

ALLEN R. BACA CENTER

Thanksgiving Week 2021 Group Exercise Schedule

Monday
11/22/21

8:00A-8:45A
RISE & *BRINE*
GRAND BALLROOM
MELANIE (20)

9:00A-9:45A
Meet me at the Pie
BARRE
BALLROOM
CHRISTA (20)

Tuesday
11/23/21

9:00A-9:45A
BOOT, SCOOT N,
BOOGIE your
Butterball
GRAND BALLROOM
SHERRY (20)

10:00A-10:45A
Carve that bird
AEROBICS RM.
TERI (20)

11:00A-11:45A
Carve that bird
GRAND BALLROOM
KATHY (20)

Wednesday
11/24/21

8:00A-8:45A
POUND *Plymouth*
ROCKOUT
GRAND BALLROOM
MARIA (20)

9:00A-9:45A
Workout before you
pig out!
GRAND BALLROOM
SHERRY (20)

We close at 5pm
Wednesday and will
reopen Saturday at 8am

