

Round Rock Parks and Recreation Department

Adaptive and Inclusive Recreation Summer 2018

*****SUMMER REGISTRATION BEGINS MARCH 6, 2018*****

Round Rock Parks and Recreation Department has a variety of full day summer camps for you to choose from, to help you have fun in the summer sun! Sign up for our summer camps where activities include field trips, swimming, group games, arts and crafts, cooking and more!

All Abilities Fitness

This is a developing group exercise class for individuals of all abilities. A variety of exercises will be taught including yoga, stretch, balance, strength and more! The group will follow a main instructor; additional employees will be assisting the group. Parents/Guardians/Caregivers are allowed to assist. Come in comfortable work out attire and bring water! We can ALL be fit!

Ages: 13 and older Fee: \$15 Mondays

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
April 30-May 23	Zumba	*4652
June 4-25	Variety	*11991
July 9-30	Variety	*11992
August 6-27	Variety	*11993

Monthly Social Connections

Each month come and join us for a different activity with our social connections. A variety of activities are planned for you to engage with friends, serve the community, meet up and socialize!

All Ages Fee: \$3

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
April 20	Picnic in the Park	*4860
May 18	Game Night	*4861
June (TBA)	Pool Party	*11994
July (TBA)	Movie Night	*11995

Adaptive Tennis Lessons

This tennis class is a perfect first experience to tennis that's fun and active! This program uses modified equipment: slower-moving and lower-bouncing balls, shorter and lighter racquets, and smaller courts. The format make tennis easier and fun, as individuals with special needs improve hand-eye coordination, agility and balance. Parents/Guardians/Caregivers are allowed to assist.

Ages: 12 and older Fee: \$60 Thursdays
March 22-April 26 Time: 5-5:30pm *4842

Adaptive Aquatics: Fundamental Aquatic Skills

Swimmers are introduced to water skills and begin developing positive attitudes, good swimming habits & safe practices around water. This course focuses on fundamental skills, including learning how to float without support and to recover to a vertical position. This class is for independent swimmers that do not require a full time, in-water aid

Ages: 5 and older Fee: \$55 Saturdays
June 9-July 21 Time: 9:45-10:10am *11896

Adaptive Aquatics: Assisted

Swimmers and assistants (Parents/Guardian/Aide) work together in the water with our Adaptive Aquatics Instructors to develop a personalized curriculum in a small group setting. Whether you are looking for water therapy or for your child to begin learning swimming strokes and safety techniques, this class is adaptable to the needs of your swimmer.

Ages: 3 and older Fee: \$55 Saturdays
June 9-July 21 Time: 9-9:25am *11895

Registration Information & Payment Plans

Register online at www.roundrockrecreation.com; In person at Clay Madsen Recreation Center or the Main PARD office; By Phone (512) 218-5540. Fees are due at time of registration.

Payments for the Adaptive Summer Day Camp can be made in full or on a monthly payment plan. If utilizing the monthly payment plan, your total amount due will be broken up into 3 payments: 30% due at time of registration, 35% due on May 1st and 35% due on June 1st. If utilizing the payment plan option, registrations must be done in person. For payment plan information, please visit our website at www.claymadsenrec.com

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Adaptive Summer Day Camp Youth (5-12 yrs) and Teen (13-21 yrs)

Adaptive Camps are for children, teens and adults with various disabilities or limitations. This program is offered weekly throughout the summer and offers daily activities including sports, games, drama, cooking, crafts and field trips.

Camp Dates	Youth Course Code	Teen Course Code	Theme	Field Trips	Fee
June 4-8	*11825	*11835	Kick Off the Summer	Gatiland	\$160
June 11-15	*11826	*11836	The Great Outdoors	Candlelight Ranch	\$160
June 18-22	*11827	*11837	The Mighty Jungle	Cameron Park Zoo	\$160
June 25-29	*11828	*11838	Camp Olympics	Morgan's Wonderland	\$160
July 2-6 (No 7/4)	*11829	*11839	Red, White, and Blue	Reunion Ranch	\$130
July 9-13	*11830	*11840	Wet 'n Wild	Inspiration Island	\$160
July 16-20	*11831	*11841	Winter in July	The Thinkery/Austin Park 'n Pizza	\$160
July 23-27	*11832	*11842	Tropical Paradise	Summer Fun Waterpark	\$160
July 30-August 3	*11833	*11843	Movin' and Groovin'	CiCi's Pizza	\$160
August 6-10	*11834	*11844	The Final Fun-tier	Pump It Up	\$160

Time: 7am—6pm

Where: CMRC-Multipurpose Room

Field trips are subject to change

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iCan Bike Camp

In this program, riders learn to balance, pedal, steer, and take off on their own, many in five days or less. We will help guide your child into gaining confidence to last a lifetime—achieved in just 5 days, attending 75 minutes each day. Participants must be at least 8 years old, have a disability, walk without an assistive device, be able to side step to both sides, be able to wear a properly fitted bike helmet, and not exceed 220 lbs.

Dates: July 16-20 Mon-Fri

Fee: \$50

Session Times:

Course Code:

8:30-9:45am

*11881

10:05-11:20am

*11883

11:40am-12:55pm

*11885

2:00-3:15pm

*11886

3:35-4:50pm

*11887

Yoga, Art, and Science Camp

Participant explore yoga, art and science in this fun and unique camp! Individuals are taught both physical and mental yoga-inspired relaxation techniques in an enjoyable way. The fee includes all materials and supplies, except for a yoga mat. This camp is designed for individuals with special needs.

Dates: July 9-13 Mon-Fri

Fee: \$160

Time: 1-3pm

*11880