

Clay Madsen Recreation Center Pool Schedule

(Effective Starting Jan 11, 2021 - Schedule is subject to change due to COVID regulations)

Call for most up to date information or to set your Water Aerobics Appointment: 512-218-3220

updated 11.8.21

	Sunday 10:30am-5:30pm	Monday 5:30am-9:30pm	Tuesday 5:30am-9:30pm	Wednesday 5:30am-9:30pm	Thursday 5:30am-9:30pm	Friday 5:30am-8:30pm	Saturday 7:30am-6:30pm	
5:00 AM	Open / Lap Swim 10:30am - 5:30pm	Lap Swim 5:30-9:20am	Lap Swim 5:30-9:20am	Lap Swim 5:30-8:20am	Lap Swim 5:30-9:20am	Lap Swim 5:30-9:20am	Lap Swim 7:30-8:20am	
5:30 AM								
6:00 AM								
6:30 AM								
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9:00 AM								
9:30 AM	Water Aerobics (By Appointment) 9:30-10:20am	Water Aerobics (By Appointment) 9:30-10:20am	Water Aerobics (By Appointment) 8:30-9:20am	Water Aerobics (By Appointment) 9:30-10:20am	Water Aerobics (By Appointment) 9:30-10:20am	Water Aerobics (By Appointment) 9:30-10:20am	Swim Lessons 8:30am - 1pm Saturdays in Jan, Feb, Apr <small>Lap Swim Resumes in Months Without Swim Lessons</small>	
10:00 AM								
10:30 AM								
11:00 AM	<i>Lifeguard Training (3 lanes) 1st Tues of the month 10:30am-12pm</i>	Lap Swim 10:30am-5:20pm	Lap Swim 10:30am-9:30pm	Lap Swim 10:30am-5:20pm	Lap Swim 10:30am-8:30pm	Lap Swim 10:30am-8:30pm		Lap Swim 10:30am-8:30pm
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6:00 PM	Water Aerobics (By Appointment) 5:30-6:20pm	Lap Swim 7:30-9:30pm	Lap Swim 7:30-9:30pm	Lap Swim 7:30-9:30pm	Lap Swim 7:30-9:30pm	Lap Swim 7:30-9:30pm	Lap Swim 7:30-9:30pm	
6:30 PM								
7:00 PM	Water Aerobics (By Appointment) 6:30-7:20pm							
7:15 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								
10:00 PM								

Schedule is subject to change.

Please see CMRC front desk team for Lap Swim, Group, & Aqua Exercise Rules & Guidelines.
 Due to COVID, Lanes may not be available during classes or scheduled programs. Check with the front desk team for most current guidelines & available appointments.
 CMRC Pool closes 30 minutes prior to Rec Center closing.

Lap Swim: Lanes will be available for continuous lap swimming, lap jogging, or water walking during scheduled Lap Swim Hours. Three lanes will be available during scheduled Open/Recreation Swim times. *DURING SCHEDULED PROGRAMS AND PEAK TIMES THERE WILL BE LIMITED LANES AVAILABLE. Guests are not required to share a lane, but are asked to be efficient in their time usage when others are waiting to swim. Lap Swim is for ages 12+*

Lap Pool Rules and Etiquette

- 1.) No lap swimmer is required to share a lane. If a lane is shared, no more than 3 adults per lane.
- 3.) If sharing a lane with other swimmers
 - Discuss comfortability with the lane holder before entering the water. No guest is required to share unless they are comfortable with sharing.
 - If you need to pass a swimmer in front of you, please tap their foot so they can stop at the wall or move to the far right of the lane for you to pass.
 - In the case of two swimmers, they can split the lane, or agree to circle swim. Split lane: Swim back and forth on one side of the lane only. "splitting" the lane between you. Preference goes to the first swimmer in the lane
 - In case of three swimmers, circle swim is encouraged. Circle Swim: Like driving: always swim on the right-hand side of the lane. Always keep oncoming swimmers (in your lane) on your left-hand side.
- The Lifeguard has ultimate discretion over the pool area and can adjust usage as needed.

Open / Recreation Swim: During scheduled Open/ Recreation Swim times, 3 lanes will be available for self-paced individual water exercise and recreation swim for all ages. Three lanes will also be available for Lap Swim. Children 12 years and under need to be actively supervised by an adult at all times. Active supervision is defined as paying close and constant attention to the child, free of other distractions.

Swim Lessons: During scheduled Swim Lesson times, 4 lanes will be allotted to use of Swim Lesson Classes. Additional lanes may be reallocated based on the # of classes taking place at one time.

Private Swim Lessons / Lifeguard Training/ Special Circumstances: Lanes may be assigned for programming that does not appear on the published schedule. Such areas will be clearly marked with signage or cones on the deck with at least 15 min. prior notice to the time the lane(s) would be used.

Water Aerobics: Appointment Required. Water Aerobic Classes will be allotted at least 2 Lanes during scheduled class times. Additional lanes will be allotted based on # of participants at class's scheduled start time.

Allotment Ratios: *Lane allotment has been temporarily amended to allow for social distancing: effective Feb 1st 2021*

- 8 or fewer class participants = 2 lanes
- 9-12 class participants = 3 lanes
- 13-15 class participants = 4 lanes
- 16+ class participants = 5 lanes

Water Aerobics Rules:

- 1.) Most Classes have a maximum capacity of 25 participants, unless otherwise stated on the class schedule.
- 2.) A wrist band is required for class entry and will be handed out at the front desk 30 minutes before the class begins.
- 3.) Front desk will not issue wrist bands once the class begins.
- 4.) Participants may not receive bands for multiple classes in advance.
- 5.) Once all bands have been issued, no more participants will be admitted due to safety and pool capacity constraints.
- 6.) No participants will be allowed to enter the class 5 minutes after it has begun nor will lane lines be moved after class begins.
- 7.) Each class will automatically receive 2 lane lines and will be adjusted based on Lap Swimmer and Water Aerobics participants.
- 8.) The lifeguard has ultimate discretion over the pool area and can adjust lane usage as needed.