

Round Rock Parks and Recreation Department

Adaptive and Inclusive Recreation Summer 2020

*****SUMMER REGISTRATION BEGINS MARCH 3, 2020*****

Round Rock Parks and Recreation Department has a variety of full day summer camps for you to choose from, to help you have fun in the summer sun! Sign up for our summer camps where activities include field trips, swimming, group games, arts and crafts, cooking and more!

All Abilities Fitness

This is a developing group exercise class for individuals of all abilities. A variety of exercises will be taught including yoga, stretch, balance, strength and more! The group will follow a main instructor; additional employees will be assisting the group. Parents/Guardians/Caregivers are allowed to assist. Come in comfortable workout attire and bring water! We can ALL be fit!

Ages: 13 and older Fee: \$15 Mondays

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
May 4-May 18	Yoga	*29060
May 6-May 27	Zumba	*29069
June 1-22	Yoga	*32981
July 6-27	Yoga	*32982
August 3-24	Yoga	*32984

Monthly Social Connections

Each month come and join us for a different activity with our social connections events. A variety of activities are planned for you to engage with friends, serve the community, meet up and socialize! All ages welcome!

Fee: \$3

<u>Dates</u>	<u>Focus</u>	<u>Code</u>
March 6	Bingo Night	*29079
April 17	Art in the Park	*29080
May 8	Tea Party	*29081
June 28	Pool Party	*33049
July 17	Movie Night	*33050

Adaptive Aquatics: Assisted

Swimmers & assistants (parent/guardian/aid) work together in the water with our Adaptive Aquatics instructors to develop a personalized curriculum for swimmers with disabilities in a small group setting. Whether you are looking for water therapy or for your child to begin learning swimming strokes and safety techniques, this class is adaptable to the needs of your swimmer. Ages: 3+

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>	<u>Code</u>
4/4-4/25	Sat.	8:30-9:00am	\$30	*29665
6/13-7/25***	Sat.	9:00-9:40am	\$56	*33623

***No class Sat. 7/4

Adaptive Aquatics: Fundamental Aquatic Skills

Swimmers are introduced to water skills and begin developing positive attitudes, good swimming habits & safe practices around water. This course focuses on fundamental skills, including learning how to float without support and to recover to a vertical position. This class is for independent swimmers that do not require a full time, in-water aid. Ages: 5+

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>	<u>Code</u>
6/13-7/25***	Sat.	9:50-10:30am	\$56	*33624

***No class Sat. 7/4

AIR Sports Clinics

Explore a different sport each month with our Adaptive Sports Clinics. Whether you want to improve your skills or learn the sport from the beginning, these are the clinics for you. All sports will be adapted to the needs of the participant.

All ages welcome.

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>	<u>Code</u>
April 7-April 28: Soccer	Thurs.	5:30-6:15pm	\$20	*29114
May 5-May 26: Football	Thurs.	5:30-6:15pm	\$20	*29115

Registration Information & Payment Plans

Register online at www.roundrockrecreation.com; In person at Clay Madsen Recreation Center or the Main PARD office; By Phone (512) 218-5540. Fees are due at time of registration.

Payments for the Adaptive Summer Day Camp can be made in full or on a monthly payment plan. If utilizing the monthly payment plan, your total amount due will be broken up into 3 payments: 30% due at time of registration, 35% due on May 1st and 35% due on June 1st. If utilizing the payment plan option, registrations must be done in person. For payment plan information, please visit our website at www.claymadsenrec.com

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Adaptive Summer Day Camp Youth (5-12 yrs) and Teen (13-21 yrs)

Adaptive Camps are for children, teens and adults with various disabilities or limitations. This program is offered weekly throughout the summer and offers daily adventures filled with sports, games, drama, cooking, crafts and field trips. Campers are required to bring a sack lunch, water bottle, and rest mat. Morning and afternoon snack provided.

<u>Camp Dates</u>	<u>Theme</u>	<u>Field Trips</u>	<u>Fee</u>
June 1-5	Boomerang	Pump It Up	\$160
June 8-12	Food Network	Gattitown	\$160
June 15-19	Animal Planet	Cameron Park Zoo	\$160
June 22-26	National Geographic	Reunion Ranch	\$160
June 29-July 2 (No 7/3)	History Channel	Austin's Park n' Pizza	\$130
July 6-10	Disney Channel	Morgan's Wonderland	\$160
July 13-17	Hallmark	We Rock the Spectrum	\$160
July 20-24	Discovery Channel	Austin Aquarium/Thinkery	\$160
July 27-31	Travel Channel	Summer Fun USA	\$160
August 3-7	Nickelodeon	Volente Beach	\$160

*Time: 7am—6pm

Where: Clay Madsen Recreation Center

Field trips are subject to change

iCan Bike Camp

In this program, riders learn to balance, pedal, steer, and take off on their own. We will help guide your child into gaining confidence to last a lifetime—achieved in just 5 days, attending 75 minutes each day. Participants must be at least 8 years old, have a disability, walk without an assistive device, be able to side step to both sides, be able to wear a properly fitted bike helmet, and not exceed 220 lbs. Riders must have a minimum inseam measurement of 20 inches from the floor. Riders must have their own two-wheeled bike dropped off on the first day of iCan Bike Camp. Grants are available for those who can demonstrate financial need. Please contact stacy.bruce@varietytexas.org for more information. Fee: \$175

<u>Camp Dates</u>	<u>Session Times:</u>	<u>Location</u>
June 8-12	8:30-9:45am	CMRC
June 8-12	10:05-11:20am	CMRC
June 8-12	11:40am-12:55pm	CMRC
June 8-12	2:00-3:15pm	CMRC
June 8-12	3:35-4:50pm	CMRC

Theatre Arts & More! Camp

In this half-day camp led by Joshua's Stage participants will have the opportunity to demonstrate their creativity, increase their self-confidence, and build their social skills while they engage in theatre arts, improv, music, dance, arts and crafts, and create-a-story. Participants will star in the Showcase for their family and friends during the last session as they perform an original class-designed play, sing both familiar and original songs, perform a choreographed dance routine, and present their photography exhibits. A positive experience will be shared by everyone as we embrace our H.I.P.P. Rules—our positive behavior supports within The Creative Outlet Method.

<u>Camp Dates</u>	<u>Times</u>	<u>Fees</u>	<u>Location</u>	<u>Code</u>
July 6-10	1:00-5:00pm	\$100	CMRC	*33742