



Baca Buzz

Volume 10, Issue 6

November/December 2018

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Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

Veterans Day Brunch

Calling all Veterans and their families. Please join Round Rock High School Student Council for a FREE brunch. Breakfast food and beverages will be provided. Please register with the front desk to ensure enough food for everyone.

Saturday, Nov. 10, 10:00 am-1:00 pm

Course #18970

USO Show

Join the Baca Center for a USO style show to honor those that have served in our armed forces. The Baca Center string band will perform at 11 am and the show will begin at 1 pm with Patsy Cline, Elvis and Bob Hope just to name a few of the performers.

Thursday, November 8, 1:00 pm

Holiday Luncheons

Join OWBC and the Baca Center for our annual Holiday Luncheons. The Thanksgiving luncheon will take place on Wednesday, November 14 at 11:30 am. The Holiday Luncheon will take place on Wednesday, December 19 at 11:30 am. There will be a special performance at the Holiday luncheon. Please make sure you register with OWBC by calling **512-255-4970**. Dessert will be provided by the Baca Center for both luncheons.

Wednesday, Nov. 14, 11:30 am

Wednesday, Dec. 19, 11:30 am

8-Ball Pool Tournament

Join the Baca Center for our annual Pool Tournament taking place at Fast Eddie's Billiards, 100 Parker Dr. on Monday, November 5 at 11 am. The tournament is free for Baca members and \$5 for all others. Participants must be registered by noon on Friday, November 2. First and Second Place winners will receive prizes in the form of gift cards. This will be a double elimination and partners will be chosen by a drawing upon arrival. Register early so we can ensure enough participants to make enough teams for exciting play. All participants must sign an agreement at time of registration.

Monday, November 5, 11:00 am-3:00 pm

Course #12282

WEEKLY & MONTHLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
10:10-11:10 am Beg. Line Dance*—\$3 10:30-11:00 am Sittercize 12:30-4:30 pm American Mah Jong Club EXPERIENCED 12:45-3:30 pm Dominoes “42” 12:30 am-4:00 pm Pinochle 1:00-2:30 pm Writing Club 1:00-4:00 pm Pickleball 1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner	9:00-11:00 am Wood Carvers 10:00 am-2:00 pm Crafty Critters 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle ADVANCED PLAY 12:45-4:00 pm Texas Canasta 1:00-3:00pm Klub Karaoke 4th week is rehearsal for performance group only 6:30-9:00 pm Evening Bridge ADVANCED PLAY & MUST have partner	8:00-11:00 am Pickleball 10:00-11:30am Mexican Train 10:30-11:00am Sittercize 12:30-3:30pm Dominoes “42” 1:00-3:00 pm Latin Dancing 1:00-4:00 pm Spades	9:00-11:00 am Windjammers 10:00-11:30 am Writing Club 10:30-11:00 am Sittercize 12:30-4:00 pm Bridge for Fun 12:30-3:45 pm Racehorse Canasta 1:00-2:30 pm Conversational Spanish Class 1:00-3:00 pm Tejano Time & Performance Group Practice	10:00-11:30 am Bingo*—\$2 Intro to Tai Chi*—\$3 12:30-3:30 pm Mexican Train Hand/Foot Canasta 1:00-2:30 pm Sing-A-Long 1:00-3:00 pm Rummikub <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> *Requires registration and fee, non-members pay an additional \$1 walk-in fee. </div>	9:30-11 am Computer Support*— \$5 Baca members ONLY MUST register by 5 pm Wed. prior

Times listed are start times, arrive at least 15 minutes early if you wish to participate

<u>Monthly Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Wednesday	1:00-3:00 pm
AARP—general meeting	2nd Wednesday	1:15-3:15 pm
AARP—board meeting	3rd Wednesday	1:15-2:15 pm
Benefits Counseling—one-on-one	1st Wednesday	9:00-11:00 am
Book Discussion	2nd Tuesday	1:00-2:00 pm
Bunco	1st & 3rd Tuesday	6:30-8:30 pm
Cinema Movie	3rd Wednesday	1:00-3:00 pm
Daffodil Dolls	1st Wednesday	10:30-11:30 am
Garden Club	1st Monday	9:00 am-11:00 am
Gospel Hour	4th Tuesday	11:00 am-12:00 pm
Performance Group Entertainment	December 20	1:00 pm
Mah Jongg (American)—Experienced	3rd Wednesday	9:30 am-12:30 pm
Round Rock New Neighbors Cards	3rd Wednesday	9:30 am-12:30 pm
Spanish Sing-A-Long	1st Thursday	10:00-11:30 am

FALL GROUP EXERCISE CLASSES

The Baca Center values health and exercise and provides group exercise classes to our members with weight room for FREE! Non-Members must pay the drop in rate of \$3/class. All participants must have a pass to enter. Please be courteous and respectful to other participants and our instructors by being early to class. Class participation is limited based on space & equipment. Thank you & enjoy the Group Exercise classes at the Baca Center!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weight Training 8:00-8:45 am Jade Aerobics Room Cardio N' Balance 9:00-9:50 am Jennifer Meeting Room 2 PI-BarrCore Gold 10:00-10:50 am Denise Meeting Room 2	Body Sculpting 8:00-8:45am Jade Aerobics Room Cardio I 9:00-9:45 am Selve Aerobics Room Piloxing Lite 10:00-10:45 am Selve Aerobics Room	Weight Training 8:00-8:45 am Jade Aerobics Room Strength & Stretch 9:00-9:50 am Jennifer Meeting Room 2 Power Challenge 10:00-10:50 am Melanie Meeting Room 2 Zumba 10:15-11:00 am Selve Aerobics Room WR Orientation 11:00 am Weight Room Denise	Cardio I 8:30-9:15 am Selve Aerobics Room Barre Above 9:30-10:15 am Christa Aerobics Room	Power Challenge 8:00-8:45 am Denise Aerobics Room Flex N' Stretch 9:00-9:45 am Denise Meeting Room 2	Zumba 10:30-11:30 am Selve Aerobics Room
NO GROUP EXERCISE DEC. 23-JAN. 1		Visit the Round Rock Parks and Recreation Facebook page and join the RockActive Facebook GROUP for all your fitness news and schedule updates.			

Group Exercise Class Guidelines

1. Tickets for Group Exercise Classes will be handed out **15 minutes** before class starts. Check in and receive your ticket at the Baca Center front desk. **Only 1 card for a class can be picked up at a time.**
2. Baca members must present their membership card to validate a current membership. Baca non-members will pay the drop in rate of \$3/class.
3. There must be a minimum of 5 participants in class or it will be cancelled.
4. Participants must give their group ex instructor their ticket at the beginning of class. Participants without a ticket will not be able to attend a Group Exercise Class.
5. Appropriate exercise clothing is required and non-marking athletic shoes. No participants allowed to enter class 5 minutes after the start of class.
6. Class descriptions are available at the front desk.

Opportunities for Williamson & Burnet Counties

Opportunities offers a well-balanced lunch Monday-Friday at 11:45 am for Williamson & Burnet County residents. Opportunities members pay \$3 for meals. Meals are \$7 for non-members. Menu is available online or at the Baca Center & subject to change:

<http://www.opportunitiesforwbc.org/>

512-255-4970

ORGANIZATIONS & CLUBS

BENEFITS COUNSELING—1st Wednesday, 9:00-11:00 am

November 7 & December 5 in the Baca Center Lobby—Visit with Nancy Kind, Volunteer Benefits Counselor from the Area on Aging, if you are new to Medicare or if you have questions about Medicare and its programs.

AARP—2nd Wednesday, 1:15 pm

November 14—Program of interest

December 12—Program of interest

ART CLUB—1st & 3rd Wednesday, 1:00 pm business meeting & demo at 1:30 pm

November 7—Business meeting and art critique: bring your artwork to share and discuss

November 21—Business meeting and art demo

December 5—Business meeting and art critique; bring your artwork to share and discuss

December 19—NO meeting; enjoy your holidays

BOOK DISCUSSIONS GROUP—2nd Tuesday, 1:00 pm

November 13—“Coupe de Grace,” by Marguirite Yourcenar

December 11—“Persuasion,” by Jane Austen (final session of the series)

For more information, contact the Baca front desk

GARDEN CLUB—1st Monday, 9:00 am

November 5—“Landscaping with Ornamental Trees,” by Jane Bowman

December 3—Holiday gift exchange; bring \$10 gift

WRITING CLUB—Mondays, 1-2:30 pm & Thursdays, 10-11:30 am

The Writing Club is what you make it: read your own stories or poetry, the work of others or just come to listen. Select the day that fits your schedule best or attend both meetings. Join this fun and entertaining group now!! Contact bacawritingclub@gmail.com for more information about the group.



AARP Driver Safety Course

Tuesday, November 13, 8:30 am-12:30 pm—FULL

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. You must pre-register at the Baca front desk. Course does not dismiss traffic violations.

\$15 for AARP members & \$20 for non-members

payable by CHECK ONLY to AARP.

For online course: www.aarpdriversafety.org

PROGRAMS & CLASSES

American Mah Jongg Experienced Player Group

Experienced players meet on the 3rd Wednesday, 9:30 am-12:30 pm. Contact Terry at mahj3bc@gmail.com to be added to the players list. Please RSVP to the group leader in advance if you wish to participate.

Ultra Beginner Line Dancing

Join Barbara Langham as she teaches the very basic steps to line dancing. Participants will learn the grapevine, kick-step and more. This program does not require any previous dancing experience and will help you move up to the beginning/intermediate line dance class. Moving up to the beginning/intermediate class will be with instructor approval and may take more than one Ultra Beginner session to meet the skills of the beginning/intermediate class.

Tuesdays, Nov. 6-20, 2:00-3:00 pm **Cost is \$9/for 3 classes** **Course #15138**
No December class

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

Wednesdays, Nov. 7-28—9:00-10:00 am **\$38/4 classes** **Course #17752**
Wednesdays, Dec. 5-19—9:00-10:00 am **\$29/3 classes** **Course #17753**

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Wednesday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills. No class on Nov. 24, Dec. 21 & 29.

Saturdays in Nov. & Dec., 9:30 am-11:00 am **\$5 for Baca members only**

Beginning & Intermediate Kupuna Hula

All Kupuna Hula will meet at 1:45 for basic instruction, technique, Hawaiian language and history. Intermediate will continue at 2:45 in the next class to learn more advanced techniques and dances. Dancers will wear black T-shirts and a pa'u skirt or wrap. Bring a three-ring binder. You cannot join the program after the 2nd class due to missing critical information in the first two classes. Instructor approval is needed for the Intermediate class. No class on 11/23 & 12/28.

Fridays, Nov. 2-Jan. 11, 1:45 pm (all participants) **FREE for Baca members**

PROGRAMS & CLASSES

Performance Group Entertainment

Have you ever wanted to perform in a stage show? Don't let this opportunity pass you by. If you want to sing, dance, tell a story, do a skit, a comedy routine, etc., there will be a sign up sheet posted on the west side of the kiosk. Please give us your **first & last name**; how we can contact you and what you want to do for the show. Names cannot be added after sign-up end date and no phone calls to add your name. The group meets every Thursday at 1:00 and has a special performance on the last Thursday at 1 pm in the grand room. For those in the show there is a mandatory rehearsal at 1 pm the Tuesday prior to the performance date.

No November Show

Dec. 20, "Rockin' Around the Christmas Tree"

Technology Workshop by Students of Service—NEW

Do you have an electronic device, cell phone, ipad, Apple watch, etc. that you wish you knew how to use better or more efficiently? Join SOS (Students of Service) high school students and let them help you gain more knowledge about your devices. You must register in advance but the workshop is free for Baca members.

Saturday, December 15, 10:00 am-noon

Course #22072

Crafty Critters—You're Never Too Old to Give Back

This group gives so much back to the community. They make bags for the homeless; beanies for premature babies; pillows for those with breast cancer and much more. This lovely group of ladies and gents have been working really hard this year to provide as much as possible for the community. They have been highlighted by the Parks and Recreation Department and you can view their video by following the link to youtube or type in crafty critters Round Rock:

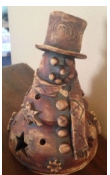
<https://www.youtube.com/watch?list=PLk7nkdisby9hBljySr2K94MP4gT8RYbq9&v=PACaUhp-cPU>

Gospel Hour Has Returned

Do you love singing Gospel songs or listening to gospel music? This group will meet on the 4th Tuesday of each month at 11 am. Come to sing or listen to the beautiful gospel music.

4th Tuesday, 11:00 am

The Sippin' Naked Snowman Event—NEW



(Don't worry the pottery is naked not you!) Bring your favorite adult beverage to sip on while you create with clay! This is a two session class. For the first class, you get to pick a vessel that was thrown on the pottery wheel (shapes vary). The vessel is still in its wet clay stage, and each participant will get an extra 1/2 pound clump of clay to use for additions to your creation. You can cut into it, add to it, whatever your hearts desire. The boundaries are only limited by your imagination! (If you have your own pottery tools feel free to bring them and use them, but tools/ textures, cookie cutters and paints will be provided). At the last class you will paint your creation to take home! Don't forget to bring that beverage to sip on while you create and paint!

Saturdays, December 8 & 15, 1:00-3:00 pm

Cost: \$10

Course #21908

SPECIAL EVENTS

Let's Dance

Have fun, exercise and socialize at the same time! Join your friends on the first Friday of each month for a social dance. Lemonade and coffee are provided, however you can bring your own beverages and snacks. No guests, under age 50. **Please register in advance.** Join the group for free line dance lessons at 6:30 pm. The November dance is FREE for members and \$5 for non-members. The December dance will have live music by "Whitestone" and will be \$5 for members and \$10 for non-members. Note the December dance is the 2nd Friday of the month.

Friday, November 2—#11289, 7:00-9:30 pm

Friday, December 14—#11290, 7:00-9:30 pm

Feliz Navidad Fiesta Lobby Party

Join the Baca Center for our 5th Annual Lobby Party. In keeping with the tradition, this year's theme will be Feliz Navidad. There will be music, dancing, food and beverages. The event is free for members and \$5 for non-members.

Thursday, December 20, 1:00 pm

WORKSHOP

Join Williamson County and Baylor Scott & White Health to discuss topics including challenges you face on your journey for better health, tools you need or want to be healthier, and what community resources are most helpful. Come for dinner, discussion and giveaways! This community listening session will be held from 5:30-7:30 pm on Wednesday, November 7. Please register to participate in this free event designed to identify the most important issues facing your community, please call 1.844.BSW.DOCS.

Wednesday, November 7, 5:30-7:30 pm

Nut Sales & Cracking

The Baca Center is once again selling a variety of nuts listed below and offering nutcracking November 1 through January 31 for 50¢ per pound. Nuts with insects, mildew, wet or very small will NOT be cracked. Nuts will be inspected prior to accepting them for cracking. All nuts must be in a **tub/bucket with name & phone #; no bags please.**

We are expecting the shipment of nuts to arrive by November 1, however they could be delayed so call before you stop by to purchase. Most will be in 1 lb. re-sealable bags.

Here is a list of available nuts and prices:

Pecan Large Pieces—\$10.00	Pecan Halves—\$10.00	Fiesta Mix—\$4.00
Chocolate Pecans—\$8.00	Cinnamon Pecans—\$8.00	Trash Mix—\$4.00
Praline Pecans—\$8.00	Roasted Cashews—\$9.00	Mountain Mix—\$5.00
Chocolate Almonds—\$5.00	Roasted Almonds—\$7.00	Walnuts—\$8.00
Chocolate Peanuts—\$4.00	Whole Pecans—\$4.75/lb.	Whole Almonds—\$7.00
Hot & Spicy Peanuts—\$3.00	Honey Roasted Peanuts—\$4.00	Pistachios—\$8.00

ADVERTISING

Affordable & Licensed Long-Term Senior Care!

AGE of Central Texas Adult Day Health Center

- Providing daytime care for older adults with physical or cognitive needs in the longest-operating licensed, non-residential Adult Day Health Centers in Central Texas
- Supervised by full-time nursing and professional care staff, specializing in memory care
- Open Monday - Friday, 7:00 am - 5:30 pm
- All-inclusive: activities, meals and snacks, and transportation options
- Accepting Medicaid, Veteran's benefits, and private pay

**475 Round Rock West Drive, #120
(512) 255-4865 • www.AGEofCentralTX.org**

**Call
Today
for a
Tour!**



Medicare and More Open Enrollment

New 2019 Plans available:
Supplements, Advantage Plans, Drug Plans

**For Free review and plan information:
Call Medicare Monica at 512-300-5502**

Or Email: monicagoodstein@yahoo.com

CINEMA MOVIES

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided to those watching the movie. Movies are always FREE and open to adults 50+.

Book Club

Wednesday, November 21, 1:00-3:00 pm



To liven up the Book Clubs discussions, four friends decide to take on “50 Shades of Gray”. Reading it might be just the thing these women need to make over their love lives, from the bedroom to getting back into dating and rekindling an old romance.

Life of the Party

Wednesday, December 19, 1:00-3:00 pm



A devoted housewife who is all of a sudden dumped by her husband turns her pain and regret into an opportunity to go back to college. Taking a full leap into the college experience, this housewife soon finds herself embracing the excitement, freedom and even the frat guys on her very own terms.

Bring this card in for a chance to win a door prize!

holiday BAZAAR

Arts & Crafts Show

Saturday, November 10 2018
9:00am - 4:00pm
FREE ADMISSION

Shop the Rock till you drop!
Stuff for stockings, Sweets to eat,
Shiny things and gifts that sing!

ROUND ROCK PARKS AND RECREATION DEPARTMENT
CLAY MADSEN RECREATION CENTER
1600 GATTIS SCHOOL ROAD • ROUND ROCK, TX • 512-218-3220
[Facebook.com/RockinAroundTheHolidaysBazaar](https://www.facebook.com/RockinAroundTheHolidaysBazaar)

Bring a canned food item for the Round Rock Serving Center or colorful band-aids for a children's hospital.

MANDATORY GROUP LEADER/CO-LEADER MEETING

FRIDAY, JANUARY 18, 2019

1:00 PM GRAND MEETING ROOM #21630

Group leaders and/or co-leaders please plan on attending this mandatory meeting. We will go over new guidelines and leaders will sign the instructor requirements. Please plan on the meeting lasting one hour. Please keep in mind that this is the best way to update all leaders at the same time and all questions/suggestions can be addressed. We appreciate your time and efforts to make the Baca Center a great place for everyone. Please call the center at 512-218-5499 to register for the meeting.

DAY TRIPS & TIPS



If you like to see new places, museums, plays, restaurants, then you'll want to travel with the Baca Center.

Members may register one additional person (age 50+) per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities. Times and events are subject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and

any travel delays. Please arrive 15-30 minutes early to board the bus. ***Those that return to the bus more than 10 minutes late to the designated meet time may not be permitted on future trips for up to 6 months.***

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a personal caretaker specifically for the participant. Due

to the bus configuration and limited seating, all wheelchair participants must call Dawn to register for trips the day of registration at 8 am and it will be first-come, first-served. If a trip states no wheelchair it is due to the venue or no safe location to load/unload the lift. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website. An 8-20% gratuity may be charged. Snacks/water are permitted on the bus. For long trips, we may only stop for lunch, so bring food for later.

POLICY & PROCEDURES FOR TRIPS

Please check in with the driver before each trip. Bus picks up and drops off in front of the dining room. Payment is required at time of registration. Please do not show up more than 30 minutes prior to departure, the building may not be open. Participants are only allowed to save one seat on the bus for their travel companion. The seat you select is your seat for the entire trip. Participants are not permitted to meet us at the trip location and all participants that ride to a location must return on the bus.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF:**

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 14 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund.

There will be NO substitutions allowed the day of a trip and no last minute show-ups. If you are not on the list for the trip, you will not be permitted to participate on the trip.

TRIPS, TRIPS, TRIPS

**REGISTRATION FOR FALL TRIPS BEGAN ON
AUGUST 28 AT 8:00 AM**

DON'T BE LATE, WE CAN'T WAIT!!!

**If you cancel LESS than 2 weeks in advance,
you will NOT get a refund or credit.**

Important Trip Reminders

Please review and follow our trip etiquette posted in the Baca bus. These guidelines are important to the success of our trips so everyone has a pleasant and memorable experience. If you have pictures you are willing to share from trips, please e-mail the pictures and we will upload the pictures to our flickr account. Since trip registration began in August, at the time of publication, some of the popular trips are already at capacity and are indicated under the course #. You are welcome to be put on the waitlist and will be contacted by phone should there be an opening. Please always make sure your phone number and e-mail are always current on your account so you don't miss out on a trip opportunity.

Follow the link to see trip/event pictures from the Baca Center.

<https://www.flickr.com/photos/95453830@N03/>

Saturday, Oct. 27

Depart: 7:00 am

Return: 7:00 pm

Cost: \$26 (Meal OYO)

Where: Waxahachie

Course #15339

TEXAS COUNTRY REPORTER FESTIVAL

Bob and Kelly Phillips from Texas Country Reporter host this great festival on the courthouse square in Waxahachie. Not only can you meet Bob and Kelly but they always have other special guests at the festival. Get in line early if you wish to meet them and get an autograph. The festival will feature artists, craftsmen, food and live entertainment for everyone to enjoy. Many of the vendors were featured on the Texas Country Reporter show and their items are available for purchase.

www.texascountryreporter.com/festival

Monday, Oct. 29

Depart: 8:30 am

Return: 5:30 pm

Cost: \$35 (Ticket Incl. & Meal OYO)

Where: College Station

Course #15340

FULL

GEORGE H.W. BUSH LIBRARY & ROYALTY PECANS

Join us for a tour of the library which will feature Leonardo da Vinci's Machines in Motion along with exhibits about George H.W. Bush before, during and after his Presidency. We will spend about an hour at the library and then go to lunch at Koppe Bridge Grill which boasts to have the "best big burger" in town. Before heading home, we will stop at Royalty Pecans for a private tour through the trees as we hear the story of the farm. We will stop by their store for shopping and samples before heading home.

www.bush41.org

www.royaltypecans.com

www.koppebridge.com

TRIPS, TRIPS, TRIPS

Thursday, Nov. 1

Depart: 7:00 am
Return: 7:00 pm
Cost: \$26 (Ticket Incl.)
Where: Canton
Course #15341

CANTON TRADE DAYS

This market is one of the biggest in Texas and we will avoid the large crowds by shopping on Thursday. There are many buildings and over 200 vendors. This is a great opportunity to start that holiday shopping.

www.firstmondaycanton.com

Tuesday, Nov. 6

Depart: 8:30 am
Return: 5:30 pm
Cost: \$14 (Meal OYO)
Where: Gruene
Course #15342

GRUENE HISTORIC DISTRICT

We will travel to the picturesque town of Gruene for shopping and dining. There are several places to eat and shop and feel free to stop in at Gruene Hall for an adult beverage.

www.gruenetexas.com

Thursday, Nov. 8

Depart: 8:30 am
Return: 5:30 pm
Cost: \$14 (Meal OYO)
Where: Bastrop
Course #15343

BASTROP

We will travel to Bastrop for shopping and lunch. The bus will drop the group off on the square and everyone is on their own for shopping and lunch. There are lots of places to shop and eat.

www.cityofbastrop.org

Wednesday, Nov. 14

Depart: 7:00 am
Return: 7:00 pm
Cost: \$35 (Ticket Incl. & Meal OYO)
Where: Dallas
Course #15344

FRONTIERS OF FLIGHT & THANKS-GIVING SQUARE

Our first stop will be at the Frontiers of Flight Museum where we will explore the history and progress of aviation. We will stop and eat lunch at Katy Ice House before heading over to Thanks-giving Square which was designed to inspire gratitude and to honor the great American and world traditions of Thanksgiving. It serves as a common ground where people of all cultures and religions are welcome. We will tour the beautiful grounds, hall and chapel. The architecture and features of the chapel are spectacular. President Gerald Ford recognized the square as "a major national shrine". Please bring a \$2 cash donation for the chapel.

www.museumofflight.org

www.thanksgiving.org

www.katyclehouse.com

Tuesday, Nov. 27

Depart: 8:00 am
Return: 6:00 pm
Cost: \$17 (Meal OYO)
Where: Kyle
Course #15345

KYLE

Join us for a special tour of Kyle by the Chamber of Commerce. We will visit a few historic sites, shop and have lunch at Texas Pie Company. Kyle is known as "The Pie Capital of Texas" so make sure you try some homemade pie.

www.texaspiecompany.com

TRIPS, TRIPS, TRIPS

Thursday, Nov. 29

Depart: 8:30 am
Return: 4:30 pm
Cost: \$15 (Meal OYO)
Where: Seguin
Course #15346

SEGUIN

Join us for lots of shopping and lunch. There are lots of shops downtown including Traveling Gypsy, Strictly Seguin & Bling. For lunch, we will head over to the Power Plant Texas Grill. The restaurant was the former location of the Seguin power plant which has a great lunch menu and views of the river.

www.seguintexas.gov

www.seguinpowerplant.com

Tuesday, Dec. 4

Depart: 10:00 am
Return: 3:00 pm
Cost: \$10 (Meal OYO)
Where: Austin
Course #15347 FULL

THE OASIS ON LAKE TRAVIS

It has been a few years since we traveled to The Oasis on Lake Travis so we are heading that way for lunch and views. The establishment will be decorated for the holidays and each room has it's own theme.

www.oasis-austin.com

Thursday, Dec. 6

Depart: 11:00 am
Return: 6:00 pm
Cost: \$94 (Ticket Incl.)
Where: San Antonio
Course #13899 FULL

PHANTOM OF THE OPERA AT THE MAJESTIC THEATER

We will travel to the beautiful Majestic Theater in San Antonio for a spectacular performance of Cameron Mackintosh's new production of Andrew Lloyd Webber's The Phantom of the Opera. The production, retains the beloved story and thrilling score, boasts exciting new special effects, scenic and lighting designs and has been hailed by critics as "bigger and better than ever before." Seats will be located in the Mezzanine.

www.majesticempire.com

Sunday, Dec. 9

Depart: 12:30 pm
Return: 5:30 pm
Cost: \$25 (Ticket Incl.)
Where: Lockhart
Course #15348

YOU BETTER WATCH OUT—GASLIGHT BAKER THEATER

Jenny and Tom of Willow Inn are having Art (Jenny's father) come see their bed and breakfast for the first time. Travelers are forced to lodge at the inn due to a raging snowstorm. Travelers Rudy and Marsha who run a costume business and a mysterious man who claims to be in the delivery business named Mr. Smith. The inn's handyperson Andy sees who Mr. Smith really is, the spirit of Christmas. Andy must help him make Art, who's in a very dark place, see the joy of Christmas and who Mr. Smith really is!

www.mygibt.org

Thursday, Dec. 13

Depart: 2:30 pm
Return: 10:30 pm
Cost: \$12 (Meal OYO)
Where: Lockhart
Course #15349 FULL

HOLIDAY LIGHTS IN LOCKHART

Join us as we travel to the BBQ Capital of Texas to shop, eat and see spectacular holiday lights. The bus will drop everyone off in downtown for shopping, strolling and dinner. There are several great BBQ places to choose from and some only take cash or check. Make sure you check out the beautiful courthouse that will be lit up with lights.

www.lockhartchamber.com

HIKING TRIPS

The hiking trips are ONLY for those that are on the current hiking list. You MUST be able to walk at a steady pace for 3-5 miles or more. Some hikes will have a guide and some will be on your own. Please make sure you bring at least 2 bottles of water, sunscreen, appropriate clothing and shoes. To get on the list, please stop by the front desk.

Friday, Nov. 16

Depart: 8:30 am

Return: 3:30 pm

Cost: \$11 (Meal OYO)

Where: Lakeway

Course #15352

HAMILTON GREENBELT HIKE

Located in Lakeway, Hamilton Greenbelt is a 5.1 mile moderately trafficked out and back trail located near Austin that offers scenic views and is good for all skill levels. The trail is primarily used for hiking, walking, nature trips, and birding. Bring a sac lunch, entrance is free.

www.lakeway-tx.gov/127/Hamilton-Greenbelts

Important Baca Center Information

Programs:

The Baca Center will not offer official programs **December 22 through January 1**. We will use this time to clean out closets, cabinets and do an inventory of equipment. Please make sure all program cabinets are checked and cleared of any food. Any food not in a sealed container, will be thrown out. Programs wishing to still meet during this time will be responsible for their own set up of their room and equipment. Your regular room may not be available due to our cleaning schedule.

Trips:

The trips for February-May will be in the January/February *Baca Buzz*. Registration will take place beginning Tuesday, January 15 at the center or online at: www.roundrockrecreation.com. Please make sure your e-mail address and phone number are up-to-date. Our system automatically sends an e-mail reminder of any upcoming trips you are registered for two days in advance. The e-mail will come from *PARDCustomerservice* so also check your spam mail. We send important information regarding trips via e-mail and call if you do not have e-mail. Please make sure you check your e-mail or phone messages. Trip times may need to be changed from time to time so if we e-mail or leave a message it is your responsibility to make sure you arrive on time for trips. The bus driver is to stay with the bus and is only responsible for safely transporting to and from trips; the driver is not able to be a tour guide nor a personal caretaker.

The driver may give you their phone number while on a trip and it is ONLY for communication during a trip. This is their personal phone and after trip calls/texts are not appreciated. Feel free to call the Baca Center and leave a message that will be returned during office hours.

**SPRING TRIP (FEBRUARY-MAY)
REGISTRATION WILL TAKE PLACE
ON TUESDAY, JANUARY 15, 2019**

GRANNY BASKETBALL®

A gentle game for women of a certain age

ROCKETTES

Clay Madsen Recreation Center

1600 Gattis School Rd.

Round Rock, TX

512-218-3220

TUESDAYS, 5-7 PM

Local teams forming now! Join us as 50+ women learn how to play 1920s style, six-on-six Granny Basketball. Wear comfortable clothes and gym shoes.

(Please leave jewelry and long fingernails at home.)

Why do mature women play Granny Basketball?

- For fun and competitive exercise.
- To relive their youth.
- For another crack at the State Tournament.
- Wholesome, nostalgic, and sometimes humorous entertainment.
- Preserve the history of six-on-six basketball.
- And for charity. Granny Basketball players donate their time, talent and fees to selected charities and non-profit organizations.

Granny Basketball Rules (Abbreviated version)

1. A team consists of two guards, two forwards, and one or two centers, all of whom remain in their designated court.
2. The floor is divided into three courts.
3. No running or jumping. (Hurrying is allowed).
4. Two dribbles per possession per player.
5. No physical contact.
6. No timelines or lane restrictions
7. A game consists of four 8-minute quarters with a continuous clock, except for falls and fouls.
8. One time out per team per quarter
9. Three fouls only are allowed per player. Players are disqualified after the third foul.
10. 3 points are scored for underhand shots; 2 points for other field goals; 1 point for free throws.



1920s-style uniforms and rules

Team uniforms resemble the original girls' basketball uniforms of the 1920s:

- White blouse with numbered middie collar
- Black bloomers
- Knee socks or stockings of any (team) color
- Tennis shoes
- Hats, boas, scarves (optional)

No bare legs or upper arms may be revealed. (technical foul!)

Qualifications

Granny Basketball players are not required to have any previous experience. Granny Basketball players must...

- ✓ Be 50 years of age or older,
- ✓ Be able to sustain moderate physical activity for several minutes without collapsing,
- ✓ Furnish and maintain her own uniform,
- ✓ Be willing to perform in public, and
- ✓ Sign physical health disclaimer.

For more information, contact Linda, Texas Coordinator, 319-210-5608

or Robert Staton, Georgetown Rec Center, 512-930-1367.

Our website is: www.grannybasketball.com.

OFFICE HOURS

Monday-Thursday—8 am-6 pm

Friday—8 am-4 pm

Saturday & Sunday—CLOSED

Monetary transactions close

30 minutes prior to closing.

WEIGHT ROOM HOURS

Monday-Thursday—8 am-8 pm

Friday—8 am-4 pm

Saturday & Sunday—9 am-noon

Orientation: Wednesday at 11 am

Allen R. Baca Center
301 W. Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Opportunities Lunch Reservation

512-255-4970

Para Transit Services

512-244-7433

Center Holiday Closures:

November 12—Veteran's Day

Thanksgiving—Nov. 22 & 23

Christmas—Dec. 24 & 25

NO official programs

Dec. 24-Jan. 1

