# ALLEN R. BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664
512-218-5499 | bacacustomerservice@roundrocktexas.gov
www.BacaCenter.com

# TO ALL OUR VETERANS THANK YOU!



VISIT THE VETERANS WALL OF HONOR DURING THE MONTH OF NOVEMBER.

REGISTER FOR THE VETERANS BREAKFAST ON NOVEMBER 8.

VETERANS DAY CELEBRATION AT YONDERS POINT AT OLD SETTLERS PARK

ON NOVEMBER 11TH. FORMAL CEREMONY FROM 11AM - 12PM AND FAMILY

CELEBRATION FROM 4PM - 9PM.

#### **FACILITY HOURS:**

Monday - Thursday: 7:00 AM - 9:00 PM Friday: 7:00 AM - 6:00 PM Saturday & Sunday: 8:00 AM - 1:00 PM OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

#### **HOLIDAY HOURS:**

Nov. 11: Veterans' Day | Closed Nov. 23: Open 7am - 5pm Nov. 24 & 25: Thanksgiving Holidays | Closed Dec. 23 - 26: Christmas Holidays | Closed Jan. 1 & 2: New Year's Holidays | Closed

# **WEEKLY ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00 am	9:00-11:00 am	9:30-10:15 am	9:00-11:00 am	9:00 am-3:00 pm
Guitar Group	Wood Carvers	A.A.A.	Windjammers	Open Game Play
9:30-10:15 am A.A.A.	9:30-10:15 am A.A.A.	<b>10:00-11:30 am</b> Mexican Train	9:30-10:15 am A.A.A.	10:00-11:30 am Bingo*
10:30-11:30 am				, and the second
Intro. Beginner Line Dance*	9:30 am-2:00 pm Crafty Critters	10:30-11:00 am Sittercize	10:30-11:00 am Sittercize	12:30-3:30 pm Mexican Train
10:30-11:00 am Sittercize	10:30-11:00 am Sittercize	9:30 am-12:30 pm Hearts	9:00 am-12:00 pm Non-competitive	Hand/Foot Canasta 1:00-2:30 pm
11:00 am-1:00 pm Non-competitive Pickleball	12:30-4:00 pm Pinochle	<b>12:15-3:30 pm</b> Dominoes "42"	pickleball Rating 1-3.5** <b>12:00-3:00 pm</b>	Sing-A-Long
Rating 1-3.5** 1:00-3:00 pm	ADVANCED PLAY	12:30-4:00 pm	Competitive Pickleball	
Competitive Pickleball	12:45-4:00 pm Texas Canasta	Spades	Rating 4-5**	
Rating 4-5**		1:00-3:00 pm	12:30-3:45 pm	
11:30 am-4:00 pm Pinochle	1:00-3:00 pm Karaoke	Latin Dancing	Bridge for Fun Racehorse Canasta	
12:30-4:30 pm	Performance Group	<b>3:00-4:00 pm</b> Widow Warriors	Cribbage	
American	1:30-2:30 pm	vvidow vvaiiiois	1:00-2:30 pm	
Mah Jong Club EXPERIENCED	Hula Lessons	<b>4:30-8:30 pm</b> Table Tennis	Conversational Spanish Class	
<b>12:45-3:30 pm</b> Dominoes "42"	4:30-8:30 pm ALL Rating Levels Pickleball	Rating above 1000	4:30-8:30 pm Beginner ONLY	
1:00-4:30 pm Duplicate Bridge	6:15-9:00 pm		Table Tennis Rating of 0-1000	
ADVANCED PLAY &	Evening Bridge			
MUST have partner	ADVANCED PLAY &			
4:30-8:30 pm Table Tennis Rating above 1000	MUST have partner			

\*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Interested in joining a group but unsure of how to, stop by the front desk for more information. Some programs may take place in a different room during the summer to accommodate other programs.

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

<sup>\*\*</sup>Pickleball ratings: <u>www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/</u>

# **MONTHLY ACTIVITIES**

Monthly Activity	Dates	Times
Art Club	November 2 & 16 December 7 & 21	1:00-3:00 pm
Open Studio	Nov. 9 & Dec. 14	12:00-3:00 pm
Benefit Resources—one-on-one	December 13	10:00 am
Bunco	November 1 & 15 December 6 & 20	6:30-8:30 pm
Garden Club	November 7 December 5	9:00 am-11:00 am
Hong Kong Mah Jong	November 8 December 13	6:00-8:30 pm
Let's Dance	November 4 December 2	7:00-9:30 pm
Writing Club	November 28	1:00 pm

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

# Daily Congregate Meals at the Baca Center

The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday at 12:00pm. To become a client and register for the congregate lunches, please visit the OWBC office in the Dining Room between 9:00 am & 1:30 pm. Clients pay a suggested \$3 donation for meals.

www.owbc-tx.org/

512-255-4970

# **ORGANIZATIONS & CLUBS**

# BENEFIT RESOURCES—2nd Tuesday, 10:00 am December 13 in the Baca Center Lobby

Visit with Donna Bridges, from AGE of Central Texas, as she will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

# ART CLUB—1st & 3rd Wednesday of each month & 2nd Wednesday at 1 pm Visitors always welcome!

November 2—Business meeting, art show and tell, Baca hall display change out

November 9—Open studio, bring your art supplies and works in progress to create in a group setting

November 16—Demo day: Artists share their unique art techniques

December 7—Business meeting, art show and tell, Baca hall display change out

December 14—Open studio, bring your art supplies and works in progress to create in a group setting

December 21—Demo day: Artists share their unique art techniques

#### BOOK DISCUSSION—2nd Tuesday, 1:00 pm—Zoom only

November 8—"Hot Air Balloons" by Edwidge Danticat

December 13—"Home Safe" by Emma Ruby-Sachs
These fictional stories are from the anthology: Immigrant Voices/21st Century Stories.
Books can be obtained from Great Books Foundation: www.greatbooks.org

Contact the Baca Center for more information.

#### GARDEN CLUB—1st Monday, 9:00 am

**November 7**—*Cover Crops* by Jim Williams, Williamson County Master Gardener **December 5**—Holiday Party

#### WRITING CLUB—4th Monday, 1:00-2:30 pm

The Writing Club is what you make it: read your own stories or poetry, the work of others or just come to listen. Join this fun and entertaining group now!! Contact bacawritingclub@gmail.com for more information about the group.



# **CINEMA DAY**

Join the Baca Center on the 4th Wednesday at 1 pm for our cinema movie. All movies are FREE for Baca members and participants are welcome to bring snacks and drinks.

If you have a movie suggestion, let us know.

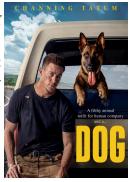


## Where the Crawdads Sing Wednesday, November 23, 1:00 pm

Kya is an abandoned girl who raised herself in the dangerous marshlands of North Carolina. Known as the "Marsh Girl" in Barkley Cove, isolating Kya from her community. Drawn to two young men, opens Kya up to a new and startling world; but when one of them is found dead, she is immediately cast by the community as the main suspect.

### Dog Wednesday, December 28, 1:00 pm

Army Ranger Briggs and Lulu, a Belgian Malinois take a road trip down the Pacific Coast in hopes of making it to the dog owner's funeral on time. Along the way, they drive each other crazy, narrowly escape death, and learn to let their guards down in order to have a chance of finding happiness.





Coming Goon!

Round Rock Parks and Recreation is changing program registration software in early 2023, which means that online registration will look different, including Spring Trip Registration. Be on the lookout for "How To" classes to show you how to use the new website.



WWW.ROUNDROCKRECREATION.COM

# NUT SALE

Pecan Large Pieces-\$10 Pecan Halves-\$11 Roasted Cashews-\$10 Chocolate Pecans-\$9 Praline Pecans-\$9 Cinnamon Pecans-\$9 Pistachios-\$9.50 Walnut Halves-\$7 Roasted Almonds-\$8 Whole Almonds-\$8 Mountain Mix-\$6 Chocolate Almonds-\$6 Fiesta Mix-\$6 Trash Mix-\$6 Hot & Spicy Peanuts-\$4 Whole Pecans per lb.-\$6

Pecan Cracking: \$0.50 per pound Nov. 1 - Jan. 31. Please bring in bucket or tub (No plastic bags), labeled with name & phone number. Pecans must be debris, insect & mildew free. Please allow up to 7 business days for cracking.



# **PROGRAMS & CLASSES**

### Let's Dance

Have fun, exercise and socialize at the same time! Join your friends on the first Friday of each month for a social dance, 7:00-9:30 pm. Participants can bring their own beverages and snacks. No guests under age 50. <u>Please register in advance</u>. Those that register by the Monday prior to the dance will be entered into a drawing for a FREE entry for the next dance. The November dance will be moderated by a DJ and the theme will be Thanksfulness. The December dance will have live music by Los Funky Monkeys. All dances are \$5 for members and \$10 for non-members.

November 4—#55984

\$5 for members

December 2—#55985

## Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay \$5 more per month.

**Wednesdays, Nov. 2-30—9:00-10:00 am** (no class 11/23)

\$38/4 classes

Course #56456

Wednesdays, Dec. 7 & 14—9:00-10:00 am

\$19/4 classes

Course #56457

## Guitar Group & Windjammers

Members can join the Guitar Group on Mondays 9-11 am in the music room. This group plays a variety of popular music selected by the participants. The music is "by ear" generally using lyrics and chord charts. Acoustic and electrified instruments and those who only sing are welcome.

Members can join the Windjammers on Thursdays 9-11 am in the music room. This group plays Bluegrass, old country and traditional music. Members play "by ear" using lyrics and chord charts. Acoustic stringed instruments as generally used in Bluegrass and traditional music and folks who only sing are welcome. Both groups are for experienced players and are not instructional classes.

Mondays, 9:00 am

Thursdays, 9:00 am

FREE for Baca Members **FREE for Baca Members** 

**JOIN OUR** 

## THE PARKS AND RECREATION DEPARTMENT IS HIRING

### **BUS DRIVERS**

You'll drive for a variety of programs such as After School program, Summer Camps, Baca Center trips and more!

A Class A or B CDL with Passenger (P) and School Bus (S) endorsements is required.



FOR COMPLETE DETAILS & TO APPLY, VISIT www.roundrocktexas.gov/jobs

# PROGRAMS & CLASSES

#### Round Rock Preservation Lunch and Learn



The topic for November will be New Town Round Rock. Information will be provided for each of the sites. The public is invited to this free educational event. Attendees are invited to bring their own brown bag HEARN lunch and Round Rock Preservation will provide a water and a cookie for your enjoyment. Sponsors for the program are the City of Round Rock, the Baca Center and Round Rock Preservation. For information call: 512-373-3819.

Tuesday, November 8, 11:30 am

FREE for everyone

## Karaoke Performance Group Entertainment

Have you ever wanted to perform in a stage show? Don't let this opportunity pass you by. If you want to sing, dance, tell a story, do a skit, a comedy routine, etc., there will be a sign-up sheet posted on the west side of the kiosk. Please give us your <u>first & last name</u> and what you want to do for the show. The group meets every Tuesday at 1:00 pm and has a special performance on a quarterly basis in the Grand Room. The list will be removed once the show is full. Don't wait, next show will be Snowflake and the Seven Minions on November 29.

November 29, 1:00 pm

**FREE for Baca Members** 









# **NEW PROGRAMS & CLASSES**

# Learn to Play: Bridge, Canasta, Spades and Pinochle

Join our Baca Center members for our newest program Learn to Play, which is instruction on how to play Bridge, Racehorse or Texas Canasta games, Spades or Pinochle. Each month September-November a new Learn to Play instruction will take place. The Learn to Play is FREE for members and \$5 for non-members. *Space is limited, so register a week in advance to ensure enough instructors.* All instructors are avid volunteer players of the various games.

**Bridge** is a game of partnerships, so the player across the table is your partner, and the players to the right and left are on the opposing team. Bridge is made up of two main parts. Initially the bidding process and then the game play. Suits are ranked in Bridge from Spades, Hearts, Diamonds, to Clubs, the lowest.

Bridge—Mon., Nov. 7 & 14, 6:00-8:00 pm

**Course #57075** FR

**FREE for Baca Members** 

Hearts—Hearts is a trick taking game that requires 4 players and 52 cards with Ace's high and 2's low. The object is to have the fewest points when someone reaches 100 points.

Hearts—Thurs., Nov. 10 & 17, 6:00-8:00 pm

Course #58756

**FREE for Baca Members** 

#### Silver Swans® Ballet Class



Silver Swans® Ballet Class offers introductory senior 50+ ballet classes for those looking for a low-impact & fun way to stay active. We incorporate beautiful classical music compositions with attainable ballet movement segments to inspire and challenge your inner ballerina. The tutu is optional!

The course is a three-month session with the first two months dedicated to learning exercise concepts, steps, and short sequences, with the final month devoted to learning a choreographed variation from a famous classical ballet. The dance classes are adapted for safety, and accessible for complete beginners able to walk and move freely. The classes

help improve mobility, balance, flexibility, posture, coordination, and energy levels, as you embrace your emerging swan. Most importantly, the classes are an opportunity to have fun, expand your social circle and enjoy the sense of well-being that dance brings.

Silver Swans<sup>™</sup> is developed by the Royal Academy of Dance. The ballet program is based on many years of research into dance practice for older learners and classes can only be taught by Silver Swans<sup>™</sup> Licensees for those participating in shows. New three-month session begins in January 2023.

Tuesdays, January 10-31, 6:00-8:00 pm

Course #57072

\$28 for Baca Members











# MARK YOUR CALENDARS

JANUARY 20

Group Leader Meeting

**JANUARY 31** 

Pecan Cracking Ends

FEBRUARY 17

"Laissez Les Bons Temps Rouler" Senior Prom

FEBRUARY 25

**Bunco Tournament** 





SAT., NOVEMBER 12 - 9AM TO 4PM
ADMISSION IS FREE BUT PLEASE BRING A CANNED FOOD ITEM OR

FREE ADMISSION

Shop the Rock till you drop! Stuff for stockings, Sweets to eat, Shiny things and gifts that sing!

ROUND ROCK PARKS AND RECREATION DEPARTMENT
CLAY MADSEN RECREATION CENTER
1600 GATTIS SCHOOL ROAD → ROUND ROCK. TX → 512-218-3220

Facebook.com/RockinAroundTheHolidaysBazaar



Crafty Critters & Woodcarvers will have items for sale at the Holiday Bazaar — stop by and see them

#### ALLEN R. BACA CENTER TEAM

Center Supervisor:

Kelly Gaydos kgaydos@roundrocktexas.gov

Program Coordinator:

Dawn Moonan dmoonan@roundrocktexas.gov

Fitness Coordinator:

Sherry Leetham sleetham@roundrocktexas.gov

Recreation Manager:

Mary Hemenes mhemenes@roundrocktexas.gov

Administrative Team:

Anita Ouellette Mike Crowell Monica Aplin

Recreation Assistants:

Rusty Hammer Debra Ramon Bruce Beaumont

**Bus Driver**Coming Soon

Custodians
Padraig (Pat) Lavin
Sabina Maldonado-Sibrian





