

ALLEN R. BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664
512-218-5499 | www.BacaCenter.com



**TRAVEL WITH THE BACA CENTER THIS SPRING!
REGISTRATION OPENS JANUARY 25TH!**

FACILITY HOURS:

Monday - Thursday: 7:00 AM - 9:00 PM
Friday: 7:00 AM - 6:00 PM
Saturday & Sunday: 8:00 AM - 1:00 PM

OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

HOLIDAY HOURS:

Jan. 17: MLK Day | Closed
Feb. 21: President's | Closed
Apr. 17: Easter Holiday | Closed

SEE PAGE 8 FOR UPCOMING EVENTS!

WEEKLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
9:30-10:15 am A.A.A.	9:00-11:00 am Wood Carvers	9:30-10:15 am A.A.A.	9:00-11:00 am Windjammers	9:00 am-3:00 pm Open Game Play
10:30-11:30 am Intro. Beginner Line Dance*	9:30-10:15 am A.A.A.	10:00-11:30 am Mexican Train	9:30-10:15 am A.A.A.	10:00-11:30 am Bingo*
10:30-11:00 am Sittercize	9:30 am-2:00 pm Crafty Critters	10:30-11:00 am Sittercize	10:00-11:30 am Writing Club Zoom ONLY	12:30-3:30 pm Mexican Train Hand/Foot Canasta
11:00 am-3:00 pm Pickleball	10:30-11:00 am Sittercize	10:30 am-12:30 pm Hearts	10:30-11:00 am Sittercize	1:00-2:30 pm Sing-A-Long
12:30-4:30 pm American Mah Jong Club EXPERIENCED	12:30-4:00 pm Pinochle ADVANCED PLAY	12:15-3:30 pm Dominoes "42"	10:30 am-2:30 pm Pickleball— 4th Thurs. play is 9:30-11:30 am	
12:30 am-4:00 pm Pinochle	12:45-4:00 pm Texas Canasta	12:45-4:00 pm Spades		
12:45-3:30 pm Dominoes "42"	1:00-3:00 pm Klub Karaoke— 4th week is rehearsal for performance group only	1:00-3:00 pm Latin Dancing	12:30-3:45 pm Bridge for Fun Racehorse Canasta Cribbage	
1:00-2:30 pm Writing Club	1:30-2:30 pm Hula Lessons	3:00-4:00 pm Widow Warriors	1:00-2:30 pm Conversational Spanish Class	
1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner	4:30-8:30 pm Pickleball	4:30-8:30 pm Table Tennis	1:00-3:00 pm Tejano Time Performance Group Practice	
4:30-8:30 pm Table Tennis				

*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Interested in joining a group but unsure of how to, stop by the front desk for more information.
Some programs may take place in a different room during the summer to accommodate other programs.

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

MONTHLY ACTIVITIES

Monthly Activity	Dates	Times
Art Club	January 5 & 19 February 2 & 16	1:00-3:00 pm
Benefit Resources—one-on-one	January 11 February 8	10:00 am
Bunco	January 4 & 18 February 1 & 15	6:30-8:30 pm
Cinema Day	January 26 February 23	1:00 pm
Computer Support—members only	Wednesdays By appointment only	9:30 am
Garden Club	January 3 February 7	9:00 am-11:00 am
Let's Dance	January 7 February 4	7:00-9:30 pm
Performance Group Entertainment	No January or February Performance	1:00 pm
Round Rock New Neighbors Bridge	January 19 February 16	12:00-3:00 pm
Sing for Joy	January 25 February 22	11:00 am

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

CMRC | BACA CENTER

JANUARY MEMBERSHIP SPECIAL



**10%
OFF**

Purchase one of the ANNUAL memberships listed below during the month of January and receive 10% off and a membership t-shirt!

Membership Type	Annual Rate	January Special
CMRC Family	\$310	\$279
CMRC Couple (21-49 yrs.)	\$245	\$221
CMRC Adult (21-49 yrs.)	\$150	\$135
CMRC Senior Couple (50+ yrs.)	\$140	\$126
CMRC Senior (50+ yrs.)	\$85	\$77
CMRC Youth (20 yrs & under)	\$85	\$77
CMRC/Baca Combo (50+ yrs.)	\$110	\$99
CMRC/Baca Couple Combo (50+ yrs.)	\$185	\$167
CMRC & Baca Weight Room Only Adult (21-49 yrs.)	\$160	\$144

Purchase one of the ANNUAL memberships listed below during the month of January and receive a membership t-shirt!

Membership Type	Annual Rate
Baca Adult 50+ yrs. without weight room	\$30
Baca Adult 50+ with weight room & fitness classes	\$60
Baca Adult (21-49 yrs.) weight room only	\$80

*Membership t-shirts are while supplies last

Clay Madsen Recreation Center
1600 Gattis School Road
Round Rock, TX 78664
(512) 218-3220
www.ClayMadsenRec.com

Allen R. Baca Center
301 W. Bagdad Ave., Bldg. 2
Round Rock, TX 78664
(512) 218-5499
www.BacaCenter.com

ORGANIZATIONS & CLUBS

BENEFIT RESOURCES—2nd Tuesday, 10:00 am

January 11 & February 8 in the Baca Center Lobby

Visit with Donna Bridges, from AGE of Central Texas, as she will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

ART CLUB—1st & 3rd Wednesday, 1:00 pm business mtg. followed by demo/challenge at 1:30 pm

January 5—Discussion and decisions on club events for 2022

January 19—Art demo—Acrylic Pour Method demonstration by Lisa Lawrence

February 2—Baca Gallery Day, update works on display

February 16—Art demo—Golden Products Representative, Jenny Granberry will review Golden's new acrylic and watercolor products

BOOK DISCUSSION—2nd Tuesday, 1:00 pm

January 11—"Mother the Big" by Porochista Kakpour, an Iranian-American

February 8—"The Bees, Part 1" by Aleksandar Hermon, who was originally from Sarajevo

GARDEN CLUB—1st Monday, 9:00 am

January 3—How to design a garden by Paul Fronczek

February 7—Organic gardening by Chuck Sodek, Round Rock Garden Center

WRITING CLUB—Mondays, 1:00-2:30 pm & Thursdays, 10:00-11:30 am (Thurs. is zoom only)

The Writing Club is what you make it: read your own stories or poetry, the work of others or just come to listen. Select the day that fits your schedule best or attend both meetings.

Join this fun and entertaining group now!! Contact bacawritingclub@gmail.com for more information about the group. Thursday is Zoom only.



ConservatoryAtNorthAustin.com

14320 Tandem Blvd. | 512.360.8942
Austin, TX 78728 | Active Independent Living





Rotary
Club of Round Rock Sunrise

**Join Us Every Friday
From 7-8am
At the Allen R. Baca Senior Center**

For more information, please contact us via email at:
meetings@rotaryroundrock-sunrise.com

Become part of a community that turns your passion for change into action!

PROGRAMS & CLASSES

Let's Dance

Have fun, exercise and socialize at the same time! Join your friends on the first Friday of each month for a social dance, 7:00-9:30 pm. Participants can bring their own beverages and snacks. No guests under age 50. **Please register in advance.** Those that register by the Monday prior to the dance will be entered into a drawing for a FREE entry for the next dance. The January dance theme is ELVIS and is FREE for members and \$5 for non-members. Beginning with the February Valentine's dance, the event will be conducted by a LIVE DJ. Cost will be \$5 for members and \$10 for non-members. All future dances will have a live DJ and will cost to participate. There will be live music in May and December.

January 7—#49890

February 4—#49891

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay \$5 more per month.

Wednesdays, Jan. 5-26—9:00-10:00 am

\$38/4 classes

Course #50075

Wednesdays, Feb. 2-23—9:00-10:00 am

\$38/4 classes

Course #50076

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for "how to" classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Monday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills. Please arrive promptly and call if not coming. Cannot assist with any Apple products.

Wednesdays, January & February, 9:30 am

\$5 for Baca members only

Performance Group Entertainment

Have you ever wanted to perform in a stage show? Don't let this opportunity pass you by. If you want to sing, dance, tell a story, do a skit, a comedy routine, etc., there will be a sign up sheet posted on the west side of the kiosk. Please give us your first & last name; how we can contact you and what you want to do for the show. The group meets every Thursday at 1:00 pm and has a special performance on the last Thursday at 1:00 pm in the Grand Room. For those in the show there is a mandatory rehearsal at 1:00 pm the Tuesday prior to the performance date. The list will be removed once the show is full. There will be NO show in January and February but will return in March.

PROGRAMS & CLASSES

Book Discussion has Returned

Looking for a group that will stimulate your mind through literature? This group reads short stories and meets at the Baca Center to discuss all aspects of the story. The group meets on the 2nd Tuesday of each month at 1 pm. Newcomers are always welcome. Participants must purchase their own books each year.

2nd Tuesdays, 1:00 pm

FREE for Baca Members

Tejano Time is BACK

Join Frank Orona, the new group leader for Tejano Time each Thursday at 1 pm to dance to Tejano music. Frank will provide all the music, you bring your dancing shoes for a great time. Dancing and socializing will take place in the aerobics room.

Thursdays, 1:00 pm

FREE for Baca Members

Learn to Sway Da Island Way with Kumu Ellie

NEW FORMAT: This program will meet weekly and will no longer be a session based program. All interested participants can join the beginner hula any Tuesday at 1:30 pm.

Beginner Hula: In this relaxed class, students learn Hula dance technique and simple language. The focus will be on modern Hula such as "Blue Hawaii".

Beginner+/Intermediate: Dancers will be challenged to the next level of their Hula experience in technique and implements. Instructor approval required for this class.

For more information, e-mail pahulaohana.rr@gmail.com. Both levels will require a binder and specific class expectations will be given in class. Specific apparel needed for class and additional costumes required for those participating in shows.

Tuesdays at 1:30 pm (all participants)

FREE for Baca members

S.A.L.T. Seniors and Law Enforcement Together



S.A.L.T. connects older adults and Round Rock Police to address law enforcement issues of interest to the senior community. Members meet monthly as well as volunteer with various PD events and programs serving Round Rock seniors and the community at large. If you are 50+ and would like to become a member, email the Round Rock Police Department at lforma@roundrocktexas.gov. For more information on this program, visit RoundRockTexas.gov/salt.

NEW PROGRAMS



Darts

Stop by the billiards room and try out our new dartboard. Challenge your friends, learn new skills, and have fun. Darts can be checked out at the front desk with your membership card. Rules of the game can also be found in the billiards room for those looking to learn how to play.



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Join the Area on Aging and TAMU Nursing Program for an award winning program that is perfect for adults 60+ that are worried about falls or would like to improve their balance, flexibility and strength. This program will emphasize practical strategies to manage falls and maintain independence. The program is a 16 hour program that will meet once a week for 2 hours. Participants will learn to view falls as controllable; set goals for increased activity; reduce fall risks at home; and increase strength and balance. Register early, class is limited in space.

Tuesdays, February 8-March 29, 1:30-3:30 pm

Call 512-916-6180 to register



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AmberlinPflugerville@SparrowLiving.com

AmberlinPflugerville.com



AMBERLIN
GEORGETOWN

(512) 559-1485

AmberlinGeorgetown@SparrowLiving.com

AmberlinGeorgetown.com

SPECIAL EVENTS

JANUARY LUNCHEON

FRIDAY, JANUARY 14

NOON

GRAND ROOM

LUNCH WILL INCLUDE A GRILLED HAMBURGER OR
CHEESEBURGER, VEGETABLES & CONDIMENTS ON THE
SIDE, POTATO CHIPS AND A DRINK

\$5 FOR BACA MEMBERS,
\$8 FOR NON-MEMBERS, 50 & OVER

PRE-REGISTRATION REQUIRED; COURSE CODE: 53692
REGISTRATION DEADLINE IS TUESDAY, JANUARY 11



February 26, 9:00 am-Noon

\$5 for Baca members & \$10 for Non-members

\$250 in prizes

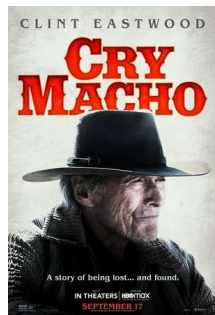
Register by February 21 for a chance at a door prize

Course #50333

Event is open to ALL bunco players

CINEMA DAY

Join the Baca Center on the 4th Wednesday at 1 pm for our cinema movie.
All movies are FREE for Baca members and participants are welcome to bring snacks and drinks.
If you have a movie suggestion, let us know.



Cry Macho

Wednesday, January 26, 1:00 pm

Mike Milo was a single-time rodeo star and mildly successful horse breeder. In 1979 Mike boldly accepted an unusual job from his old boss. He needs to find the man's son and bring him home from Mexico. Throughout their rugged and strenuous journey through Texas, this odd pair discovers their purpose. This old horseman digs up unexpected connections and builds his sense of redemption for a life he believed was over.

Jungle Cruise

Wednesday, February 23, 1:00 pm

Lily travels from London, England to the Amazon jungle and enlists Frank's questionable services to guide her downriver on La Quila—his ramshackle-but-charming boat. Lily is determined to uncover an ancient tree with unparalleled healing abilities—possessing the power to change the future of medicine. The unlikely duo encounters innumerable dangers and supernatural forces, all lurking in the deceptive beauty of the lush rainforest.



Join us for February's

LET'S DANCE

Friday, February 4 | 7:00-9:30pm

Starting in February, all dances will be moderated by a professional DJ, with bands in May & December

\$5 for Members, \$10 for Non-Members

Register by the Monday prior and be entered to win a FREE entry to the next dance

**KEEP
THE
BACA
CENTER
HEALTHY**



**WASH
YOUR
HANDS**



**IF SICK,
STAY
HOME**

**PLEASE BE
RESPECTFUL OF
INDIVIDUALS'
PERSONAL CHOICE TO:**
-TO WEAR OR
NOT WEAR A FACE
COVERING
-TO RECEIVE OR
NOT RECEIVE A
VACCINE
-MAINTAIN PHYSICAL
DISTANCE

MARK YOUR CALENDARS

MARCH 1 Mardi Gras

MARCH 4 Let's Dance

MARCH 5 Granny Basketball Fundraiser

MARCH 17 St. Patrick's Day

MARCH 25 Senior Prom

APRIL 1 Let's Dance

APRIL 15 Hippity Hoppity Hoppy Hour

Group Leader Meeting



*Working together to create positive memories at the Baca Center.
ALL group leaders are required to attend the meeting.
Please register in advance.*

**JANUARY 21, 2022
11:00 AM
COURSE #53021**

ALLEN R. BACA CENTER TEAM

Center Supervisor:

Kelly Gaydos
kgaydos@roundrocktexas.gov

Program Coordinator:

Dawn Moonan
dmoonan@roundrocktexas.gov

Fitness Coordinator:

Jennifer Wesson
jwesson@roundrocktexas.gov

Recreation Manager:

Mary Hemenes
mhemenes@roundrocktexas.gov

Administrative Team:

Anita Ouellette
Mike Crowell
Carla Hamlin

Recreation Assistants:

Lou Hapshie
Rusty Hammer
Bruce Beaumont

Bus Driver

Coming Soon!

Custodians

Padraig (Pat) Lavin
Claudio Torres

