

Round Rock Parks and Recreation Department Adaptive and Inclusive Recreation Summer 2019

*****SUMMER REGISTRATION BEGINS MARCH 5, 2019*****

Round Rock Parks and Recreation Department has a variety of full day summer camps for you to choose from, to help you have fun in the summer sun! Sign up for our summer camps where activities include field trips, swimming, group games, arts and crafts, cooking and more!

All Abilities Fitness

This is a developing group exercise class for individuals of all abilities. A variety of exercises will be taught including yoga, stretch, balance, strength and more! The group will follow a main instructor; additional employees will be assisting the group. Parents/Guardians/Caregivers are allowed to assist. Come in comfortable work out attire and bring water! We can ALL be fit!

Ages: 13 and older Fee: \$15 Mondays

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
April 29-May 20	Yoga	*18180
May 1-May 22	Zumba	*18189
June 3-24	Variety	*24178
July 1-29	Variety	*24187
August 5-26	Variety	*24188

Monthly Social Connections

Each month come and join us for a different activity with our social connections. A variety of activities are planned for you to engage with friends, serve the community, meet up and socialize! All ages welcome!

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
April 12	Game Night	*18206
May 10	Art in the Park	*18207
June 22	Pool Party	*24824
July 19	Movie Night	*24825

Adaptive Aquatics: Assisted

Swimmers & assistants (parent/guardian/aid) work together in the water with our Adaptive Aquatics instructors to develop a personalized curriculum for swimmers with disabilities in a small group setting. Whether you are looking for water therapy or for your child to begin learning swimming strokes and safety techniques, this class is adaptable to the needs of your swimmer. Ages: 3+

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>
July 9-July 25	Tues/Thurs	2:30-3:10pm	\$48
June 8-July 20***	Sat.	9:00-9:40am	\$56

***No class Sat. 7/6

Adaptive Aquatics: Fundamental Aquatic Skills

Swimmers are introduced to water skills and begin developing positive attitudes, good swimming habits & safe practices around water. This course focuses on fundamental skills, including learning how to float without support and to recover to a vertical position. This class is for independent swimmers that do not require a full time, in-water aid. Ages: 5+

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>
July 9-July 25	Tues/Thurs	3:20-4:00pm	\$48
June 8-July 20***	Sat.	9:45-10:10am	\$56

***No class Sat. 7/6

AIR Sports Clinics

Explore a different sport each month with our Adaptive Sports Clinics. Whether you want to improve your skills or learn the sport from the beginning, these are the clinics for you. All sports will be adapted to the needs of the participant.

All ages welcome.

May 2-May 23: Baseball Time: 5:30-6:30pm Thurs. Fee: \$20

Registration Information & Payment Plans

Register online at www.roundrockrecreation.com; In person at Clay Madsen Recreation Center or the Main PARD office; By Phone (512) 218-5540. Fees are due at time of registration.

Payments for the Adaptive Summer Day Camp can be made in full or on a monthly payment plan. If utilizing the monthly payment plan, your total amount due will be broken up into 3 payments: 30% due at time of registration, 35% due on May 1st and 35% due on June 1st. If utilizing the payment plan option, registrations must be done in person. For payment plan information, please visit our website at www.claymadsenrec.com

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Adaptive Summer Day Camp Youth (5-12 yrs) and Teen (13-21 yrs)

Adaptive Camps are for children, teens and adults with various disabilities or limitations. This program is offered weekly throughout the summer and offers daily adventures filled with sports, games, drama, cooking, crafts and field trips. Campers are required to bring a sack lunch, water bottle, and rest mat. Morning and afternoon snack provided.

Camp Dates	Youth Course Code	Teen Course Code	Theme	Field Trips	Fee
June 3-7	*24304	*24314	Toy Story	Gatiland	\$160
June 10-14	*24305	*24315	Zootopia	Cameron Park Zoo	\$160
June 17-21	*24306	*24316	Up	Pump It Up/Altitude	\$160
June 24-28	*24307	*24317	The Lion King	Reunion Ranch	\$160
July 1-5 (No 7/4)	*24308	*24318	Cars	Austin's Park N' Pizza	\$130
July 8-12	*24309	*24319	Moana	Inspiration Island	\$160
July 15-19	*24310	*24320	Big Hero 6	We Rock the Spectrum	\$160
July 22-26	*24311	*24321	Finding Nemo	Summer Fun USA/Volente Beach	\$160
July 29-August 2	*24312	*24322	Brave	Candlelight Ranch	\$160
August 5-9	*24313	*24323	Wreck It Ralph	Mel's Lone Star Lanes	\$160

Time: 7am—6pm

Where: Clay Madsen Recreation Center

Field trips are subject to change

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iCan Bike Camp

In this program, riders learn to balance, pedal, steer, and take off on their own. We will help guide your child into gaining confidence to last a lifetime—achieved in just 5 days, attending 75 minutes each day. Participants must be at least 8 years old, have a disability, walk without an assistive device, be able to side step to both sides, be able to wear a properly fitted bike helmet, and not exceed 220 lbs. Riders must have a minimum inseam measurement of 20 inches from the floor. Riders must have their own two-wheeled bike dropped off on the first day of iCan Bike Camp. Grants are available for those who can demonstrate financial need. Please contact ruthie.hanna@varietytexas.org for more information. Fee: \$150

Camp Dates

July 8-12
July 8-12
July 8-12
July 8-12
July 8-12

Session Times:

8:30-9:45am***
10:05-11:20am***
11:40am-12:55pm***
2:00-3:15pm
3:35-4:50pm

***Sensory-friendly session.