



Baca Buzz

Volume 11, Issue 1

January/February 2019

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Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

January Membership Specials

The CMRC/Baca combo memberships and any CMRC yearly membership will be 10% off during the month of January ONLY. Those purchasing a one year membership in January will receive a Baca Center OR CMRC T-shirt *while supplies last*.

COMBO Memberships	Cost/Year	Jan. Special
CMRC/BACA Combo (21-49 years)	\$145	\$130.50
CMRC/BACA Combo (50+ years)	\$85	\$76.50
CMRC/BACA <u>Couple</u> Combo (50+ years)	\$160	\$144

Membership Definitions:

Couple—Any two (2) people who live in the same residence.

Senior Couple—One (1) adult 50+ and one (1) other adult (over 21) living in the same residence. Any person under the age of 50 would only have access to the weight room. Fitness programs are FREE with this membership but only for those 50+.

Adult—Adults who are 21 years of age and older.

Casablanca Afternoon

Join the Baca Center for a fun Casablanca-style afternoon with DJ Robert Rodriguez, dancing and refreshments. Affinity of Round Rock is sponsoring this event and will provide adult beverages and snacks. Wear your favorite WWII era personality costume such as Humphrey Bogart, Ingrid Bergman or maybe Paul Henreid. Make sure you register in advance so we can check your membership and ensure enough snacks and libations for everyone.

Friday, February 8, 2-4 pm

Course #23210

Free for members & \$5 for non-members

8-Ball Pool Tournament WINNERS



Lee Garcia took first place and Joe Trevino took second place at our annual 8-Ball Pool Tournament. Thank you to all the great pool players that participated this year. The tournament takes place each year the first Monday in November at Fast Eddie's. Look for information in the August/September *Baca Buzz* 2019.

WEEKLY & MONTHLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
10:10-11:10 am Beg. Line Dance*—\$3 10:30-11:00 am Sittercize 12:30-4:30 pm American Mah Jong Club EXPERIENCED 12:45-3:30 pm Dominoes “42” 12:30 am-4:00 pm Pinochle 1:00-2:30 pm Writing Club 1:00-4:00 pm Pickleball 1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner	9:00-11:00 am Wood Carvers 10:00 am-2:00 pm Crafty Critters 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle ADVANCED PLAY 12:45-4:00 pm Texas Canasta 1:00-3:00pm Klub Karaoke 4th week is rehearsal for performance group only 6:00-8:00 pm NEW—Pickleball 6:30-9:00 pm Evening Bridge ADVANCED PLAY & MUST have partner	8:00-11:00 am Pickleball 10:00-11:30am Mexican Train 10:30-11:00am Sittercize 12:30-3:30pm Dominoes “42” 1:00-3:00 pm Latin Dancing 1:00-4:00 pm Spades	9:00-11:00 am Windjammers 10:00-11:30 am Writing Club 10:30-11:00 am Sittercize 12:30-4:00 pm Bridge for Fun 12:30-3:45 pm Racehorse Canasta NEW—Cribbage 1:00-2:30 pm Conversational Spanish Class 1:00-3:00 pm Tejano Time & Performance Group Practice	10:00-11:30 am Bingo*—\$2 Intro to Tai Chi*—\$3 12:30-3:30 pm Mexican Train Hand/Foot Canasta 1:00-2:30 pm Sing-A-Long 1:00-3:00 pm Rummikub	9:30-11 am Computer Support*— \$5 Baca members ONLY MUST register by 5 pm Wed. prior
				*Requires registration and fee, non-members pay an additional \$1 walk-in fee.	

Times listed are start times, arrive at least 15 minutes early if you wish to participate

<u>Monthly Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Wednesday	1:00-3:00 pm
AARP—general meeting	2nd Wednesday	1:15-3:15 pm
AARP—board meeting	3rd Wednesday	1:15-2:15 pm
Benefits Counseling—one-on-one	1st Wednesday	9:00-11:00 am
Book Discussion	2nd Tuesday	1:00-2:00 pm
Bunco	1st & 3rd Tuesday	6:30-8:30 pm
Cinema Movie	3rd Wednesday	1:00-3:00 pm
Daffodil Dolls	1st Wednesday	10:30-11:30 am
Garden Club	1st Monday	9:00 am-11:00 am
Performance Group Entertainment	Jan. 24 & Feb. 28	1:00 pm
Mah Jongg (American)—Experienced	3rd Wednesday	9:30 am-12:30 pm
Round Rock New Neighbors Cards	3rd Wednesday	9:30 am-12:30 pm
Sing for Joy	4th Tuesday	11:00 am
Spanish Sing-A-Long	1st Thursday	10:00-11:30 am

SPRING GROUP EXERCISE CLASSES

The Baca Center values health and exercise and provides group exercise classes to our members with weight room for FREE! Non-Members must pay the drop in rate of \$3/class. All participants must have a pass to enter. Please be courteous and respectful to other participants and our instructors by being early to class. Class participation is limited based on space & equipment. Thank you & enjoy the Group Exercise classes at the Baca Center!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SCHEDULE WILL BE POSTED ON ROCKACTIVE, COPIES AVAILABLE AT THE BACA FRONT DESK AND & AN E-MAIL WILL BE SENT OUT TO MEMBERS BY JANUARY 2, 2019</p>					
		WR Orientation 11:00 am Weight Room			
			Visit the Round Rock Parks and Recreation Facebook page and join the RockActive Facebook GROUP for all your fitness news and schedule updates.		

Group Exercise Class Guidelines

1. Tickets for Group Exercise Classes will be handed out **15 minutes** before class starts. Check in and receive your ticket at the Baca Center front desk. **Only 1 card for a class can be picked up at a time.**
2. Baca members must present their membership card to validate a current membership. Baca non-members will pay the drop in rate of \$3/class.
3. There must be a minimum of 5 participants in class or it will be cancelled.
4. Participants must give their group ex instructor their ticket at the beginning of class. Participants without a ticket will not be able to attend a Group Exercise Class.
5. Appropriate exercise clothing is required and non-marking athletic shoes. No participants allowed to enter class 5 minutes after the start of class.
6. Class descriptions are available at the front desk.

Opportunities for Williamson & Burnet Counties

Opportunities offers a well-balanced lunch Monday-Friday at 11:45 am for Williamson & Burnet County residents. Opportunities clients pay \$3 for meals. Meals are \$7 for non-clients. Menu is available online or at the Baca Center & subject to change:

<http://www.opportunitiesforwbc.org/>

512-255-4970

ORGANIZATIONS & CLUBS

BENEFITS COUNSELING—1st Wednesday, 9:00-11:00 am

January 2 & February 6 in the Baca Center Lobby—Visit with Nancy Kind, Volunteer Benefits Counselor from the Area on Aging, if you are new to Medicare or if you have questions about Medicare and its programs.

AARP—2nd Wednesday, 1:15 pm

January 9—Jerry Brown from Williamson County will present on senior fraud and facts with prizes.

February 13—Program of interest

ART CLUB—1st & 3rd Wednesday, 1:00 pm business meeting & demo at 1:30 pm

January 2—Business meeting and art critique: bring your artwork to share and discuss

January 16—Business meeting and art demo

February 6—Business meeting and art critique; bring your artwork to share and discuss

February 20—Business meeting and art demo

BOOK DISCUSSIONS GROUP—2nd Tuesday, 1:00 pm

January 8—“Persuasion,” by Jane Austin (final session of the series)

February 12—“A Passion in the Desert,” by Honore de Balzac

For more information, contact the Baca front desk

GARDEN CLUB—1st Monday, 9:00 am

January 7—Member Forum

February 4—“Wicking Beds,” by Sheila Endres member of Leander Garden Club

WRITING CLUB—Mondays, 1-2:30 pm & Thursdays, 10-11:30 am

The Writing Club is what you make it: read your own stories or poetry, the work of others or just come to listen. Select the day that fits your schedule best or attend both meetings.

Join this fun and entertaining group now!! Contact bacawritingclub@gmail.com for more



AARP Driver Safety Course

Tuesday, January 15, 8:30 am-12:30 pm

Thursday, February 21, 5:00-9:00 pm

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*. Please check with your insurance provider. You must pre-register at the Baca front desk. Course does not dismiss traffic violations.

\$15 for AARP members & \$20 for non-members
payable by CHECK ONLY to AARP.

For online course: www.aarpdriversafety.org

PROGRAMS & CLASSES

American Mah Jongg Experienced Player Group

Experienced players meet on the 3rd Wednesday, 9:30 am-12:30 pm. Contact Terry at mahj3bc@gmail.com to be added to the players list. Please RSVP to the group leader in advance if you wish to participate.

Let's Dance

Have fun, exercise and socialize at the same time! Join your friends on the first Friday of each month for a social dance. Lemonade and coffee are provided, however you can bring your own beverages and snacks. No guests, under age 50. **Please register in advance**. Join the group for free line dance lessons at 6:30 pm.

Friday, January 4—#16638, 7:00-9:30 pm

Friday, February 1—#16639, 7:00-9:30 pm

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations.

Wednesdays, Jan. 9-30—9:00-10:00 am

\$38/4 classes

Course #17755

Wednesdays, Feb. 6-27—9:00-10:00 am

\$38/4 classes

Course #17756

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Wednesday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills.

Saturdays in Jan. & Feb., 9:30 am-11:00 am

\$5 for Baca members only

Beginning & Intermediate Kupuna Hula

All Kupuna Hula will meet at 1:45 for basic instruction, technique, Hawaiian language and history. Intermediate will continue at 2:45 in the next class to learn more advanced techniques and dances. Dancers will wear black T-shirts and a pa'u skirt or wrap. Bring a three-ring binder. You cannot join the program after the 2nd class due to missing critical information in the first two classes. Instructor approval is needed for the Intermediate class.

Fridays, Jan. 18-March 8, 1:45 pm (all participants)

FREE for Baca members

PROGRAMS & CLASSES

Performance Group Entertainment

Have you ever wanted to perform in a stage show? Don't let this opportunity pass you by. If you want to sing, dance, tell a story, do a skit, a comedy routine, etc., there will be a sign up sheet posted on the west side of the kiosk. Please give us your **first & last name**; how we can contact you and what you want to do for the show. Names cannot be added after sign-up end date and no phone calls to add your name. The group meets every Thursday at 1:00 and has a special performance on the 4th Thursday at 1 pm in the grand room. For those in the show there is a mandatory rehearsal at 1 pm the Tuesday prior to the performance date.

January 24, "Lost in the 50's"

February 28, "Hooray for Hollywood"

Cribbage Players—NEW

Cribbage is easy to teach and easy to learn and for those who haven't played in years, it is like riding a bike, except at our more mature age we ride it a little differently. We play for the fun, laughs and getting to know each other. Supplies will be provided.

Thursdays, starting January 10, 12:30-3:45 pm

FREE for members

Line Dance Program

The Baca Center offers five levels of line dance classes from Ultra Beginner to Advanced that helps participants move up and improve their skills. The beginner dancers perform at various senior living communities and/or nursing homes. All classes are instructed by Barbara Langham. Not sure which class is for you? Stop in and visit with Barbara before one of her classes to discuss your skills and which class is the best fit.

Ultra Beginner Line Dancing

Students will learn the very basic steps including the grapevine, kick-step and more. This program does not require any previous dancing experience and will help you move up to the beginner and/or improver line dance classes with approval. It may take more than one Ultra Beginner session to meet the skill level of the beginner and improver classes.

Tuesdays, Jan. 8-22, 2:00-3:00 pm

Cost is \$9/for 3 classes

Course #16644

Tuesdays, Feb. 5-19, 2:00-3:00 pm

Course #16645

Beginner Line Dancing

This program requires at least one Ultra Beginner session and instructor approval to take this class which meets on a weekly basis.

Mondays, 10:10-11:10

Cost is \$3/class for members

Intermediate Line Dancing

This program requires instructor approval to take this class which meets on a weekly basis.

Mondays, 11:20-12:20

Cost is \$3/class for members

Advanced Line Dancing

This program requires instructor approval to take this class which meets on a weekly basis.

Mondays, 12:30-1:30

Cost is \$3/class for members

Improver Line Dancing

This program requires previous knowledge or at least 3 months of beginner line dance and instructor approval to take this class which meets on a weekly basis.

Fridays, 11:00-12:00

Cost is \$3/class for members

WORKSHOPS

ARCIL Programs Workshop

ARCIL is a 501©3 non-for-profit agency that provides services to any person with any disability of any age. Our goal is to assist people with disabilities live independently in their communities. One of the services that ARCIL provides includes our TRANSPORTATION program. The purpose is to provide information & referral services to enhance transportation options to seniors & people with disabilities. Join them for a presentation on their programs.

Thursday, January 24, 11:00 am

FREE for Baca Members

Hospice Austin Workshop

Planning for the last chapter of life is a subject many of us would rather avoid! However, most people will become seriously ill at the natural end of their lives, and the default treatment often leads to intubation, catheterization, feeding tubes, and other invasive procedures. Some patients want every available technology; others do not. What's important is that you decide for yourself what you want, speak with your loved ones, and write your wishes down. Join Hospice Austin's GIFT Project to learn how to identify your preferences; how to choose a medical power of attorney; how to discuss wishes with loved ones and how to complete advance directives.

Thursday, February 14, 11:00 am

FREE for Baca Members

Understanding Medicare Benefits Workshop

Folks 65 and older have a variety of health care choices including employer/retiree plans, original Medicare, Medicare Supplements, Medicare Drug Plans (with the dough-nut hole), and Medicare Advantage plans. Which option is the most cost effective for your situation, and how will Congressional "reforms" affect you in the future? This educational event explains what each plan covers, who is eligible, when you can change plans, and what you have to pay in premiums, co-pays and deductibles. Presented by Senior Resource Center.

Thursday, February 21, 10:00-11:45 am

FREE for Baca Members

Technology Workshop by Students of Service

Do you have an electronic device, cell phone, ipad, Apple watch, etc. that you wish you knew how to use better or more efficiently? Join SOS (Students of Service) high school students and let them help you gain more knowledge about your devices. You must register in advance but the workshop is free for Baca members.

Saturday, February 23, 10:00 am-noon

Course #23042

Smart DriverTEK Workshop

The Smart DriverTEK is a FREE educational program that helps drivers to understand current and evolving vehicle safety technologies, how to use them and to recognize how these technologies might enhance their driving safety and extend their safe driving years. AARP has teamed up with The Hartford to develop the workshop which provides drivers with the necessary tools to navigate modern vehicle technology. **Sign up by calling 1-877-238-2456.**

www.aarp.org/smartdrivertek5

Thursday, March 21, 10:00-11:30 am

Thursday, May 23, 10:00-11:30 am

ADVERTISING

CLAY MADSEN RECREATION CENTER

1600 Gattis School Road

512-218-3220

www.claymadsenrec.com

Amenities:

Racquetball Courts
Pickleball & Volleyball Play
Game Room with Ping Pong
Locker Rooms with Showers
Outdoor Covered Tennis Courts (coming soon)
Outdoor Skate Park

2 Full-Size Sports Gymnasium
6 Lane 25-yard Indoor Pool
Full Fitness Room and Stretching Room
Group Exercise Classes (floor & water)
Outdoor Soccer Fields



Ask about our CMRC/Baca Combo Memberships & January Special

Affordable & Licensed Long-Term Senior Care!

AGE of Central Texas Adult Day Health Center

- Providing daytime care for older adults with physical or cognitive needs in the longest-operating licensed, non-residential Adult Day Health Centers in Central Texas
- Supervised by full-time nursing and professional care staff, specializing in memory care
- Open Monday - Friday, 7:00 am - 5:30 pm
- All-inclusive: activities, meals and snacks, and transportation options
- Accepting Medicaid, Veteran's benefits, and private pay

**475 Round Rock West Drive, #120
(512) 255-4865 • www.AGEofCentralTX.org**

**Call
Today
for a
Tour!**



CINEMA MOVIES

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided to those watching the movie. Movies are always FREE and open to adults 50+.

Finding Your Feet

Wednesday, January 16, 1:00-3:00 pm



On the eve of retirement a middle class, judgmental snob discovers her husband has been having an affair with her best friend and is forced into exile with her bohemian sister who lives on an impoverished inner-city council estate. Sandra couldn't be more different to her outspoken, serial dating, free spirited sibling. But it turns out different is just what Sandra needs and she reluctantly lets Bif drag her along to her community dance class, where gradually she starts finding her feet... and romance.

Unbroken—Path to Redemption

Wednesday, February 20, 1:00-3:00 pm



This movie begins where the hit movie Unbroken concludes, sharing the next chapter of the unbelievable true story of Olympian and WWII hero Louis Zamperini. Haunted by the nightmares of his torment, he sees himself as anything but a hero. Then, he meets Cynthia but his wrathful quest for revenge drives him deeper into despair, putting the couple on the brink of divorce. Cynthia experiences Billy Graham's Crusade where she finds faith in God and a renewed commitment to her marriage and her husband.

AARP FREE TAX AIDE ASSISTANCE

MONDAYS & WEDNESDAYS, 10:00 AM-2:00 PM

FEBRUARY 4-APRIL 10

**Note: The Baca Center team cannot answer tax questions nor take calls for the preparers.
The Baca Center building opens at 7:30 am.**

Sign up sheet is put in the lobby at 7:30 am and it is first-come, first-served.

MANDATORY GROUP LEADER/CO-LEADER MEETING

FRIDAY, JANUARY 18, 2019

1:00 PM GRAND MEETING ROOM #21630

Group leaders and/or co-leaders please plan on attending this mandatory meeting. We will go over new guidelines and leaders will sign the instructor requirements. Please plan on the meeting lasting one hour. Please keep in mind that this is the best way to update all leaders at the same time and all questions/suggestions can be addressed. We appreciate your time and efforts to make the Baca Center a great place for everyone. Please call the center at 512-218-5499 to register for the meeting.

DAY TRIPS & TIPS



If you like to see new places, museums, plays, restaurants, then you'll want to travel with the Baca Center.

Members may register one additional person (age 50+) per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities. Times and events are subject to change. Return time is an estimated time of return, it depends on traffic, event wrap up, and

any travel delays. Please arrive 15-30 minutes early to board the bus. ***Those that return to the bus more than 10 minutes late to the designated meet time may not be permitted on future trips for up to 6 months.***

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a personal caretaker specifically for the participant. Due

to the bus configuration and limited seating, all wheelchair participants must call Dawn to register for trips the day of registration at 8 am and it will be first-come, first-served. If a trip states no wheelchair it is due to the venue or no safe location to load/unload the lift. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website. An 8-20% gratuity may be charged. Snacks/water are permitted on the bus. For long trips, we may only stop for lunch, so bring food for later.

POLICY & PROCEDURES FOR TRIPS

Please check in with the driver before each trip. Bus picks up and drops off in front of the dining room. Payment is required at time of registration. Please do not show up more than 30 minutes prior to departure, the building may not be open. Participants are only allowed to save one seat on the bus for their travel companion. The seat you select is your seat for the entire trip. Participants are not permitted to meet us at the trip location and all participants that ride to a location must return on the bus.

TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
 - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
 - B) If no substitution can be made and the request is made 14 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund.

There will be NO substitutions allowed the day of a trip and no last minute show-ups. If you are not on the list for the trip, you will not be permitted to participate on the trip.

TRIPS, TRIPS, TRIPS

**REGISTRATION FOR SPRING TRIPS BEGINS ON
JANUARY 15 AT 8:00 AM**

DON'T BE LATE, WE CAN'T WAIT!!!

**If you cancel LESS than 2 weeks in advance,
you will NOT get a refund or credit.**

Important Trip Reminders

Please review and follow our trip etiquette posted in the Baca bus. These guidelines are important to the success of our trips so everyone has a pleasant and memorable experience. If you have pictures you are willing to share from trips, please e-mail the pictures and we will upload the pictures to our flickr account. Please always make sure your phone number and e-mail are always current on your account so you don't miss out on a trip opportunity.

Follow the link to see trip/event pictures from the Baca Center.

<https://www.flickr.com/photos/95453830@N03/>

Friday, January 25

Depart: 6:30 pm

Return: 10:30 pm

Cost: \$45 (Ticket Incl.)

Where: Austin

Course #23212

ESTHER'S FOLLIES

Esther's Follies follows the funny in Washington, nationwide, around the world and in Austin—with political and social satire sketches, musical numbers, and magical illusions. Ray Anderson's magic continues to baffle the audiences with his big illusions, and the cast of Esther's parodies are ripped right from the headlines. They do sell adult beverages and popcorn. No wheelchairs due to no nearby parking or convenient loading and unloading zone.

www.esthersfollies.com

Tuesday, January 29

Depart: 9:00 am

Return: 2:00 pm

Cost: \$8 (Meal OYO)

Where: Austin

Course #23213

TRADER JOE'S & CHEESECAKE FACTORY

Trader Joe's is known for packaging innovative, hard-to-find, great-tasting foods at their local stores. Make sure you bring your own shopping bags on this trip. After our shopping, we will go to The Cheesecake Factory for lunch. They have lunch specials and a large menu of items to choose from not to mention many great cheesecakes.

www.traderjoes.com

www.thecheesecakefactory.com

Tuesday, February 12

Depart: 4:30 pm

Return: 7:30 pm

Cost: \$9 (Meal OYO)

Where: Austin

Course #23214

THE OASIS ON LAKE TRAVIS

Join us for a view of the lake and great food. This trip always fills up quickly so register early and bring your appetite. This restaurant boasts to have the best views of Lake Travis and beautiful sculptures, lots of art and a great gift shop.

www.oasis-austin.com

TRIPS, TRIPS, TRIPS

Tuesday, February 26

Depart: 9:00 am

Return: 4:00 pm

Cost: \$9 (Meal OYO)

Where: Austin

Course #23215

AUSTIN STATE CAPITOL & MILLETT OPERA HOUSE

We will begin our day with a private tour of the beautiful State Capitol. We will hear the history, learn about the architecture and have lunch at the Capitol Grill. The grill offers burgers, sandwiches and daily specials. After lunch, we will travel to the Millett Opera House for a private tour of the opera house which was built in 1878 and is home to the current Austin Club which was founded in 1949.

www.tspb.texas.gov

www.millettoperahouse.com

Thursday, February 28

Depart: 9:00 am

Return: 2:00 pm

Cost: \$8 (Meal OYO)

Where: Austin

Course #23216

WHOLE FOODS & THE DOMAIN

We will start off our day shopping at Whole Foods which features bulk and organic foods. They have great breakfast tacos, a beer shack that also serves food from Garbos. The bus will drop everyone off at Whole Foods and pick up at 11:00 am to visit other shops at the Domain. We will leave the Domain promptly at 1:30 pm.

www.wholefoodsmarket.com

www.simon.com/mall/the-domain

Sunday, March 3

Depart: 2:00 pm

Return: 6:00 pm

Cost: \$26 (Ticket Incl.)

Where: Leander

Course #23217

WAY OFF BROADWAY—I TAKE THIS MAN

When Giddy spots an unconscious man in a tank top and shorts lying in Copley Square just after all other Boston Marathon racers have crossed the finish line, she reasons that since nice guys finish last, this must be Mr. Right. With the help of a policeman, she totes him to her apartment. When the comatose dreamboat revives and cannot remember who he is, Giddy tells him they are married.

Complications escalate at a furious pace in this outrageous concoction of wild, warm, and lightning-paced hilarity.

www.wobcp.org

Tuesday, March 5

Depart: 7:00 am

Return: 7:00 pm

Cost: \$26 (Meal OYO)

Where: Ft. Worth

Course #23218

THE STOCKYARDS & BUREAU OF ENGRAVING

Our first stop will be at the famous Ft. Worth Stockyards so we can watch the world's only twice daily cattle drive taking place at 11:30 am. After the cattle drive, there are many restaurants, saloons and stores to choose from for lunch and unique shopping. At 2:00 pm the bus will pick everyone up and we will head over to the Bureau of Engraving and Printing for a tour of interactive exhibits and displays showcasing our currency history and the art of currency manufacturing. There will be lots of walking on this trip and the stockyards are outdoors so dress appropriately.

www.fortworthstockyards.org

www.moneyfactory.gov

TRIPS, TRIPS, TRIPS

Friday, March 8

Depart: 9:00 am

Return: 5:00 pm

Cost: \$13 (Meal OYO)

Where: Round Top

Course #23219

ROUND TOP & LONE STAR GLAMP INN

Join us for a special tour of an indoor RV glamping inn which is one of Texas' most unique lodging experiences. We will get a private tour of their 9 vintage glampers and 8 tee pees which are all indoors. We will then head over to Round Top for lunch at Teague's Tavern and then shopping at Junk Gypsy which was featured on HGTV and if time allows stop at a few other great stores before heading back to Round Rock. This trip is sure to be a unique experience of tours, eating and shopping.

www.roundtop.org

www.lonestarglampinn.com/lone-star-gallery

Sunday, March 10

Depart: 9:00 am

Return: 5:00 pm

Cost: \$15 (Ticket OYO)

Where: McDade

Course #23222

SHERWOOD FOREST FAIRE

Here Ye, Here Ye join us for BOGO (buy 1 ticket, get 1) at this unique and fun faire. There are over 40 performance acts, 130 shops with all handmade items, jousting, ride and games. There are several locations for food and beverages to choose from. Costumes are always welcome but be sure to dress for the weather.

www.sherwoodforestfaire.com

Tuesday, March 26

Depart: 8:00 am

Return: 6:00 pm

Cost: \$16 (Meal OYO)

Where: San Antonio

Course #23223

SAN ANTONIO MISSIONS & THE RIVERWALK

Our first stop will be the San Antonio visitors center and a tour of the Mission San Jose. The tour will take 40 minutes and we will tour the gift shop, mission and theater. After the tour, everyone is welcome to visit the Riverwalk for shopping and lunch on your own. Maps of the Riverwalk will be provided for your reference.

www.missionsofsanantonio.org

Thursday, March 28

Depart: 8:00 am

Return: 6:00 pm

Cost: \$17 (Meal OYO)

Where: Fredericksburg

Course #23224

FREDERICKSBURG

Fredericksburg is such a beautiful town with lots of shopping and restaurants. The bus will drop everyone off downtown for shopping and lunch on your own. Most stores will open at 10 am and maps will be provided with all the shops, wineries and restaurants.

www.visitfredericksburgtx.com

Sunday, April 7

Depart: 1:00 pm

Return: 6:00 pm

Cost: \$27 (Ticket Incl.)

Where: Smithville

Course #23225

HELLO DOLLY! AT PLAYHOUSE SMITHVILLE

We will travel to Smithville Playhouse to see Hello Dolly which is their 100th production. Hello, Dolly! is a 1964 musical with lyrics and music by Jerry Herman and a book by Michael Stewart. The musical follows the story of Dolly as she travels to Yonkers, NY to find a match for the miserly "well-known unmarried half-a-millionaire" Horace Vandergelder.

www.visitfredericksburgtx.com

TRIPS, TRIPS, TRIPS

Tuesday, April 9

Depart: 8:00 am

Return: 5:00 pm

Cost: \$19 (Meal OYO)

Where: Navasota

Course #23242

MARTHA'S BLOOMERS HOME & GARDEN STORE

Flowers are blooming and bees are buzzing at this great home and garden store. The trip is open to garden club members only until January 22 and then it will open to everyone. Upon arrival we will shop and have a short presentation on plants. Lunch will be at Café M. Bloomers at 11:30 and there are many choices from soups, sandwiches, salads and some great desserts. After lunch, we will do a little more shopping before heading back to Round Rock.

www.marthasbloomers.com

Tuesday, April 16

Depart: 10:45 am

Return: 4:45 pm

Cost: \$6 (Meal OYO)

Where: Round Rock

Course #23226

ROUND ROCK TRAINING CENTER & GREENHOUSE

Join us for lunch at Greenhouse Craft Food which offers good-for-you comfort food made with sustainably-grown and raised Texas ingredients free of pesticides and hormones. After lunch, we will go to the newly opened Round Rock Police & Fire Training Center which features a 65,000 sq. ft. main building with training rooms and a shooting range; a 5-story burn tower; village of 6 residential structures for tactical training and railroad tracks for fire training. There will be lots of walking and some walking will be outdoors.

www.greenhousecraftfood.com

Tuesday, April 23

Depart: 9:00 am

Return: 3:00 pm

Cost: \$23 (Ticket Incl. & Meal OYO)

Where: Austin

Course #23227

LADY BIRD JOHNSON WILDFLOWER CENTER

The flowers should be blooming at the wildflower center which has more than 800 species of native Texas plants. They harvest their own rainwater for watering. You can also spot birds, mammals and insects. We will walk the gardens and eat lunch at the Wildflower Café which offers sandwiches, salads and snacks. Bring your camera to take pictures of the beautiful gardens and stroll the trails. You can also visit the gift shop.

www.wildflower.org

Thursday, April 25

Depart: 8:00 am

Return: 5:00 pm

Cost: \$30 (Tip & Meal OYO)

Where: Schulenburg

Course #23228

PAINTED CHURCHES & OAKRIDGE SMOKEHOUSE

We will travel to Schulenburg which has been deemed the Official Home of the Painted Churches by the 79th Legislature. We will have a step-on tour guide who will give us a special tour of the most beautiful churches in Texas. We will stop for lunch at Oakridge Smokehouse. This trip fills up quickly, so register early. Please bring \$2 cash to tip the tour guide.

www.oakridge-smokehouse.com

www.schulenburgchamber.org/painted-churches-tour

TRIPS, TRIPS, TRIPS

Sunday, April 28

Depart: 1:30 pm

Return: 6:30 pm

Cost: \$26 (Ticket Incl.)

Where: Leander

Course #23229

WAY OFF BROADWAY—ANYBODY FOR MURDER

Max is planning to murder his wife Janet, collect her life insurance, and enjoy life with his girlfriend, Suzy when cousins Mary and George arrive on their Greek island with news: Mary and Janet are beneficiaries of a huge fortune. Plans and plots hatch, and soon everyone is bent on murder. All that stands in their way is the presence of the next door neighbor, who knows a thing or two about murder, crime writer Edgar Chambers.

www.wobcp.org

Tuesday, April 30

Depart: 8:00 am

Return: 5:00 pm

Cost: \$38 (Meal Incl.)

Where: Bellville

Course #23231

NEWMAN'S CASTLE & BAKERY

The castle is a one-of-a-kind custom creation which has a moat, working drawbridge, a chapel, turrets, a courtyard and a great view of the surrounding lands. We will stop by the bakery to meet up with our guide and then travel to the castle for the tour and lunch. Lunch will include a homemade sandwich, chips, desserts and drink. After the castle we will drive into town and stop at a few stores before heading back. This trip will fill quickly. No wheel-chairs or walkers due to the venue.

www.newmancastle.com

Wednesday, May 1

Depart: 8:00 am

Return: 5:00 pm

Cost: \$36 (Ticket Incl. & Meal OYO)

Where: Buchanan Lake

Course #23232

VANISHING TEXAS RIVER CRUISE

Join us for breakfast at Crazy Gal's Café and then for a 22 mile cruise along the Colorado River Canyon for spectacular views of waterfalls, towering cliffs, abundant native wildlife and world-class birding. The café was voted best breakfast by the locals and they offer fresh made pastries, pies and homemade breakfast.

www.crazygalsrestaurants.com

www.vtrc.com

Saturday, May 4

Depart: 8:30 am

Return: 6:30 pm

Cost: \$18 (Meal OYO)

Where: Fayetteville

Course #23233

FAYETTEVILLE ART WALK

Join us for a spectacular art walk in the charming town of Fayetteville. The Art Walk is a juried show with over 60 artists and live music by local musicians. There will be plenty of food booths for lunch and lots of shopping.

www.artsforruraltexas.org/ArtWalk.html

Tuesday, May 7

Depart: 8:30 am

Return: 5:30 pm

Cost: \$35 (Ticket Incl. & Meal OYO)

Where: College Station

Course #23234

GEORGE H.W. BUSH LIBRARY

The museum looks at the life and career of President George W. Bush. The exhibit brings the story of President and Mrs. Bush's leadership to life for visitors by highlighting the principles they followed when making key decisions and by promoting an understanding of the Presidency, American history, and public policy. There are many exhibits to see including a full-size replica of the Oval Office. Lunch will be at Café 43 at the museum.

www.bush41.org

TRIPS, TRIPS, TRIPS

Thursday, May 16

Depart: 8:30 am

Return: 5:30 pm

Cost: \$27 (Ticket Incl. & Meal OYO)

Where: Johnson City

Course #23235

JOHNSON CITY EXOTIC ZOO & SHOPPING

This exotic zoo has over 700 animals and over 45 species to see and interact with while we are traveling on their open air bus for a tour of their 137 acres. The animals are really friendly and you will want to feed them so bring some cash to buy treats for the animals. We will go to Hye Market for lunch and then shopping.

www.zooexotics.com

www.hyemarket.com

Sunday, May 19

Depart: 1:00 pm

Return: 6:00 pm

Cost: \$40 (Ticket Incl.)

Where: Georgetown

Course #23236

SISTER ACT AT THE PALACE THEATER

Join us at the Georgetown Palace main theater for the musical Sister Act. Where would be the last place you would look for someone in the witness protection program? A convent of course! Come see this feel-good musical comedy that has audiences dancing. Sister Act is a moving story about the power of friendship that knows no boundaries.

www.georgetownpalace.com

Tuesday, May 21

Depart: 8:00 am

Return: 6:00 pm

Cost: \$18 (Meal OYO)

Where: Brenham

Course #23237

BLUE BELL CREAMERY & BRENHAM

Join us for a tour of Blue Bell Creamery and get a first hand look at how ice cream is made. We will check out their store and sample some ice cream then go to downtown Brenham for lunch and shopping on your own.

www.bluebell.com

www.visitbrenhamtexas.com

Thursday, May 23

Depart: 8:30 am

Return: 5:30 pm

Cost: \$14 (Meal OYO)

Where: Temple/Belton

Course #23238

BUC-EES, TEMPLE & BELTON

Join us for a 45-minute stop at the famous Buc-ees to pick up some breakfast and maybe do some shopping. After Buc-ees we will head into Temple & Belton for shopping and lunch. We will stop at only the unique and antique stores for our shopping. Lunch is on your own at The Gin at Nolan Creek which has a huge menu of salads, burgers, steak, wings and a beautiful view.

www.ci.temple.tx.us

www.beltontexas.gov

www.theginatnolancreek.com

ROCKETTE TRIPS

The Baca Center has a NEW program, the Rockettes Granny Basketball. Help us support our Rockettes by traveling with the team to games in Georgetown and Harker Heights. Bring your cheer gear and your loud voice as we cheer on our Round Rock team. Entrance to the games will be \$5 on your own and each bus trip will be \$5/person. Games last about 1 hour and take place on select Saturdays. The dates will be determined by January and will be published in the next newsletter and sent in an e-mail. The trips are open to anyone 21 and up.

GRANNY BASKETBALL®

A gentle game for women of a certain age

ROCKETTES

Clay Madsen Recreation Center

1600 Gattis School Rd.

Round Rock, TX

512-218-3220

THURSDAYS, 5-7 PM

Local teams forming now! Join us as 50+ women learn how to play 1920s style, six-on-six Granny Basketball. Wear comfortable clothes and gym shoes.

(Please leave jewelry and long fingernails at home.)

Why do mature women play Granny Basketball?

- For fun and competitive exercise.
- To relive their youth.
- For another crack at the State Tournament.
- Wholesome, nostalgic, and sometimes humorous entertainment.
- Preserve the history of six-on-six basketball.
- And for charity. Granny Basketball players donate their time, talent and fees to selected charities and non-profit organizations.

Granny Basketball Rules (Abbreviated version)

1. A team consists of two guards, two forwards, and one or two centers, all of whom remain in their designated court.
2. The floor is divided into three courts.
3. No running or jumping. (Hurrying is allowed).
4. Two dribbles per possession per player.
5. No physical contact.
6. No timelines or lane restrictions
7. A game consists of four 8-minute quarters with a continuous clock, except for falls and fouls.
8. One time out per team per quarter
9. Three fouls only are allowed per player. Players are disqualified after the third foul.
10. 3 points are scored for underhand shots; 2 points for other field goals; 1 point for free throws.



1920s-style uniforms and rules

Team uniforms resemble the original girls' basketball uniforms of the 1920s:

- White blouse with numbered middy collar
- Black bloomers
- Knee socks or stockings of any (team) color
- Tennis shoes
- Hats, boas, scarves (optional)

No bare legs or upper arms may be revealed. (technical foul!)

Qualifications

Granny Basketball players are not required to have any previous experience. Granny Basketball players must...

- ✓ Be 50 years of age or older,
- ✓ Be able to sustain moderate physical activity for several minutes without collapsing,
- ✓ Furnish and maintain her own uniform,
- ✓ Be willing to perform in public, and
- ✓ Sign physical health disclaimer.

For more information, contact Linda, Texas Coordinator, 319-210-5608

or Robert Staton, Georgetown Rec Center, 512-930-1367.

Our website is: www.grannybasketball.com.

HIKING TRIPS

The hiking trips are ONLY for those that are on the current hiking list. You MUST be able to walk at a steady pace for 3-5 miles or more. Some hikes will have a guide and some will be on your own. Please make sure you bring at least 2 bottles of water, sunscreen, appropriate clothing and shoes. To get on the hiking club list, please stop by the front desk.

Thursday, March 14

Depart: 8:30 am

Return: 1:30 pm

Cost: \$11 (Meal & Ent. OYO)

Where: Georgetown

Course #23239

GAREY PARK

Located in Georgetown, this 525 acre park has trails, zipline, splash pad, rental space and more. We will take a guided hike along their beautiful trails. Bring a sac lunch and \$2 for entrance fee to the park.

www.gareypark.org

Thursday, April 11

Depart: 8:00 am

Return: 4:00 pm

Cost: \$20 (Meal & Ent. OYO)

Where: Spring Branch

Course #23240

HONEY CREEK HIKE

Honey Creek is only accessed by a guided tour. The park is 2,293 acres located in western Comal County. The park, once a ranch has a large vegetative diversity and is a nesting site for the threatened golden-cheeked warbler. Bring a sac lunch, entrance is \$4 (65+) and \$7 for under 65. This trip was cancelled due to weather in the fall.

www.tpwd.texas.gov/state-parks/honey-creek

Thursday, May 9

Depart: 8:30 am

Return: 1:30 pm

Cost: \$6 (Meal OYO)

Where: Round Rock

Course #23241

ROUND ROCK WEST HIKE & PEDALBOATS

Round Rock west has a beautiful lake with lots of ducks and trails. We will hike the trails and then take a spin in our pedalboats. Bring a sac lunch and feel free to bring some bread for the ducks.

www.roundrocktexas.gov/departments/parks-and-recreation/parks-trails/parks/round-rock-west-park/

**Do you have a NEW program
or trip idea?**

Let us know!!

Remember: NO overnight and NO out of Texas trips.

We travel within 3 hours of the Baca Center.

Round Rock 2030

DEVELOPING **OUR** FUTURE

WE WANT YOUR HELP! WHAT MAKES ROUND ROCK SPECIAL TO YOU?

The City of Round Rock is currently updating its Comprehensive Plan, which helps leaders make policy decisions about land development in our community. As we look to the future, we want to honor the things that make Round Rock unique. Which places in our community do you value and why? What can we do to improve housing choices and accommodations for our residents? How can we plan for our growth in a way that maintains our character as a community?

**Provide input by joining
us at one of our upcoming
community meetings!**

Southeast:

Tuesday, February 5, 6:00-8:00 p.m.
Allen R. Baca Center Grand Room, 301 W. Bagdad Ave. Bldg. 2

Southwest:

Tuesday, February 12, 6:00-8:00 p.m.
City Admin Training Room, 901 Round Rock Ave, Suite A

Northeast:

Tuesday, February 26, 6:00-8:00 p.m.
Multipurpose Complex, 2001 Kenney Fort Blvd.

Northwest:

Tuesday, March 5, 6:00-8:00 p.m.
Round Rock Sports Center, 2400 Chisholm Trail

For more information on this specific project, visit roundrocktexas.gov/roundrock2030

OFFICE HOURS

Monday-Thursday—8 am-6 pm
Friday—8 am-4 pm
Saturday & Sunday—CLOSED
*Monetary transactions close
30 minutes prior to closing.*

WEIGHT ROOM HOURS

Monday-Thursday—8 am-8 pm
Friday—8 am-4 pm
Saturday & Sunday—9 am-noon
Orientation: Wednesday at 11 am

Allen R. Baca Center
301 W. Bagdad, Bldg. 2
Round Rock, TX 78664
512-218-5499
512-218-3231 fax

Opportunities Lunch Reservation

512-255-4970

Para Transit Services

512-244-7433

Center Holiday Closures:

January 21—MLK Day
February 18—President's Day

