



Baca Buzz

Volume 10, Issue 5

September/October 2018

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Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

Health & Information Fair

Join the Baca Center for our annual Health & Information Fair on Friday, September 7, 9 am-11:30 am. There will be 30+ vendors with important health information, giveaways, flu shots and more. The event will take place in the Grand Room and there is minimal wait time to get your flu shot. If you have Medicare Part B, your flu shot will be free, for all others the fee will be \$25 payable by check or cash ONLY. This event is FREE and open to anyone 50+ so bring your friends. There will be demos by various Baca groups and lots of great information for adults 50+.

Friday, September 7, 9:00-11:30 am

Let's Dance

Have fun, exercise and socialize at the same time! Join your friends on the first Friday of each month for a social dance. Lemonade and coffee will be provided. Bring your own refreshments, snacks and BYOB. No guests, under age 50. **Please register in advance.** Join the group for free line dance lessons at 6:30 pm. The dances are FREE for members and \$5 for non-members.

Friday, September 7—#11060, 7:00-9:30 pm

Friday, October 12—#11288, 7:00-9:30 pm

Baca Center Advisory Board

Beginning in September, the Baca Center will commence taking applications for the 2019 Advisory Board. One position is available. Applications will be accepted through the end of October at which time all applications will be reviewed and interviews set-up. For more information or an application, please check at the front desk.

Crafty Critters—Looking for Crafters & Volunteers

Do you like to make things or volunteer? The Critters are looking for volunteers to assist with various craft projects and volunteers to assist with their craft fair on Saturday, November 10.

Contact: m.drmwvr@gmail.com

WEEKLY & MONTHLY ACTIVITIES

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|--|--|--|---|---|--|
| 10:10-11:10 am Beg. Line Dance*—\$3 10:30-11:00 am Sittercize 12:30-4:30 pm American Mah Jong Club 12:45-3:30 pm Dominoes “42” 12:30 am-4:00 pm Pinochle 1:00-2:30 pm Writing Club 1:00-4:00 pm Pickleball 1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner | 9:00-11:00 am Wood Carvers 10:00 am-2:00 pm Crafty Critters 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle ADVANCED PLAY 12:45-4:00 pm Texas Canasta 1:00-3:00pm Klub Karaoke 4th week is rehearsal for performance group only 6:30-9:00 pm Evening Bridge ADVANCED PLAY & MUST have partner | 8:00-11:00 am Pickleball 10:00-11:30am Chicken Foot Mexican Train 10:30-11:00am Sittercize 12:30-3:30pm Dominoes “42” 1:00-3:00 pm Latin Dancing 1:00-4:00 pm Spades | 9:00-11:00 am Windjammers 10:00-11:30 am Writing Club 10:30-11:00 am Sittercize 12:30-4:00 pm Bridge for Fun 12:30-3:45 pm Racehorse Canasta 1:00-2:30 pm Conversational Spanish Class 1:00-3:00 pm Tejano Time & Performance Group Practice | 9:00-10:00 am Intro to Tai Chi*—\$3 10:00-11:30 am Bingo*—\$2 12:30-3:30 pm Mexican Train Hand/Foot Canasta 1:00-2:30 pm Sing-A-Long 1:00-3:00 pm Rummikub | 9:30-11 am Computer Support*— \$5 Baca members ONLY MUST register by 5 pm Wed. prior |
| | | | | | *Requires registration and fee, non-members pay an additional \$1 walk-in fee. |

Times listed are start times, arrive at least 15 minutes early if you wish to participate

| <u>Monthly Activity</u> | <u>Dates</u> | <u>Times</u> |
|---|---------------------|-------------------|
| Art Club | 1st & 3rd Wednesday | 1:00-3:00 pm |
| AARP—general meeting | 2nd Wednesday | 1:15-3:15 pm |
| AARP—board meeting | 3rd Wednesday | 1:15-2:15 pm |
| Benefits Counseling—one-on-one | 1st Wednesday | 9:00-11:00 am |
| Book Discussion | 2nd Tuesday | 1:00-2:00 pm |
| Bunco | 1st & 3rd Tuesday | 6:30-8:30 pm |
| Cinema Movie | 3rd Wednesday | 1:00-3:00 pm |
| Daffodil Dolls | 1st Wednesday | 10:30-11:30 am |
| Garden Club | 1st Monday | 9:00 am-11:00 am |
| Gospel Hour—RETURNS on Sept. 25 | 4th Tuesday | 11:00 am-12:00 pm |
| Performance Group Entertainment | Sept. 27 & Oct. 25 | 1:00 pm |
| Mah Jongg (American)—Experienced | 3rd Wednesday | 9:30 am-12:30 pm |
| Round Rock New Neighbors Cards | 3rd Wednesday | 9:30 am-12:30 pm |
| Spanish Sing-A-Long | 1st Thursday | 10:00-11:30 am |

FALL GROUP EXERCISE CLASSES

The Baca Center values health and exercise and provides group exercise classes to our members with weight room for FREE! Non-Members must pay the drop in rate of \$3/class. All participants must have a pass to enter. Please be courteous and respectful to other participants and our instructors by being early to class. Class participation is limited based on space & equipment. Thank you & enjoy the Group Exercise classes at the Baca Center!

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|
| Weight Training 8:00-8:45 am Jade Aerobics Room Cardio N' Balance 9:00-9:50 am Jennifer Meeting Room 2 PI-BarrCore Gold 10:00-10:50 am Denise Meeting Room 2 | Body Sculpting 8:00-8:45am Jade Aerobics Room Cardio I 9:30-10:15 am Selve Aerobics Room Piloxing Lite 10:30-11:15 am Selve Aerobics Room | Weight Training 8:00-8:45 am Jade Aerobics Room Strength & Stretch 9:00-9:50 am Jennifer Meeting Room 2 Power Challenge 10:00-10:50 am Denise Meeting Room 2 Zumba 10:15-11:00 am Selve Aerobics Room WR Orientation 11:00-11:30 am Weight Room Denise | Cardio I 8:30-9:15 am Selve Aerobics Room Barre Above 9:30-10:15 am Christa Aerobics Room | Power Challenge 8:00-8:45 am Denise Aerobics Room Flex N' Stretch 9:00-9:45 am Denise Meeting Room 2 | Zumba 10:30-11:30 am Selve Aerobics Room |
| Fall group exercise sched. will change on Tues. Sept. 4 | | | Visit the Round Rock Parks and Recreation Facebook page and join the RockActive Facebook GROUP for all your fitness news and schedule updates. | | |

Group Exercise Class Guidelines

1. Tickets for Group Exercise Classes will be handed out **15 minutes** before class starts. Check in and receive your ticket at the Baca Center front desk. **Only 1 card for a class can be picked up at a time.**
2. Baca members must present their membership card to validate a current membership. Baca non-members will pay the drop in rate of \$3/class.
3. There must be a minimum of 5 participants in class or it will be cancelled.
4. Participants must give their group ex instructor their ticket at the beginning of class. Participants without a ticket will not be able to attend a Group Exercise Class.
5. Appropriate exercise clothing is required and non-marking athletic shoes. No participants allowed to enter class 5 minutes after the start of class.
6. Class descriptions are available at the front desk.

Opportunities for Williamson & Burnet Counties

Opportunities offers a well-balanced lunch Monday-Friday at 11:45 am for Williamson & Burnet County residents. Opportunities members pay \$3 for meals. Meals are \$7 for non-members. Menu is available online or at the Baca Center & subject to change:

<http://www.opportunitiesforwbc.org/>

512-255-4970

ORGANIZATIONS & CLUBS

BENEFITS COUNSELING—1st Wednesday, 9:00-11:00 am

September 5 & October 3 in the Baca Center Lobby—Visit with Nancy Kind, Volunteer Benefits Counselor from the Area on Aging, if you are new to Medicare or if you have questions about Medicare and its programs.

AARP—2nd Wednesday, 1:15 pm

September 12—Program of interest

October 10—Program of interest

ART CLUB—1st & 3rd Wednesday, 1:00 pm business meeting & demo at 1:30 pm

September 5—Business meeting and art critique: bring your artwork to share and discuss

September 19—Business meeting; demo “Photographing Your Art for Posting Online” by Ted Keller, Master Photographer

October 3—Business meeting and art critique; bring your artwork to share and discuss

October 17—Business meeting; demo “Teetering on the Edge, Pushing the Creative Process,” a directed group discussion about artistic creativity

BOOK DISCUSSIONS GROUP—2nd Tuesday, 1:00 pm

September 11—“My Confession,” by Mary McCarthy

October 9—“Holy Week,” by Deborah Eisenberg

For more information, helensmith204@gmail.com

GARDEN CLUB—1st Monday, 9:00 am

September 10—Butterflies and Wildflowers by Jane Bowman

October 1—Plant exchange; bring those plants and seeds

WRITING CLUB—Mondays, 1-2:30 pm & Thursdays, 10-11:30 am

The Writing Club is what you make it: read your own stories or poetry, the work of others or just come to listen. Select the day that fits your schedule best or attend both meetings.

Join this fun and entertaining group now!! Contact bacawritingclub@gmail.com for more information about the group.



AARP Driver Safety Course

Tuesday, September 18, 8:30 am-12:30 pm

Thursday, October 18, 5:00-9:00 pm

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. You must pre-register at the Baca front desk. Course does not dismiss traffic violations. \$15 for AARP members & \$20 for non-members payable by CHECK ONLY to AARP.

PROGRAMS & CLASSES

American Mah Jongg Experienced Player Group

Experienced players meet on the 3rd Wednesday, 9:30 am-12:30 pm. Contact Terry at makj3bc@gmail.com to be added to the players list. Please RSVP to the group leader in advance if you wish to participate.

Ultra Beginner Line Dancing

Join Barbara Langham as she teaches the very basic steps to line dancing. Participants will learn the grapevine, kick-step and more. This program does not require any previous dancing experience and will help you move up to the beginning/intermediate line dance class. Moving up to the beginning/intermediate class will be with instructor approval and may take more than one Ultra Beginner session to meet the skills of the beginning/intermediate class.

Tuesdays, Sept. 4-18, 2:00-3:00 pm

Cost is \$9/for 3 classes

Course #15136

Tuesdays, Oct. 2-16, 2:00-3:00 pm

Course #15137

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

Wednesdays, Sept. 5-26—9:00-10:00 am

\$38/4 classes

Course #17750

Wednesdays, Oct. 10-30—9:00-10:00 am

\$38/4 classes

Course #17751

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register by 5 pm the Wednesday prior and if no registrations, instructor will not show up.

Saturdays in Sept. & Oct., 9:30 am-11:00 am

\$5/Saturday for Baca members

Beginning & Intermediate Kupuna Hula

All Kupuna Hula will meet at 1:45 for basic instruction, technique, Hawaiian language and history. Intermediate will continue at 2:45 in the next class to learn more advanced techniques and dances. Dancers will wear black T-shirts and a pa'u skirt or wrap. Bring a three-ring binder. You cannot join the program after the 2nd class due to missing critical information in the first two classes. Instructor approval is needed for the Intermediate class.

Fridays, Sept. 7-Oct. 26, 1:45 pm (all participants)

FREE for Baca members

***Special FREE performance at Centennial Plaza Amphitheater
on Saturday, September 8 at 4 pm***

PROGRAMS & CLASSES

Pain Management Program—NEW

Do you feel tired or frustrated due to chronic pain? Are you looking for tools to help? Then please join us as the Area Agency on Aging of the Capital Area and the Baca Center offer The Chronic Pain Self-Management Program! This proven, no cost program is offered to those age 60 or over who are experiencing chronic pain and want to take control of their health! You will learn information on symptom management, healthy eating, appropriate usage of medications, improving your sleep, and even a Moving Easy Exercise Program designed specifically for those with pain. The Chronic Pain Self-Management Program is a six week program. Registration is required and class size is limited, so please sign up to make sure you get a spot!

Thursdays, Oct. 3-Nov. 14, 1:00-3:30 pm (no class on 10/31)

Course #13978

Performance Group Entertainment

Have you ever wanted to perform in a stage show? Don't let this opportunity pass you by. If you want to sing, dance, tell a story, do a skit, a comedy routine, etc., there will be a sign up sheet posted on the west side of the kiosk. Please give us your **first & last name**; how we can contact you and what you want to do for the show. Names cannot be added after sign-up end date and no phone calls to add your name. The group meets every Thursday at 1:00 and has a special performance on the last Thursday at 1 pm in the grand. For those in the show there is a mandatory rehearsal at 1 pm the Tuesday prior to the performance date.

Sept. 27, "Autumn Leaves"

1:00 pm

Oct. 25, "Ghosts & Goblins"

WORKSHOPS

Dignity Memorial Workshop

There are many stressful events in life but none more so than the loss of a loved one. We plan for important life events such as college education for our children, a new home, vacations and hopefully a good retirement, doesn't it also make sense to plan for an event that is inevitable? Join Dignity Memorial® for an opportunity to "ask an expert" and get answers to your pressing questions. As a participant, you will discover four simple steps to planning your final arrangements, as well as bringing peace of mind to yourself and your family. There will be details on everything from cremation and memorial services to travel protection and transferability. For veterans, we offer a special Veterans Planning Guide to help secure available VA burial benefits. A complimentary meal will be served. **RSVP at 512-617-8759.**

Thursday, September 13, 10:00-11:45 am

FREE for Baca Members

Smart DriverTEK Workshop—NEW

The Smart DriverTEK is an educational program that helps drivers to understand current and evolving vehicle safety technologies, how to use them and to recognize how these technologies might enhance their driving safety and extend their safe driving years. AARP has teamed up with The Hartford to develop the workshop which provides drivers with the necessary tools to navigate modern vehicle technology. **Sign up by calling 1-877-805-4115.**

Thursday, September 20, 10:00-11:30 am

FREE for Baca members

WORKSHOPS

Origami Making Workshop

The ancient art of symmetrical paper folding began in Japan during the 17th Century. Origami develops hand-eye coordination, fine motor skills and mental concentration. The goal of this class is to transform colorful square sheets of paper into a finished sculpture through folding and sculptural techniques. All materials will be provided and the class will be instructed by Anita De la Cruz.

Thursday, September 20, 10:00-11:45 am Course #16953 \$5 for Baca Members

Beck Funeral Homes Advanced Planning Seminar

Join Beck and guests for an Advanced Planning Seminar with refreshments in a relaxing and friendly atmosphere and learn about the benefits of making funeral plans in advance. Attendees will receive a FREE information packet that includes a Thoughtful Decisions Guide, a complete funeral and cremation tribute planning guide. Guest speakers will include Crystal Wilcox, Agent for Farmers Insurance, who will discuss umbrella insurance and its benefits to you and your family. Learn how this type of insurance can protect you against major claims and lawsuits or provide additional coverage above and beyond your current homeowners or auto insurance. Efren Sanchez, Prearrangement Specialist, will explore the question of how advance funeral planning can help protect your loved ones and how you can give them comfort and peace of mind on one of the hardest days of their lives.

Thursday, September 27, 11:00-11:45 am Free for Baca members

Area Agency on Aging—Open Enrollment Workshop

AGE of Central Texas will host a special Open Enrollment Workshop with Medicare and Medicaid expert VeeCee Spear, from Barnett and Leuty, Elder Law Attorneys. VeeCee will discuss how Medicare and Medicaid each function, and what coverage updates and changes are expected for the coming year.

Thursday, October 4, 11:00-11:45 am Free for Baca members

Calligraphy Workshop

Calligraphy is the art of beautiful writing. The advantage of learning Calligraphy is that you can save money on creating your own invitations, cards, and many more creative ideas. Calligraphy markers come in various sizes and you will need to purchase your own Calligraphy marker in black, you choose the size and style. Calligraphy paper will be provided and the class will be instructed by Anita De la Cruz.

Thursday, October 18, 10:00-11:45 am Course #16956 \$5 for Baca Members

Family Eldercare Workshop

Family Eldercare will be joining us to introduce their essential programs which are designed to promote the health, well-being, and dignity of seniors and adults with disabilities. They will bring to life one of their most engaging programs, Lifetime Connection Without Walls, a telephone-based program that allows older adults to connect, learn, and have fun with others using their personal phone. You only grow old when you stop PLAYING!

Thursday, October 18, 11:00-11:45 am Free for Baca members

ADVERTISING



THE END OF ALZHEIMER'S
STARTS WITH *you.*

WALK TO END ALZHEIMER'S

Old Settler's Park, Round Rock
Sept. 15, 2018

REGISTER TODAY: ALZ.ORG/WALK



Medicare and More Open Enrollment

New 2019 Plans available:
Supplements, Advantage Plans, Drug Plans

For Free review and plan information:
Call Medicare Monica at **512-300-5502**
Or Email: monicagoodstein@yahoo.com

CINEMA MOVIES

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided to those watching the movie. Movies are always FREE and open to adults 50+.

Just Getting Started

Wednesday, September 19, 1:00-3:00 pm



An action comedy about an ex-FBI agent and ex-mob lawyer in the Witness Protection Program having to put aside their petty rivalry on the golf course to fend off a mob hit. Duke leads an ideal life but his status is threatened by the arrival of rich, arrogant Leo.

I Can Only Imagine

Wednesday, October 17, 1:00-3:00 pm



It's the song that brings ultimate hope to so many...often in the midst of life's most challenging moments. MercyMe lead singer Bart Millard wrote the lyrics that took a lifetime to craft. Bart hits the road and the band begins a journey none of them could ever have imagined.



Williamson County CAREGIVER CONFERENCE

Saturday, September 22nd

Wingate by Wyndham Round Rock Hotel & Conference Center

FREE
for Family
Caregivers!

- Nationally-renown keynote speaker
- Special sessions on topics vital to caregivers
- Access to regional resources and non-profit organizations serving Williamson County



Online Registration Now Open: www.TinyURL.com/WilcoCC2018
or call (512) 600-9275 -- free respite for older family members also available

DAY TRIPS & TIPS



If you like to see new places, museums, plays, restaurants, then you'll want to travel with the Baca Center.

Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities. Times and events are subject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and

any travel delays. Please arrive 15 minutes early to board the bus. ***Those that return to the bus more than 10 minutes late to the designated meet time may not be permitted on future trips for up to 6 months.***

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a personal caretaker specifically for the participant. Due

to the bus configuration and limited seating, all wheelchair participants must call Dawn to register for trips the day of registration at 8 am and it will be first-come, first-served. If a trip states no wheelchair it is due to the venue or no safe location to load/unload the lift. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website. An 8-20% gratuity may be charged. Snacks/water are permitted on the bus. For long trips, we may only stop for lunch, so bring food for later.

POLICY & PROCEDURES FOR TRIPS

Please check in with the driver before each trip. Bus picks up and drops off in front of the dining room. Payment is required at time of registration. Please do not show up more than 15 minutes prior to departure, the building may not be open. Participants are only allowed to save one seat on the bus for their travel companion. The seat you select is your seat for the entire trip. Participants are not permitted to meet us at the trip location and all participants that ride to a location must return on the bus.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 14 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund.

There will be NO substitutions allowed the day of a trip and no last minute show-ups. If you are not on the list for the trip, you will not be permitted to participate on the trip.

TRIPS, TRIPS, TRIPS

**REGISTRATION FOR FALL TRIPS BEGAN ON
AUGUST 28 AT 8:00 AM**

DON'T BE LATE, WE CAN'T WAIT!!!

**If you cancel LESS than 2 weeks in advance,
you will NOT get a refund or credit.**

Important Trip Reminders

Please review and follow our trip etiquette posted in the Baca bus. These guidelines are important to the success of our trips so everyone has a pleasant and memorable experience. If you have pictures you are willing to share from trips, please bring them on a zip drive or e-mail and we will upload the pictures to our flickr account. Since trip registration began in August, at the time of publication, some of the popular trips are already at capacity and are indicated under the course #. You are welcome to request to be put on the waitlist and will be contacted by phone should there be an opening. Please always make sure your phone number and e-mail are always current on your account so you don't miss out on a trip opportunity.

Follow the link to see trip/event pictures from the Baca Center.

<https://www.flickr.com/photos/95453830@N03/>

Hangar Hotel trip CANCELLED due to low registration.

Thursday, Sept. 6

Depart: 9:30 am

Return: 3:30 pm

Cost: \$8 (Meal OYO)

Where: Austin

Course #13898

GOLD RUSH VINYL & THE DOMAIN

Austin is now the home for Gold Rush Vinyl which produces 12" & 7" vinyl records for bands and musicians. We will get a personal tour of their pressing plant and then head over to the Domain for lunch and shopping on your own. There are several great restaurants and lots of shops and department stores at the Domain. The bus will drop off and pick up at the same central location.

www.goldrushvinyl.com

www.simon.com/mall/the-domain

Thursday, Sept. 13

Depart: 9:00 am

Return: 3:00 pm

Cost: \$8 (Meal OYO)

Where: Austin

Course #15325

AUSTIN CENTRAL LIBRARY & LAMBERTS

Join us for a tour of Austin's new Central Library that has 6 floors and 200,000' of space which includes a gift shop, café, art exhibits and a reading porch overlooking Lady Bird Lake. After our tour, we will go to Lambert's for slow cooked BBQ.

www.library.austintexas.gov/central-library

www.lambertsaustin.com

TRIPS, TRIPS, TRIPS

Sunday, Sept. 16

Depart: 12:30 pm

Return: 5:30 pm

Cost: \$25 (Ticket Incl.)

Where: Lockhart

Course #15327

CEMETARY CLUB AT GASLIGHT BAKER THEATER

Three Jewish widows meet once a month for tea before going to visit their husband's graves. Ida is sweet tempered and ready for a new life; Lucille is feisty and Doris is priggish and judgmental. Sam the butcher meets the ladies while visiting his wife's grave. Doris and Lucille squash the budding romance between Sam and Ida. The ladies are quilt-stricken when this nearly breaks Ida's heart.

www.mygbt.org

Tuesday, Sept. 18

Depart: 8:30 am

Return: 5:30 pm

Cost: \$25 (Ticket Incl. & Meal OYO)

Where: La Grange

Course #15328

LA GRANGE QUILT MUSEUM & SHOPPING

The La Grange Quilt Museum will feature quilts by Sue Garman and antique quilts from UT Dolph Briscoe Center's quilt collection along with a beautiful garden and outdoor mural. After our visit to the quilt museum, there will be plenty of on your own shopping and restaurants for lunch.

www.texasquiltmuseum.org

Tuesday, Sept. 25

Depart: 8:30 am

Return: 5:30 pm

Cost: \$12 (Meal OYO)

Where: Wimberley

Course #15329

WIMBERLEY

Join us for a fun filled day in Wimberley which has plenty of unique shops and restaurants to choose from. The bus will drop everyone off in downtown Wimberley for on your own shopping and dining.

www.visitwimberley.com

Thursday, Sept. 27

Depart: 1:00 pm

Return: 9:00 pm

Cost: \$12 (Meal OYO)

Where: San Antonio

Course #15330

SA RIVERWALK & MAGIC TIME MACHINE

Our first stop will be the Riverwalk for shopping and then we will drive over to a unique restaurant that sets itself apart by their zany cast of characters who transport guests into another point in time. All servers dress in costumes representing culture icons from the past, present and future. There are no two seating areas alike and you can sit at the Sweethearts Table, in The Attic, a Thatched Hut or even an old refrigerator box. They offer a salad/soup bar like no other and hand-cut steaks.

www.magictimemachine.com

Tuesday, Oct. 2

Depart: 9:00 am

Return: 4:00 pm

Cost: \$10 (Ticket Incl. & Meal OYO)

Where: Pflugerville

Course #15331

SPIRIT OF TX DISTILLERY & PECAN STREET STATION

Our day will begin with a tour of the Spirit of Texas Independent Distillery of Rum. We will get a tour and then tastings will be on your own. After the tour, we will go to Pecan Street Station for lunch. The restaurant offers a salad bar and great prices.

www.spiritoftx.com

www.pecanstreetstation.com

TRIPS, TRIPS, TRIPS

Friday, Oct. 5

Depart: 7:00 am

Return: 7:00 pm

Cost: \$42 (Ticket Incl.)

Where: Dallas

Course #15332

STATE FAIR OF TEXAS

The State Fair of Texas is a tradition like no other and has been a staple of Texas since 1886. Whether you enjoy live music, midway games, agriculture, food, shopping and rides or any of the other activities around the park, anyone can have a great time. This is a great opportunity to try some of the most unique foods you can find on earth. There will be lots of walking and all the fair activities are on your own.

www.bigtex.com

Tuesday, Oct. 9

Depart: 9:00 am

Return: 4:00 pm

Cost: \$12 (Ticket Incl. & Meal OYO)

Where: Austin

Course #15333

UMLAUF SCULPTURE GARDEN & ZILKER GARDENS

We will get a guided tour of Umlauf Sculpture Garden which features 200 sculptures, paintings and drawings by American sculptor Charles Umlauf. After our hour tour at Umlauf, we will travel to Shady Grove for lunch. After lunch, we will go to Zilker Gardens for a guided tour of the beautiful gardens. Bring \$2 cash for Zilker tour.

www.umlaufulsculpture.org

www.theshadygrove.com

www.zilker garden.org

Sunday, Oct. 14

Depart: 9:00 am

Return: 1:00 pm

Cost: \$8 (Meal OYO)

Where: Austin

Course #15334

BANGERS SAUSAGE HOUSE & BEER GARDEN

Join us for brunch and an old fashioned good time. They offer Sunday brunch and all forms of Americana & country music. They serve quality food, made from scratch. They will not reserve seats but we will get there early to make sure we get seats.

www.bangersaustin.com

Friday, Oct. 19

Depart: 8:30 am

Return: 3:30 pm

Cost: \$8 (Meal OYO)

Where: Temple

Course #15335

WALKER HONEY FARM & CLEM MIKESKA'S BBQ

Join us for a *Bee to Bottle* walking tour of this honey farm. Our tour guide will walk us through the several paths their honey takes from the beehive to the many bottles it will inhabit. After our honey tour, we will travel to Clem Mikeska's for lunch.

www.walkerhoneyfarm.com

www.clembbq.com/menu-temple

Sunday, Oct. 21

Depart: 12:30 pm

Return: 5:30 pm

Cost: \$25 (Ticket Incl.)

Where: Lockhart

Course #15336

ALMOST, MAINE AT GASLIGHT BAKER THEATER

All is not right in the small mystical town of Almost, Maine. Almost's residents find themselves falling in and out of love in unexpected and often hilarious ways. Knees are bruised and hearts are broken. But the bruises heal and the hearts mend in this delightful midwinter night's dream.

www.mygbt.org

TRIPS, TRIPS, TRIPS

Tuesday, Oct. 23

Depart: 8:00 am

Return: 6:00 pm

Cost: \$17 (Meal OYO)

Where: Waco

Course #15337

MAGNOLIA MARKET AND SPICE VILLAGE

Magnolia Market keeps growing and changing. They have opened their own bakery shop, garden area and food truck area at the silos. We will spend a few hours at Magnolia and then head over to Spice Village shopping center for lunch and shopping. Restaurants are Cricket's, Olive Branch, Wing Stop and Ninfa's are just a few to choose from for lunch.

www.magnolia.com

www.spicewaco.com

Thursday, Oct. 25

Depart: 8:30 am

Return: 3:30 pm

Cost: \$13 (Meal OYO)

Where: Austin

Course #15338

NATURAL GARDENER

This trip is open to garden club members only until August 29 and at that time it will open to all others. We will get a private tour at this world-class gardening destination known for its pioneering work in organic gardening and sustainable living. We will visit the nursery, garden store, display gardens and much more. After the tour, we will go to Jack Allen's Kitchen for lunch.

www.naturalgardeneraustin.com

www.jackallenskitchen.com

Saturday, Oct. 27

Depart: 7:00 am

Return: 7:00 pm

Cost: \$26 (Meal OYO)

Where: Waxahachie

Course #15339

TEXAS COUNTRY REPORTER FESTIVAL

Bob and Kelly Phillips from Texas Country Reporter host this great festival on the courthouse square in Waxahachie. Not only can you meet Bob and Kelly but they always have other special guests at the festival. Get in line early if you wish to meet them and get an autograph. The festival will feature artists, craftsmen, food and live entertainment for everyone to enjoy. Many of the vendors where featured on the Texas Country Reporter show and their items are available for purchase.

www.texascountryreporter.com/festival

Monday, Oct. 29

Depart: 8:30 am

Return: 5:30 pm

Cost: \$35 (Ticket Incl. & Meal OYO)

Where: College Station

Course #15340

GEORGE H.W. BUSH LIBRARY & ROYALTY PECANS

Join us for a tour of the library which will feature Leonardo da Vinci's Machines in Motion along with exhibits about George H.W. Bush before, during and after his Presidency. We will spend about an hour at the library and then go to lunch at Koppe Bridge Grill which boasts to have the "best big burger" in town. Before heading home, we will stop at Royalty Pecans for a private tour through the trees as we hear the story of the farm. We will stop by their store for shopping and samples before heading home.

www.bush41.org

www.koppebridge.com

www.royaltypespecans.com

TRIPS, TRIPS, TRIPS

Thursday, Nov. 1

Depart: 7:00 am
Return: 7:00 pm
Cost: \$26 (Ticket Incl.)
Where: Canton
Course #15341

CANTON TRADE DAYS

This market is one of the biggest in Texas and we will avoid the large crowds by shopping on Thursday. There are many buildings and over 200 vendors. This is a great opportunity to start that holiday shopping.

www.firstmondaycanton.com

Tuesday, Nov. 6

Depart: 8:30 am
Return: 5:30 pm
Cost: \$14 (Meal OYO)
Where: Gruene
Course #15342

GRUENE HISTORIC DISTRICT

We will travel to the picturesque town of Gruene for shopping and dining. There are several places to eat and shop and feel free to stop in at Gruene Hall for an adult beverage.

www.gruenetexas.com

Thursday, Nov. 8

Depart: 8:30 am
Return: 5:30 pm
Cost: \$14 (Meal OYO)
Where: Bastrop
Course #15343

BASTROP

We will travel to Bastrop for shopping and lunch. The bus will drop the group off on the square and everyone is on their own for shopping and lunch. There are lots of places to shop and eat.

www.cityofbastrop.org

Wednesday, Nov. 14

Depart: 7:00 am
Return: 7:00 pm
Cost: \$35 (Ticket Incl. & Meal OYO)
Where: Dallas
Course #15344

FRONTIERS OF FLIGHT & THANKS-GIVING SQUARE

Our first stop will be at the Frontiers of Flight Museum where we will explore the history and progress of aviation. We will stop and eat lunch at Katy Ice House before heading over to Thanks-giving Square which was designed to inspire gratitude and to honor the great American and world traditions of Thanksgiving. It serves as a common ground where people of all cultures and religions are welcome. We will tour the beautiful grounds, hall and chapel. The architecture and features of the chapel are spectacular. President Gerald Ford recognized the square as "a major national shrine". Please bring a \$2 cash donation for the chapel.

www.museumofflight.org

www.thanksgiving.org

www.katyicehouse.com

Tuesday, Nov. 27

Depart: 8:00 am
Return: 6:00 pm
Cost: \$17 (Meal OYO)
Where: Kyle
Course #15345

KYLE

Join us for a special tour of Kyle by the Chamber of Commerce. We will visit a few historic sites, shop and have lunch at Texas Pie Company. Kyle is known as "The Pie Capital of Texas" so make sure you try some homemade pie.

www.texaspiecompany.com

TRIPS, TRIPS, TRIPS

Thursday, Nov. 29

Depart: 8:30 am
Return: 4:30 pm
Cost: \$15 (Meal OYO)
Where: Seguin
Course #15346

SEGUIN

Join us for lots of shopping and lunch. There are lots of shops downtown including Traveling Gypsy, Strictly Seguin & Bling. For lunch, we will head over to the Power Plant Texas Grill. The restaurant was the former location of the Seguin power plant which has a great lunch menu and views of the river.

www.seguintexas.gov

www.seguinpowerplant.com

Tuesday, Dec. 4

Depart: 10:00 am
Return: 3:00 pm
Cost: \$10 (Meal OYO)
Where: Austin
Course #15347

THE OASIS ON LAKE TRAVIS

It has been a few years since we traveled to The Oasis on Lake Travis so we are heading that way for lunch and views. The establishment will be decorated for the holidays and each room has its own theme.

www.oasis-austin.com

Thursday, Dec. 6

Depart: 11:00 am
Return: 6:00 pm
Cost: \$94 (Ticket Incl.)
Where: San Antonio
Course #13899
FULL

PHANTOM OF THE OPERA AT THE MAJESTIC THEATER

We will travel to the beautiful Majestic Theater in San Antonio for a spectacular performance of Cameron Mackintosh's new production of Andrew Lloyd Webber's The Phantom of the Opera. The production, retains the beloved story and thrilling score, boasts exciting new special effects, scenic and lighting designs and has been hailed by critics as "bigger and better than ever before." Seats will be located in the Mezzanine.

www.majesticempire.com

Sunday, Dec. 9

Depart: 12:30 pm
Return: 5:30 pm
Cost: \$25 (Ticket Incl.)
Where: Lockhart
Course #15348

YOU BETTER WATCH OUT—GASLIGHT BAKER THEATER

Jenny and Tom of Willow Inn are having Art (Jenny's father) come see their bed and breakfast for the first time. Travelers are forced to lodge at the inn due to a raging snowstorm. Travelers Rudy and Marsha who run a costume business and a mysterious man who claims to be in the delivery business named Mr. Smith. The inn's handyperson Andy sees who Mr. Smith really is, the spirit of Christmas. Andy must help him make Art, who's in a very dark place, see the joy of Christmas and who Mr. Smith really is!

www.mygbt.org

Thursday, Dec. 13

Depart: 2:30 pm
Return: 10:30 pm
Cost: \$12 (Meal OYO)
Where: Lockhart
Course #15349

HOLIDAY LIGHTS IN LOCKHART

Join us as we travel to the BBQ Capital of Texas to shop, eat and see spectacular holiday lights. The bus will drop everyone off in downtown for shopping, strolling and dinner. There are several great BBQ places to choose from and some only take cash or check. Make sure you check out the beautiful courthouse that will be lit up with lights.

www.lockhartchamber.com

HIKING TRIPS

The hiking trips are ONLY for those that are on the current hiking list. You MUST be able to walk at a steady pace for 3-5 miles or more. Some hikes will have a guide and some will be on your own. Please make sure you bring at least 2 bottles of water, sunscreen, appropriate clothing and shoes. To get on the list, please stop by the front desk.

Friday, Sept. 21

Depart: 8:00 am

Return: 4:00 pm

Cost: \$20 (Meal OYO)

Where: Spring

Course #15350

HONEY CREEK HIKE

Honey Creek is only accessed by a guided tour. The park is 2,293 acres located in western Comal County. The park, once a ranch has a large vegetative diversity and is a nesting site for the threatened golden-cheeked warbler. Bring a sac lunch, entrance is free.

www.tpwd.texas.gov/state-parks/honey-creek

Thursday, Oct. 11

Depart: 8:30 am

Return: 3:30 pm

Cost: \$12 (Meal OYO)

Where: Austin

Course #15351

ONION CREEK HIKE

Onion Creek Trail is a 3.6 mile lightly trafficked loop trail located near Del Valle that features a river and is rated as moderate. The trail offers a number of activity options and is accessible year-round. Bring a sac lunch, entrance is free.

www.alltrails.com/trail/us/texas/onion-creek

Friday, Nov. 16

Depart: 8:30 am

Return: 3:30 pm

Cost: \$11 (Meal OYO)

Where: Lakeway

Course #15352

HAMILTON GREENBELT HIKE

Located in Lakeway, Hamilton Greenbelt is a 5.1 mile moderately trafficked out and back trail located near Austin that offers scenic views and is good for all skill levels. The trail is primarily used for hiking, walking, nature trips, and birding. Bring a sac lunch, entrance is free.

www.lakeway-tx.gov/127/Hamilton-Greenbelts

SAVE THE DATES

8-Ball Pool Tournament—Monday, November 5, 11:00 am

USO Show—Thursday, November 8, 1:00 pm

Veteran's Dinner—Thursday, November 8, 6:00-8:00 pm

Register with the Baca front desk—Course #18970

Thanksgiving Luncheon—Tuesday, November 13, 11:30 am

Holiday Luncheon—Wednesday, December 19, 11:30 am

Please register with the lunchroom for the luncheons

OFFICE HOURS

Monday-Thursday—8 am-6 pm
Friday—8 am-4 pm
Saturday & Sunday—CLOSED
*Monetary transactions close
30 minutes prior to closing.*

WEIGHT ROOM HOURS

Monday-Thursday—8 am-8 pm
Friday—8 am-4 pm
Saturday & Sunday—9 am-noon
Orientation: Wednesday at 11 am

Allen R. Baca Center
301 W. Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Opportunities Lunch Reservation

512-255-4970

Para Transit Services

512-244-7433

Center Holiday Closures:

September 3—Labor Day
November 12—Veteran's Day
Thanksgiving—Nov. 22 & 23
Christmas—Dec. 24 & 25

