Canasta	1:00-4:00 pm Spades/Hearts	1:00-2:30 pm Spanish Class	1:45-2:30 pm Beg. Kupuna	
1:00-3:00 pm Pickleball	6:30-9:00 pm Evening Bridge— ADVANCED PLAY & MUST have partner		1:00-3:00 pm Tejano Time	2:45-3:30 pm Adv. Kupuna Inst. Approval	
1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner			2:00-3:00 pm Performance Group Practice		

***Requires registration, may cost a fee and non-members pay \$1 walk-in fee.**

WEEKLY FITNESS CLASSES

8:30-9:15 am Strength	9:00-10:00 am Cardio Combo— Level I	8:30-9:15 am Strength	9:00-10:00 am Cardio Combo— Level I	9:00-10:00 am Belly Dance Fitness	10:30-11:30 am Zumba
9:20-9:35 am Flex & Stretch	9:30-10:00 am Balanced Life	9:20-9:35 am Flex & Stretch	10:15-11:15am Cardio Combo— Level II		
9:40-10:25 am Strength	10:15-11:15 Cardio Combo— Level II	9:40-10:25 am Strength			
10:30-10:45 am Flex & Stretch		10:30-10:45 am Flex & Stretch			
		10:10-11:00 am Zumba	Fitness classes REQUIRE membership with weight room OR cost \$3/class		

OFFICE HOURS

Monday-Thursday—8 am-6 pm
 Friday—8 am-4 pm
 Saturday & Sunday—CLOSED
*Monetary transactions close
 30 minutes prior to closing.*

WEIGHT ROOM HOURS

Monday & Wednesday—8 am-7:15 pm
 Tuesday & Thursday—8 am-8:45 pm
 Friday—8 am-3:45 pm
 Saturday & Sunday—9 am-11:45 am
Orientation: 1st & 3rd Wed. at 11:00 am

MONTHLY ACTIVITIES

<u>Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Wednesday	1:00-3:00 pm
AARP —general meeting	2nd Wednesday	1:15-3:15 pm
AARP —board meeting	3rd Wednesday	1:15-2:15 pm
Baca Players Group (Drama)	2nd & 4th Wednesday	1:00-3:00 pm
Baca Center Volunteer Team Mtg.	2nd Wednesday	9:00-10:00 am
Benefits Counseling—one-on-one	1st Wednesday	9:00-11:00 am
Book Discussion	2nd Tuesday	1:00-2:00 pm
Bunco	1st & 3rd Tuesday	6:30-8:30 pm
Cinema Movie	3rd Wednesday	1:00-3:00 pm
Daffodil Dolls	1st Wednesday	10:30-11:30 am
Enhanced Writing Session	2nd Monday & Thursday	During writing club
Garden Club	1st Monday	9:00 am-11:00 am
Gospel Hour Sing-A-Long—NEW DAY	3rd Tuesday	1:00-2:00 pm
Performance Group Entertainment	March 31 & April 28	1:00 pm
Mah Jongg (American)—Experienced	3rd & 4th Wednesday	9:15 am-12:30 pm
Round Rock New Neighbors Cards	3rd Wednesday	9:30 am-12:30 pm
Scrabble	2nd & 4th Wednesday	1:00-4:00 pm
Spanish Karaoke	1st Thursday	10:00-11:30 am

Williamson Burnet County Opportunities (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45 am for Williamson & Burnet County residents. WBCO members pay \$3 for meals. Meals are \$7 for non-WBCO members. Menu is available online or at the Baca Center & subject to change:

http://www.wbco.net/services_meals.html

512-255-4970

***ALL registration for programs
will begin on Tuesday, February 23***

To view our trips and event photos, please copy this link into your browser:

<https://www.flickr.com/photos/95453830@N03/>

ORGANIZATIONS & CLUBS

BENEFITS COUNSELING—1st Wednesday, 9:00-11:00 am

March 2 & April 6 in the Baca Center Lobby—“The National Council on Aging” has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This one-on-one meeting will help individuals identify countless federal, state, local and private programs for which they may be eligible. Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 512-246-8455.

AARP—2nd Wednesday, 1:15 pm

March 9—Councilman Frank Leffingwell will do a presentation on what is happening in Round Rock

April 13—Presentation on Macular Degeneration of the eyes by Rort Wong of Austin Retina Association

ART CLUB—1st & 3rd Wednesday, 1:00 pm business & demo at 1:30 pm

March 2—Live drawing with club members as models and critique of paintings

March 16—Demonstration of Painting Portraits by Sally Doran

April 6—Critique of paintings

April 20—Presentation on Contemporary Life Paintings by Robin Cheers

BACA PLAYERS (DRAMA CLUB)—2nd & 4th Wednesday, 1:00 pm

March 23 & 30—Auditions for Reader’s Theatre—no memorization required.

BOOK DISCUSSIONS GROUP—2nd Tuesday, 1:00 pm

March 8—“Second Inaugural Address,” by Abraham Lincoln and “Letter from Birmingham Jail”, by Martin Luther King, Jr.

April 12—“Sorrow-Acre,” by Isak Dinesen

April 29—Annual Poetry Reading at the Round Rock Library: Read a favorite poem or just come listen. For information: Bonnie Horowitz, bonnielass1@juno.com

GARDEN CLUB—1st Monday, 9:00 am

March 7—“Native Grasses of Central Texas,” presented by Brian Loflin (retired UT Professor & book writer)

April 4—Plant exchange, bring your surplus house and garden plants to swap.

WRITING CLUB—newest anthology, *Leaving Our Footprints in the Sand* available for sale. Contact bacawritingclub@gmail.com to make arrangements to purchase a book.

AARP Driver Safety Course

Monday, March 21, 8:30 am-12:30 pm—Course #26280

Tuesday, April 19, 5:00-9:00 pm—Course #26281

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. You **MUST** pre-register at the Baca front desk. Course does **NOT** dismiss traffic violations. \$15 for AARP members & \$20 for non-members payable by **CHECK ONLY** to AARP.



PROGRAMS & CLASSES

American Mah Jongg Experienced Player Groups

Experienced players meet on the **3rd Wednesday, 9:15 am-12:30 pm**. Contact Pam at mahjrrtx@gmail.com to be added to the players list. There is also another experienced group that meets on the **4th Wednesday, 9:15 am-12:30 pm**. Contact Lyn at lpetz@yahoo.com.

Better Backs Yoga & More

Motion is lotion! This on-going yoga class teaches students how to maintain a happy, healthy spine and body. Stretch, strengthen, move through your range of motion, gain flexibility, and learn proper techniques for breathing, sitting, standing, lifting, sleeping and more.

Thursdays, March 3-31, 5:00-6:00 pm **Cost is \$45/4 classes** **Course #26782**
Thursdays, April 7-28, 5:00-6:00 pm **Cost is \$45/4 classes** **Course #26783**

Ultra Beginner Line Dancing

Beginners—Join Barbara Langham as she teaches the very basic steps to line dancing. Participants will learn the grapevine, kick-step and more. This program does not require any previous dancing experience and will help you move up to the beginning/intermediate line dance class.

Tuesdays, March 1-15, 2:00-3:00 pm **Cost is \$9/for 3 classes** **Course #26805**
Tuesdays, April 5-19, 2:00-3:00 pm **MUST register in advance!!** **Course #26806**

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

Wednesdays, March 2-30—9:00-10:00 am **\$38/4 classes** **Course #26237**
Wednesdays, April 6-27—9:00-10:00 am **\$38/4 classes** **Course #26238**

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register at least 2 days in advance and if no registrations, instructor will NOT show up.

Saturdays in March & April, 9:30 am-11:00 am **\$5/Saturday for Baca members**

Beginning & Intermediate Kupuna

All Kupuna will meet at 1:45 for basic instruction, technique, Hawaiian language and history, a new dance; intermediate will continue in the next class to learn more advanced techniques and dances. Dancers will wear black T-shirts and a pa'u skirt or wrap. Bring a three-ring binder.

PROGRAMS & CLASSES

Legacy Recording Session

How would you like to tell your great-great-grandchildren a story? Well, while you might not be there for them, your voice can! Matt Smith is making a CD recording of anything you want to for up to five minutes. Read something, sing, tell a story, etc. Leave something for future generations! **To get on the schedule, please contact the Baca Center front desk.**

Friday, May 13, 1-4 pm Course #27949 Music Room—FREE for members ONLY

Yoga Hoop Fitness Fusion

This class combines the benefits of both yoga and hula-hooping which builds core strength, provides a good cardiovascular workout, helps to burn calories, strengthens & tones the entire body, reduces stress, increases vitality, and improves rhythm & coordination. Hoops provided. Clothing should be flexible but not too loose. Instructor: Angela Richter-Gronross, RYT/Hoopnotica Fit® Certified Instructor. Cost is \$45 and classes are on Thursdays.

**March 3-31, 6:15-7:15 pm—Course #26227 April 7-28, 6:15-7:15 pm—Course #26228
(no class 3/17)**

Performance Group Entertainment

This program allows members to showcase their talent to an audience. Performances are the last Thursday of every month at 1:00 pm in the Grand Room or Lobby depending on availability. The talent can be singing, a reading, dancing, instrument or comedy. Each participant or group will have up to five minutes and one performance. Each person (or group) is responsible for putting their name on the sign-up sheet posted on the west face of the kiosk in the middle of the lobby. The sign-up sheet will be posted within two hours of completion of the current performance, and will be taken down **TWELVE** days prior to the next performance. No names can be added after the sign-up sheet is taken down and we are unable to take phone calls to add your name to the list. There will be a **MANDATORY** dress rehearsal before the Thursday performance, please check with the leader for exact time. If you do not attend the rehearsal you will **NOT** be permitted to perform at the entertainment show. Performances cannot contain profanity or vulgarity. An audience is important to each performer so come support this group and enjoy the entertainment. See guidelines posted in the music room for more information.

**March 31, 1:00 pm—Deadline: March 18
Theme: Texas Independence**

**April 28, 1:00 pm—Deadline: April 15
Theme: Spring Fling**

Adult Karate Classes

Austin Society of Karate will teach American Karate with an emphasis on self-defense, self-esteem and self-confidence. Instructor can modify movements for those with physical issues. Black uniform is required after the first class and can be purchased through instructor.

**Monday, March 28-June 6, 7:30-9:00 pm Course #26727 Cost: \$70/10 classes
(no class May 30)**

PROGRAMS & CLASSES

Toe Tapping Thursdays

Beginning in March there will be NO tap on Tuesdays but you can attend the all inclusive Toe Tapping Thursday class with Kira. Participants will focus on technique and skills for all levels.
Thursdays, 12:30-1:30 pm **Cost is \$4 for members**

MANDATORY GROUP LEADER MEETING

If you are a group leader, please attend one of the listed meetings. The meeting will cover the upcoming 10 year anniversary party and a review of group leader guidelines. If you are unable to attend the meeting, you **MUST** send a representative in your place.

Wednesday, March 2, 11:00 am

Thursday, March 3, 1:00 pm

NEW Strength Plus+

If you are looking for real results and an opportunity to watch yourself change over time then Strength Plus+ will give you just that. This is not your ordinary strength class, this class gives participants an opportunity to take fitness tests and improve on their numbers from week to week. The discipline and focus this class requires is what separates it from your everyday group exercise. It's time to find out where you're at and where you want to go!

Fridays, 9:00-10:00 am

Starts March 4th

Cost: \$3/class for members

SPECIAL EVENTS

Let's Dance Events

Do you want a fun way to exercise and socialize at the same time? Join your Baca friends one Friday a month. Lemonade and coffee will be provided. Bring your own refreshments, snacks and BYOB. Dances are FREE to current Baca members and \$5 for non-members age 50+. The March theme will be Texas Independence. April will be Denim and Diamonds to kick off the center's 10 year anniversary. No guests, under age 50. **Please register in advance.** Join the group for free line dance lessons at 6:30 pm.

Friday, March 4—#26387, 7:00-9:30 pm

Friday, April 1—#26388, 7:00-9:30 pm

Egg Hunt Hosted by Reavis Rehab & AGE

Join Reavis Rehab and many other vendors at our annual Egg Hunt for Baca members. Bring your basket and appetite as Reavis will provide hundreds of eggs with candy and chances to win prizes. They will also serve lunch. No need to register, just show up however this event is for adults 50+ only.

Friday, March 25, 9:00 am-12:00 pm

Senior Prom Hosted by RR Honors Society

Join the Honors Society from Round Rock High School for another fabulous Senior Prom. Register by March 28 so accommodations can be made for everyone. Open to everyone 50+.

Saturday, April 2, 4:00-8:00 pm

Course #25973

WORKSHOPS

Dignity Memorial Workshop

Join Cook-Walden Funeral Homes & Cemeteries for an informational lunch and learn program benefitting veteran families. During the event, participants will learn about the burial benefits offered by the VA, information about the nearest national cemeteries, as well as benefits offered by Cook-Walden to members of the VFW and American Legion. There will be details on everything from cremation and memorial services to travel protection and transferability within Dignity Memorial. The objective is to increase awareness about protecting your family *now* before it turns into a more stressful situation. There will be door prizes and a complimentary lunch.

Please RSVP with Deepa at (512) 617-8759.

Thursday, March 17 at 11 am

Free for members

Texas A&M Workshop

Texas State University St. David's School of Nursing will be here at the Baca Center to offer FREE blood pressure screenings and health related workshops during the months of March and April. Please stop by their table in the lobby for a blood pressure screening on Tuesday, March 22 and/or April 26 from 8 am-noon. The group will also do presentations on these days at 11 am in the grand room. The topics are to be determined but will be of interest to our members. There is no need to register, just stop by.

Tuesday, March 22—8 am-12 Blood Pressure Screening Workshop at 11 am **Tuesday, April 26—8 am-12 Workshop at 11 am**

CINEMA MOVIES

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided. Movies are always FREE.

Minions

Wednesday, March 16, 1-3 pm



Minions Stuart, Kevin and Bob are recruited by Scarlet Overkill, a super-villain who, alongside her inventor husband Herb, hatches a plot to take over the world. Grandchildren ages 7+ are welcome to attend this movie.

Grandma

Wednesday, April 20, 1-3 pm



Elli is a grandmother who is estranged from her daughter and is dealing with a breakup when her teenage pregnant granddaughter comes for an unexpected visit in desperate need of cash before sundown. Unfortunately, Elli is broke at the moment. They embark on a journey of trying to raise the cash by going on unplanned visits to longtime friends and flames for help.

Affordable, Convenient & Licensed!

AGE of Central Texas Adult Day Health Center

- The only fully-licensed, non-residential, and secure Adult Day Health Center in Williamson County
- Supervised by full-time nursing and professional care staff, specializing in memory care
- Open Monday - Friday, 7:00 am - 5:30 pm
- All-inclusive: activities, meals and snacks, and transportation options
- Accepting Medicaid, Veteran's benefits, and private pay



475 Round Rock West Drive, #120
(512) 255-4865 • www.AGEofCentralTX.org

JAZZERCISE

This 60 minute class held in the [Baca Center](#) Aerobics Room offers a blend of jazz dance and exercise set to favorite music – Top 40, jazz, country, funk and classics. Easy-to-follow, fun choreography includes a gentle warm up, 30-minute aerobic workout, muscle toning and strengthening segment with weights and a stretch finale. Classes are held continuously and you can start anytime! Contact Kathie Elkins at rrjazzercise@gmail.com or (512) 244-2534 to register for classes.

Fees:

\$40 – monthly auto-draft

\$30 – Joining fee

\$15 – Walk-in fee for single class

Schedule:

9:00-10:00 am Mon., Wed., Fri., Sat.

5:15-6:15 pm Mon., Tues., Wed., Thurs.

6:15-7:15 pm Mon., Tues., Thurs.



NEW INTERVAL CLASSES

TURN UP THE INTENSITY AND TAKE YOUR WORKOUT TO THE NEXT LEVEL

DAY TRIPS & TIPS



If you like to see new places, museums, plays, movies, restaurants, concerts, then you'll want to travel with the Baca Center.

Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities. **Times and events are subject to change.** Return time is an estimated time of return, it

depends on traffic, event wrap up, and any travel delays. Please arrive 15 minutes early. Check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a *current* doctor's note must be on file with the staff. The building may not be open when returning from a trip so those that have parked in the Baca garage will have to walk down the ramp.

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompa-

nied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a relative or personal care taker specifically for the participant. Due to the bus configuration, we can only accept 1 wheelchair per trip. If a trip states no wheelchair it is due to the venue or no safe location to load/unload the lift. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website. An 8-20% gratuity may be charged.

POLICY & PROCEDURES FOR TRIPS

Please check in with the driver before each trip. Payment is required at time of registration. Please do NOT show up more than 15 minutes prior to departure, the building may not be open. Participants are only allowed to save ONE seat on the bus for their travel companion.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund. **There will be NO substitutions allowed the day of a trip AND no last minute show-ups.**

ONLINE REGISTRATION—WWW.ROUNDROCKRECREATION.COM

Online registration is a great way to sign up for trips without the hassle of waiting in line!

TRIPS, TRIPS, TRIPS

REGISTRATION FOR THE LISTED TRIPS BEGIN ON FEBRUARY 23.
DON'T WAIT TO REGISTER—TRIPS FILL UP QUICKLY AND IF NOT ENOUGH REGISTRANTS, THEY WILL BE CANCELLED.

DON'T BE LATE, WE CAN'T WAIT!!!

Remember: If you cancel LESS than 2 weeks in advance, you will NOT get a refund or credit.

- Monday, Mar. 7 #27391 CANINE CRUISERS & DAN'S HAMBURGERS**
Monday, Apr. 11 #27392 Calling all animal lovers interested in helping walk dogs/cats at the Austin Animal Shelter or willing to help cut up snacks. Volunteers will receive training to either walk animals in pairs of 2 adults to 1 dog/cat or training to cut up snacks. The shelter has many animals that don't get an opportunity to take a walk outside of their kennel. We have sponsors that pay for the bus trip so we can provide transportation for FREE. Volunteers will need to pay for their lunch. You can register for 1 or all trips. Please wear closed-toed shoes and bring water. If you prefer not to eat at Dan's Hamburgers, feel free to bring a sac lunch to eat on the bus.
Tues., May 3 #27393 www.austintexas.gov/department/animal-services
Depart: 8:00 am
Return: 1:00 pm
Cost: FREE (Meal OYO)
Where: Austin
- Thursday, March 3 FREE TRIP TO PLAY BOCCE BALL**
Join us for a FREE trip to play bocce ball at Lakecreek Park. Please wear closed toed shoes and join the FUN!!! See the front desk for for rules of the game.
- Tuesday, March 15 SMITHVILLE CITY TOUR & THE BACK DOOR CAFE**
Smithville is known as a "movie town" and is home to over 40 movie productions including "Hope Floats," "Tree of Life," and "Beneath the Darkness" just to mention a few. Our tour will begin at the Railcar Facility which has employees that maintain more than 1,500 railcars that haul coal year-round from Wyoming to La Grange. A step on tour guide will take us to Veterans Memorial Park which is a beautiful fenced park and includes historical plaques of Bastrop County veterans from all wars. There is also a beautiful angel and cherub statue that watches over the fallen. The park is known as a "place to pay tribute, a place to pray for peace." The guide will then give us descriptions of movie productions sites as we drive through the town. The driving tour will last 1.5 hours and then we will stop at The Back Door for lunch. The restaurant offers home style cooking. After lunch, you are welcome to walk and shop on Main Street. There is an antique shop, quilt shop and much more along Main Street for your shopping pleasure.
www.smithvilletx.org www.texasmemorialpark.org

TRIPS, TRIPS, TRIPS

Friday, March 18

Depart: 7:00 pm

Return: 11:00 pm

Cost: \$7 (Meal OYO)

Where: Austin

Course #26089

PUB CLUB GOES TO WAGNER'S BACKYARD

Join us for live music, dancing and lots of fun games. This venue opened in 2015 and has several outdoor games, sand volleyball, drink specials until 8 pm, live music and food trucks. Come play giant Jenga, corn-hole, Battleship or billiards. Check their website for the name of the band or call the front desk at the beginning of March for the name of the band.

www.wagnerbrosbackyard.com

Sunday, March 20

Depart: 9:00 am

Return: 3:00 pm

Cost: \$8 (Flight, Mus. & Meal OYO)

Where: Austin

Course #26096

TRAPEZE TEXAS, AUSTIN TOY MUSEUM & JACOBY'S

This trip is definitely going to be unique and adventurous. Our first stop will be at the only trapeze business in Austin and only 1 of three in Texas. We will have a private demonstration of flying trapeze and aerial arts by professional instructors. If you are adventurous, you can swing through the sky for \$10 (OYO). This is a once in a lifetime opportunity so if you are interested in taking flight and swinging above a safety net, make sure you bring cash, wear form fitting active wear and socks. No worries if you don't want to fly, you will enjoy watching the instructors fly and you'll feel like you are at the circus. After we fly high on the trapeze, we will go across the road to the newest museum in Austin, the Austin Toy Museum. The museum features primarily toys and figurines from the golden age of the 80's and is comprised of over 20,000 piece. The toys range all the way back to the early 1900s. Do you have vintage toys in excellent condition? They accept donations of toys and figurines or monetary donations. For brunch, we will stop at Jacoby's which offers a brunch special on Sundays and is a farm to market restaurant. If we still have time, we can swing by South Congress for a little shopping before we head back to Round Rock.

www.trapezetexas.com

www.austintoymuseum.org

www.jacobysaustin.com

Thursday, March 24

Depart: 8:00 am

Return: 5:00 pm

Cost: \$17 (Meal OYO)

Where: Round Top

Course #26098

ROUND TOP ANTIQUE SHOPPING

Like to shop around for unique finds and antiques? This is the trip for you. We will travel to Round Top and walk to several great antique places for great shopping. There will be lots of walking for this trip but Round Top is known for its antiques. There will be clean restrooms and food booths at most antique locations. Check out the link to view businesses that will be participating in the show on the day of our trip.

www.roundtop.org/antique_show_info.php

TRIPS, TRIPS, TRIPS

Tuesday, March 29

Depart: 9:00 am
Return: 2:00 pm
Cost: \$8 (Meal OYO)
Where: Austin
Course #26100

TRADER JOE'S & NXNW

Join us for a special tour and shopping trip to Trader Joe's. The store began in the 50's as a small chain of convenience stores called Pronto Market. In '67, the original owner, Trader Joe changed the name and the way they do business. Their new moto is "Value" and bringing the best prices possible to the consumer. They stock hard-to-find, great-tasting foods. After our tour and shopping, we will go to lunch at North by Northwest.

www.traderjoes.com

www.nxnwbrew.com

Thursday, March 31

Depart: 7:30 am
Return: 7:30 pm
Cost: \$24 (Meal OYO)
Where: Granbury
Course #26103

EAGLE MOUNTAIN CHEESE & GRANBURY

Our first stop will be at the Eagle Mountain Cheese Co. in Lipan. Through large windows we can watch the cheese process and purchase some of their products. All their cheese is made onsite and their fresh milk comes from a dairy farm in Bridgeport. Our next stop will be in Granbury for lunch at Farina's Winery & Café which features an expansive menu inspired by fresh tastes of Italy ranging from artisan cheese starters to steaks. After lunch, we will go to the Hood County Jail Museum and Courthouse.

www.eaglemountaincheese.com/home.html

www.visitgranbury.com

www.farinaswinery.com

Monday, April 4

Depart: 4:00 pm
Return: 11:00 pm
Cost: \$10 (Ticket & Meal OYO)
Where: Giddings
Course #26102

LONE STAR OPRY & CIRCLE W RESTAURANT

Giddings Rotary Club has been hosting an opra the 1st Monday of each month for 18 years. The show will include special guest Ken Brothers and other great country music bands. We will go to the opra first to get our seats, then you can leave to have dinner at Circle W Restaurant that offers fried catfish, chicken fried steak, salads, burgers and more. You can also choose to stay at the Opra and eat their delicious burgers. Please bring \$5 CASH for your ticket at the door.

www.countrymusicmonday.com

Wednesday, April 6

Depart: 9:30 am
Return: 1:30 pm
Cost: \$23 (Ticket Inc. & Meal OYO)
Where: Austin
Course #26081

PIONEER FARM & THREADGILLS

Join us as we step back in time to the Blackland Prairie of the 1800's. The farm showcases 6 themed historic areas and Scarborough barn with friendly animals all located on 90 wooded acres. We will get a private tour of all areas and then we will head to the famous Threadgills which serves American food southern style.

www.pioneerfarms.org

www.threadgills.com

TRIPS, TRIPS, TRIPS

Thursday, April 28

Depart: 8:00 am
Return: 6:00 pm
Cost: \$18 (Meal OYO)
Where: San Antonio
Course #26112

SAN ANTONIO MISSIONS & MENGER COLONIAL REST.

Our first stop will be the San Antonio visitor center and a tour of the Mission San Jose. The tour will take 40 minutes and we will tour the gift shop, mission and theater. We will then stop at the Menger Colonial Restaurant for lunch. After our meal, we will hop on the bus and tour the other 2 missions on our own. This trip will fill up quickly, don't wait to register.

www.missionsofsanantonio.org

www.mengerhotel.com/restaurants

Tuesday, May 10

Depart: 7:00 am
Return: 7:00 pm
Cost: \$30 (Ticket Incl. & Meal OYO)
Where: Austin
Course #26109

TYLER ROSE GARDEN & GOODMAN LEGRAND

Join us for a trip to Tyler which is known as the Rose Capital of America. We will stop at the Tyler Municipal Rose Garden and the Rose Museum. The gardens are located on 14 acres and has 38,000 rose bushes. We will stop at the Potpourri House Restaurant, Boutique and Gift Shop for lunch and shopping. The boutique offers jewelry, clothing, accessories and the gift shop has candles, lotions, fragrances and more. Before heading back, we will stop at the Goodman LeGrand mansion for a tour. The home was built in 1859 and became a historic landmark in 1964. Please bring a \$2 cash donation for the Goodman LeGrand.

www.parksandrec.cityoftyler.org/ParkDirectory/TylerRoseGarden.aspx

www.potpourrihouse.com

Wednesday, May 11

Depart: 9:00 am
Return: 5:00 pm
Cost: \$8 (Meal OYO)
Where: Salado
Course #26110

LARRY PRELLOP ART GALLERY & JOHNNY'S BBQ

The Art Club will take a trip to Salado for a tour of Larry Prelllop's Art Gallery. After our tour, we will stop for lunch at Johnny's Steak and BBQ. This trip is open to art club members only until April 27 and then it will open to all members.

www.prellopfineartgallery.com

www.johnnysteaksandbbq.com

Tuesday, May 17

Depart: 9:00 am
Return: 5:00 pm
Cost: \$25 (Ticket Incl. & Meal OYO)
Where: San Antonio
Course #26113

SAN ANTONIO BOTANICAL GARDENS

Join us for a trip to the beautiful botanical gardens in San Antonio. There are 38 acres of blooming plants/flowers, birds, exhibit rooms, Carriage House Bistro and much more. This will be a self-guided tour with lunch at the bistro on your own. You can view the garden map and lunch menu at the link below.

www.sabot.org

TRIPS, TRIPS, TRIPS

Friday, May 20

Depart: 5:00 pm

Return: 11:00 pm

Cost: \$8 (Cover & Meal OYO)

Where: Austin

Course #28108

PUB CLUB GOES TO BROKEN SPOKE

Join the pub club as we travel to Texas' most definitive dance hall that has been host to many famous singers and songwriters. Texas Highways voted it the "best dance hall" in Texas. The club will offer live music with your meal 6-8 pm. After that, we will slip on back to the dance hall for more live music and dancing. There will be a cover charge of \$12 to enter the dance hall and Dale Watson will be playing. Their menu includes steak, burgers, sandwiches, Mexican food and BBQ.

www.brokenspokeaustintx.net/

Sunday, May 22

Depart: 9:30 am

Return: 3:30 pm

Cost: \$16 (Ticket Incl. & Meal OYO)

Where: Austin

Course #26108

CAPITAL CRUISES & SOUTHWEST BISTRO

We will have a wonderful breakfast at the Hyatt's Southwest Bistro and then take a relaxing sightseeing cruise along Lady Bird Lake. At the bistro you can order off the menu or have the breakfast buffet for \$18.50. This is a great way to see Lady Bird Lake.

www.capitalcruises.com

www.austin.regency.hyatt.com/en/hotel/dining/SWB-SouthwestBistro.html

Tuesday, May 24

Depart: 8:00 am

Return: 4:00 pm

Cost: \$14 (Ride & Meal OYO)

Where: Lake Whitney

Course #26114

TEXAS CAMEL CORPS AND BOSQUE RESORT

Curious about camels and their role in settling Western America? Want to ride one? This is your opportunity to learn about camels and ride a camel. If you wish to ride a camel, please bring \$7 cash. The owner of the camels, is a zoologist and travels to Egypt each year to do group excursions. The camels are very friendly and totally fun to ride. There are several "famous" camels located at this ranch that have starred in movies and commercials. After our tour we will go to Bosque Resort Restaurant for lunch. If time permits, we will swing by Magnolia Market for some quick shopping.

www.texascamelcorps.com

www.bosqueresort.com

www.magnoliamarket.com



TRIPS, TRIPS, TRIPS

Thursday, May 26

Depart: 9:30 am

Return: 2:30 pm

Cost: \$28 (Ticket Incl. & Meal OYO)

Where: Austin

Course #28109

PUZZLE ROOM & FRISCO RESTAURANT

This trip is sure to be witty, fun and exciting. Our first stop will be to the Puzzle Room where groups of 10 will have a limited time to solve puzzles and find clues to escape from Wizard School. These type of escape rooms are new and popping up in Austin. Just bring your wit, humor and brain power. After we “escape”, we will go the Frisco for lunch. The Frisco has been in Austin since 1953 and has a motto of “There is Nothing Accidental About Quality”.

www.puzzleroomaustin.com

www.thefriscoaustin.com

Possible Trips if Interest



We are exploring options for a possible fishing trip to Lake Travis with a fishing guide. If you are interested, please let us know at the front desk and all interested participants will get an e-mail once we have all the details. Those on the list will get priority of registration. Look for more details in the next newsletter.

We are also exploring options for a trip to play golf at Top Golf or Forest Creek Golf Club. If you are interested in either trip, please let us know at the front desk and all interested participants will get an e-mail once we have all the details.



HIKING CLUB TRIPS

The Baca Center offers hiking trips during the months of March-May and September-November. If you can walk 3-5 miles at a reasonable brisk pace and would like to join our hiking club, please let us know and we can put you on the hiking club list. If you are a hiker and have a great place to hike, let us know. For all hikes, please bring 2 bottles of water, wear closed toed shoes, bring sunscreen and dress appropriately. Some hikes may have a guide and others will not so please stay with the group at all times.

Thursday, March 10

Depart: 9:00 am

Return: 4:00 pm

Cost: \$15 (Meal & Park Fees OYO)

Where: Fredericksburg

Course #28107

ENCHANTED ROCK STATE PARK HIKE

This will be our first hike this spring and we are going to Enchanted Rock. The rock rises 425 feet above the base elevation of the park. Its high point is 1,825 feet above sea level, and the entire dome covers 640 acres. Climbing the Rock is like climbing the stairs of a 30- or 40-story building. You are welcome to hike the rock or follow our guide on the hiking trails. Bring a sac lunch. Parks fees are on your own.

www.tpwd.texas.gov/state-parks/enchanted-rock

HIKING CLUB TRIPS

Tuesday, March 22

Depart: 8:00 am
Return: 2:00 pm
Cost: \$8 (Meal OYO)
Where: Austin
Course #28110

WILD BASIN PRESERVE HIKE & TX HONEY HAM CO.

The preserve is on 227 acres and provides a habitat for the endangered Golden cheeeked warbler as well as many other plants and wildlife. We will hike the 2.5 miles of trails and then visit the Creative Research Center which is the welcome hub of the basin. After our hike, we will go to Texas Honey Ham Co for lunch. The restaurant offers salads, soups and premium meats for great sandwiches or wraps.

www.parks.traviscountytexas.gov/find-a-park/wild-basin
www.texashoneyham.com/

Wednesday, April 13

Depart: 8:00 am
Return: 11:00 am
Cost: \$8
Where: Austin
Course #28111

DICK NICHOLS PARK

This trail is a 1 mile loop which features a waterfall and is a concrete trail which makes walking very easy. We will walk the loop up to 3 times to get in a good 3 mile walk.

www.recreationparks.net/TX/travis/dick-nichols-park-austin

Friday, April 29

Depart: 8:00 am
Return: 2:00 pm
Cost: \$8 (Meal OYO)
Where: Austin
Course #28112

LADY BIRD LAKE & SHADY GROVE

We will hike around Lady Bird Lake for 3-4 miles and then go to Shady Grove for lunch. This will be a fun way to see the city and have a great lunch. Shady Grove has a huge menu but a favorite is their chicken fried steak and hippy sandwich.

www.austintexas.gov/department/parks-and-recreation
www.theshadygrove.com

Thursday, May 12

Depart: 8:00 am
Return: 11:00 am
Cost: \$8 (Park Fees OYO)
Where: Del Valle
Course #28113

SOUTHEAST METROPOLITAN PARK HIKE

This park location has a 2 mile long concrete trail which is easy to use and hike. There is also a 3 mile primitive trail that meanders through hills and valleys with a glimpse of downtown. The trail passes two ponds and Onion Creek for viewing wildlife. Parks fees are \$3/person, please bring cash.

www.parks.traviscountytexas.gov/find-a-park/southeast-metro

Spring Break March 14-18

Spring Break is fast approaching and there will be several kid's camps in the building that week. See the parks Program Guide if you have grandchildren you wish to register for those programs. Grandchildren ages 7+ are welcome to attend our Minions movie at 1 pm on Wednesday, March 16.

TRIP ETIQUETTE AND INFORMATION

The Baca Center strives to provide trips that interests a large group of members. Our goal is to provide you with a great and memorable experience while traveling with the Baca Center. Here are a few guidelines to help our trips run smoothly:

1. Please arrive **NO MORE** and **NO LESS** than 15 minutes prior to the scheduled departure time. Our trips leave on time, if you are late, you may miss the trip and there are **NO** refunds if you miss the trip.
2. **ALL** seats are on a first-come, first-seat basis and you can save **ONLY** the seat next to you for a friend or companion.
3. The first 4 seats on the bus are reserved for those that have walkers, canes, mobility or medical issues. If you do not fit in this category, please do not sit in these seats.
4. The seat that you select on the trip will remain your seat until the trip is over. There is **NO** moving or changing seats during the trip. This is a courtesy to all travelers so they can store their items below or above their chosen seat.
5. Please throw away all your trash in the trash can located behind the driver's seat.
6. Please follow all directions and instructions given by the driver.
7. Most restaurants apply gratuity to each individual check, however please review your check and tip on your own if they do not include gratuity.
8. The center does **NOT** offer trips during June, July and August due to the heat and other obligations for our bus and driver.
9. It is very important for all participants to complete a survey at the end of each trip. This provides us with information that is pertinent to our success.
10. Trip suggestions are great and always accepted, however remember we do not do overnight trips and we only travel within a three hour radius from the Baca Center.



COMING TO THE BACA CENTER
BACA PLAYERS PRESENT:
REINVENTING MAMA, BY FRAN LANG
THURSDAY, MAY 26 AT 7 PM
& FRIDAY, MAY 27 AT 1 PM



TICKETS ARE \$3 & WILL GO ON SALE FEBRUARY 23
LIMITED SEATING, GET YOUR TICKETS EARLY

OPEN PLAY PICKLEBALL AT CLAY MADSEN*
MONDAYS & FRIDAYS 10 AM-12 PM

***Must have Combo or CMRC membership or pay \$5 drop in fee**

Allen R. Baca Center
301 W. Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Center Holiday Closures:
March 27—Easter
May 30—Memorial Day

WBCO Lunch Reservation:
512-255-4970
Star Shuttle Service
512-244-7433

