Clay Madsen Recreation Center Pool Schedule: fall/winter/spring

(Effective October 2017 thru Spring 2018)

10.30 - 3.30 pm 5.30 - 9.30 pm 5.30 - 9.30 pm 5.30 - 9.30 pm 5.30 - 9.30 pm 7.30 - 6.30 pm 7.30 - 6.20 pm 7.3								updated 9.21.17
Same		Sunday		•	Wednesday	-	Friday	
Signature Sign		10:30-5:30pm	5:30-9:30pm	5:30-9:30pm	5:30-9:30pm	5:30-9:30pm	5:30-8:30pm	7:30-6:30pm
Sign	5:00 AM	_						
Color Colo	5:30 AM				. , ,			
Table Tabl	6:00 AM		5:30-6:20am		5:30-6:20am		5:30-6:20am	
Color	6:30 AM							
Table Facility Table T	7:00 AM		Lan Swim	Lap Swim	Lan Swim	Lap Swim	Lan Swim	
Solid Soli								
San Am D.A.F. B.30 -9.20am D.A.P. B.30 -9.20								
9.00 AM 8.30-9:20am 8.30-9:20am 8.30-9:20am 8.30-9:20am 9.30-10:20am		_		-	DAE			7:30-8:50am
Aqua Fit								
10:00 AM 10:30 AM 10:		_	6:50-9:20am					
1000 AM 11:50 am 11:50 am 11:50 am 11:50 am 11:30 am	9:30 AM			-	•	•	•	
11:00 AM 10:30 - 11:20am 11:50am 12:00 PM 11:30am-5:50pm 11	10:00 AM			9:30-10:20am		9:30-10:20am	9:30-10:20am	
11:50 am 12:50 am 12:50 am 12:30 PM 12:30 PM 12:00 PM 12:00 PM 12:30 PM 12:00 PM 12:30 PM	10:30 AM							9:00-12:30pm
12:00 PM			10:30-11:20am		10:30-11:20am			
12:30 PM 10:00 PM		11:50am						
100 PM 130 PM 12:00-2:50pm Lap Swim 11:30am-5:50pm Lap Swim 11:30am-5:50pm Lap Swim 11:30am-5:50pm Lap Swim 11:30am-5:50pm 11:30am-5:50pm 10:30am-5:50pm 10:30am-5:50							Lap Swim	
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3:00 PM			11:30am-5:50pm		11:30am-5:50pm	P		
Signature Sign							Open Swim	
A:30 PM Swim Lessons Swim Lessons Aqua Zumba Aqua Zumba Aqua Zumba Aqua Power/Tabata 7:30 PM Swim Lap Swim Lap Swim Aqua Power/Tabata 7:00-7:50pm Aqua							3:00-3:50pm	
5:00 PM Swim Lessons Swim Lessons 3:00-6:30 pm 6:00 PM 5:00-7:05 pm Aqua Zumba Lap Swim 6:30 PM 6:00-6:50 pm 4:00-8:30 pm 7:00 PM Aqua Power/Tabata 7:00-7:50 pm 8:00 PM Lap Swim Lap Swim 8:00 PM Lap Swim T:00-9:30 pm 9:00 PM Lap Swim R:00-9:30 pm	4:00 PM	Lap Swim					-	
Swim Lessons Swim	4:30 PM	3:00-5:30pm						
6:00 PM 5:00-7:05pm Aqua Zumba 5:00-7:05pm Aqua Zumba 6:00-6:50pm 4:00-8:30pm 4:00-8:30pm 7:00 PM Aqua Power/Tabata 7:00-7:50pm 8:00 PM Lap Swim 7:05-9:30pm 7:05-9:30pm 7:05-9:30pm 8:00-9:30pm 8:00-9:30pm 8:00-9:30pm 7:05-9:30pm 8:00-9:30pm 7:05-9:30pm 8:00-9:30pm 8:00-9:30pm 8:00-9:30pm 8:00-9:30pm 8:00-9:30pm 9:30 PM	5:00 PM							3:00-6:30pm
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8:00 PM Lap Swim Lap Swim 8:30 PM 7:05-9:30pm 7:05-9:30pm 9:00 PM Eap Swim 8:00-9:30pm 9:30 PM 8:00-9:30pm								
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9:30 PM			7.03 7.30pm		7.00 7.00pm			
						0.00 7.50pm		
	10:00 PM							

Schedule is subject to change.

Please refer to Program Guide for specific Swim Lesson dates. Lane usage will be based on the size of the class. Average lane usage is 3 lanes. Remainder of lanes are designated for lap swim. Please see CMRC front desk team for Group & Aqua Exercise Rules & Guidelines.
One lane will always be available to lap swimmers. Please be prepared to share a lane.

CMRC Pool closes 30 minutes prior to Rec Center closing.