



CMRC GYM SCHEDULE – Fall 2023

Gym Schedule Subject to Change Without Notice

Monday

Time	Court 1	Court 2
5:00am – 6:00am	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
6:00am – 12:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Pickleball – Open Play
12:00pm – 2:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
2:00pm – 6:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or Open Play
6:00pm – 10:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or League Play

Tuesday

Time	Court 1	Court 2
5:00am – 10:00am	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
10:00am – 3:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Pickleball – Open Play
3:00pm – 5:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs
5:00pm – 7:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or League Play
7:00pm – 9:45pm	*Volleyball – Open Play	*Volleyball – Open Play

Wednesday

Time	Court 1	Court 2
5:00am – 6:00am	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
6:00am – 12:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Pickleball – Open Play
12:00pm – 2:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
2:00pm – 6:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or Open Play
6:00pm – 10:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or League Play

Thursday

Time	Court 1	Court 2
5:00am – 10:00am	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
10:00am – 3:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Pickleball – Open Play
3:00pm – 5:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs
5:00pm – 7:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or League Play
7:00pm – 9:45pm	*Volleyball – Open Play	*Volleyball – Open Play

Friday

Time	Court 1	Court 2
5:00am – 6:00am	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
6:00am – 12:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Pickleball – Open Play
12:00pm – 2:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Open Play Basketball (Full/Cross – Front Desk Discretion)
2:00pm – 6:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or Open Play
6:00pm – 9:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	PARD Programs or League Play

Saturday

Time	Court 1	Court 2
7:00am – 3:00 pm	Open Play: Family & Youth Court	Sports Camps or Open Play
3:00pm – 7:00pm	Open Play Basketball (Full/Cross – Front Desk Discretion)	Sports Camps or Open Play

Sunday

Time	Court 1	Court 2
10:00am – 2:00pm	Open Play: Family & Youth Court	Sports Camps or Open Play
2:00pm – 6:00pm	Open Play Basketball (Full or Cross-Front Desk discretion)	Sports Camps or Open Play

*** PARD PROGRAMMING HAS PRIORITY OF GYM SPACE AT ANY TIME, WITH OR WITHOUT NOTICE.***

School Break Camps

CMRC accommodates PARD programming camps during fall, winter, and spring breaks.
Open play hours may change during these weeks.

OPEN PLAY RULES ON BACK



Fall:
August 15th 23
—
December 1st 23

Drop-In Descriptions

- **OPEN PLAY** – consists of basketball full court or cross court play determined and regulated by CMRC Front Desk Team.
- **CROSS COURT PLAY** – Courts will be split and can be determined by CMRC Front Desk Team anytime.
- All other open play (pickleball, volleyball, badminton will be specified on the schedule).

Open Play Rules

- Private coaching/training in the CMRC Gym is always prohibited. Organized practices are prohibited unless they are an approved and scheduled PARD program.
- Members may bring their own basketballs and volleyballs, but additional equipment is prohibited.
- Protesting decisions in an unprofessional manner may result in suspension or termination of membership.