

ALLEN R.
BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664
512-218-5499 | bacacustomerservice@roundrocktexas.gov
www.BacaCenter.com

JOIN US DURING THE MONTH OF MAY TO CELEBRATE



POWERED BY CONNECTION: MAY 2024

THROUGHOUT THE MONTH, VISIT THE FRONT DESK TO SHARE:
WHO OR WHAT CONNECTED YOU TO THE BACA CENTER?
WHAT CONNECTIONS HAVE YOU FORMED THROUGH THE BACA CENTER?
WHAT DOES THE BACA CONNECTION MEAN TO YOU?
YOUR ANSWERS WILL HELP US BUILD A
CONNECTION CHAIN AROUND THE LOBBY KIOSK

SEE PAGE 3 FOR COMPLETE LIST OF EVENTS

FACILITY HOURS:

Monday - Thursday: 7:00 AM - 9:00 PM
Friday: 7:00 AM - 6:00 PM
Saturday & Sunday: 8:00 AM - 1:00 PM

OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

HOLIDAY HOURS:

May 27: Memorial Day | Closed
June 19: Juneteenth | Closed
July 4: Independence Day | Closed

WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:15 am A.A.A.	9:00-11:00 am Wood Carvers	9:30-10:15 am A.A.A.	9:00 am-12:00 pm Non-competitive pickleball Rating 1-3.5**	9:00 am-11:00 am 9 Square in the Air
10:30-11:00 am Sittercize	9:30-10:15 am A.A.A.	10:00-11:30 am Mexican Train	9:30-10:15 am A.A.A.	9:00 am-3:00 pm Open Game Play
11:30 am-1:30 pm Non-competitive Pickleball Rating 1-3.5**	9:30 am-2:00 pm Crafty Critters	10:30-11:00 am Sittercize	10:00-11:30 am Writing Club (Zoom)	10:00-11:30 am Bingo*
1:30-3:30 pm Competitive Pickleball Rating 4-5**	10:30-11:00 am Sittercize	9:30 am-12:30 pm Hearts	10:30-11:00 am Sittercize	During the summer months, bring your grandchildren to play Bingo for only \$3.
11:30 am-4:00 pm Pinochle ADVANCED PLAY	12:30-4:00 pm Pinochle	12:15-3:30 pm Dominoes "42"	11:00-11:15 am Balance	12:30-3:30 pm Mexican Train Hand/Foot Canasta
12:30-4:30 pm American Mah Jong Club EXPERIENCED	12:45-4:00 pm Texas Canasta	12:30-4:00 pm Spades	12:00-3:00 pm Competitive Pickleball Rating 4-5**	1:00-2:30 pm Sing-A-Long
12:45-3:30 pm Dominoes "42"	1:00-3:00 pm Karaoke Performance Group	1:00-3:30 pm Latin Dancing	12:00-4:00 pm Open Game Play	
1:00-2:30 pm Writing Club	1:30-2:30 pm Hula Lessons	3:00-4:00 pm Widowed Warriors	12:30-3:45 pm Bridge for Fun Cribbage	
1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner	MUST register	4:30-8:30 pm Intermediate/ Advanced Table Tennis***	12:45-3:45 pm Racehorse Canasta	
4:00-6:00 pm 9 Square in the Air	4:30-8:30 pm ALL Rating Levels Pickleball		1:00-2:30 pm Conversational Spanish Class	
4:30-8:30 pm Intermediate/ Advanced Table Tennis***			4:30-6:30 pm Beginner Table Tennis***	
			6:30-8:30 pm All Levels Table Tennis	

*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

**Pickleball ratings: www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/

**Pickleball players can only play one level per day, but please do a self-assessment to choose the correct level.

***Table Tennis ratings: www.usatt.org.

MONTHLY ACTIVITIES

Monthly Activity	Dates	Times
Art Club	<i>May 1 & 15</i> <i>June 5</i>	<i>1:00-3:00 pm</i>
Open Studio	<i>May 8, June 12</i>	<i>12:00-3:00 pm</i>
Benefit Resources—one-on-one	<i>May 14</i> <i>June 11</i>	<i>10:00 am</i>
Book Discussion	<i>May 8</i> <i>June 12</i>	<i>1:00 pm</i>
Bunco	<i>May 7 & 21</i> <i>June 4 & 18</i>	<i>6:30-8:30 pm</i>
Garden Club	<i>May 6</i> <i>June 3</i>	<i>9:00 am</i>
Hong Kong Mah Jong	<i>May 2, 16, 30</i> <i>June 6, 20</i>	<i>6:00-8:30 pm</i>
Sing for Joy	<i>July 23</i>	<i>11:00 am</i>
Round Rock New Neighbors Bridge	<i>May 15</i>	<i>12:00 pm</i>

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

Opportunities
for Williamson & Burnet Counties

Daily Congregate Meals at the Baca Center

The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday at 12:00 pm. To become a client and register for the congregate lunches, please visit the OWBC office in the Dining Room to obtain an intake form. Forms can be submitted between 11:00 am & 12:00 pm each week day. Meals can begin the day after submitting the intake form. Clients pay a suggested \$3 donation for meals.

www.owbc-tx.org/

512-255-4970



Powered by Connection

MAY EVENTS AT THE BACA CENTER

OLDER AMERICANS MONTH KICKOFF: CINCO DE MAYO **11:30 AM - 1:00 PM**

03

BRING YOUR CHAIRS AND JOIN US ON THE PATIO TO CELEBRATE CINCO DE MAYO, AS WE KICK OFF OLDER AMERICANS MONTH. COME DRESSED FOR THE OCCASION AND ENJOY THE MUSIC, WHILE INDULGING IN FESTIVE SWEET TREATS.

EVENING UNDER THE STARS **7:00 - 10:00 PM**

09

THIS EVENT WILL FEATURE MUSIC & DANCING WITH DJ ROBERT RODRIGUEZ, HORS D'OEUVRES & DRINKS IN CENTENNIAL PLAZA. \$15 EACH FOR AGES 50+; \$20 EACH STARTING MAY 2ND. SPECIAL THANKS TO OUR SPONSORS: PROVIDENT CROSSINGS, SAGE VALLEY SENIOR LIVING AND HUMANA.

"MEDICARE EXPLAINED" WORKSHOP **10:00 - 11:00 AM**

15

THIS WORKSHOP IS PRESENTED IN AN EASY-TO-UNDERSTAND FORMAT DESIGNED TO HELP SENIORS BETTER UNDERSTAND THE MEDICARE MAZE AND WHAT THEIR OPTIONS ARE. TOPICS INCLUDE TURNING 65, RECENTLY RELOCATING, BEING DIAGNOSED WITH A CHRONIC ILLNESS AND SPECIAL ENROLLMENT OPPORTUNITIES. PRESENTED BY RICK HOFFMAN, RICK A. HOFFMAN INSURANCE AGENCY.

TRIVIA GAME **1:00 - 2:00 PM**

17

PUT YOUR KNOWLEDGE AND MEMORY TO THE TEST AS WE GO BACK IN TIME AND ENGAGE IN A GAME OF TRIVIA FROM THE 40'S, 50'S, AND 60'S. YOU CAN PLAY ALONE OR WITH A PARTNER, BUT AN ELECTRONIC DEVICE (SMART PHONE OR TABLET) IS NEEDED FOR THIS ACTIVITY.

"SENIOR LIVING 101" WORKSHOP **10:00 - 11:00 AM**

22

THIS WORKSHOP IS DESIGNED TO NAVIGATE THE COMPLEX LANDSCAPE OF HOUSING AND LIFESTYLE OPTIONS FOR OLDER ADULTS. WHETHER YOU'RE EXPLORING RETIREMENT COMMUNITIES, ASSISTED LIVING FACILITIES, OR AGING IN PLACE SOLUTIONS, INVALUABLE INSIGHTS AND PRACTICAL ADVICE WILL BE PROVIDED TO HELP MAKE INFORMED DECISIONS. PRESENTED BY CARE PATROL OF NORTH AUSTIN.

LINE DANCE CLASS **1:00 - 2:00 PM**

23

IF YOU LOVE LINE DANCING OR IF YOU WANT TO TRY IT FOR THE FIRST TIME, THE AEROBICS ROOM IS WHERE YOU NEED TO BE. SPACE IS LIMITED TO 25 PARTICIPANTS IN THIS CLASS LED BY GREETINGS FROM TEXAS. LINE UP WILL BEGIN AT 12:30PM.

NATIONAL SR. HEALTH & FITNESS DAY **11:00 - 11:45 AM**
"MAKE FITNESS YOUR FRIEND FOR LIFE"

29

ONE OF THE BEST WAYS TO MAKE FITNESS YOUR FRIEND FOR LIFE IS TO DO IT WITH A FRIEND! JOIN US AS OUR BACA FITNESS TRAINERS SHOWCASE A FEW PARTNER EXERCISES THAT YOU CAN DO TO KEEP YOUR FRIEND CLOSE AND YOUR FITNESS CLOSER!

GUESS WHO?

WHO'S THAT CUTE LITTLE KID? SUBMIT A CHILDHOOD PHOTO OF YOURSELF BY MAY 22. THE PHOTOS WILL BE ON DISPLAY IN THE LOBBY MAY 24-30 FOR YOU TO TAKE A CHANCE AND CORRECTLY GUESS WHO THE PERSON IS. THE MEMBER WITH THE MOST CORRECT ANSWERS WINS A PRIZE.

ORGANIZATIONS & CLUBS

BENEFIT RESOURCES—2nd Tuesday, 10:00 am

May 14 & June 11 in the Baca Center Lobby

Visit with Donna Bridges, from AGE of Central Texas, as she will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

CENTER ART CLUB—1st & 3rd Wednesday, 1:00 pm; 2nd Wednesday, 12:00 pm

Visitors always welcome! Contact centerartclubofrr@gmail.com for more information

May 1 —Business meeting, art show and tell, Baca wall display change out

May 8—Open studio, bring your art supplies and works in progress to create in a group setting

May 15—Demo day: Artists share their unique art techniques

June 5 —Business meeting, art show and tell, Baca wall display change out

June 12 —Open studio, bring your art supplies and works in progress to create in a group setting

June 19 — No demo day, Baca Center closed

BOOK DISCUSSION—2nd Tuesday, 1:00 pm

May 14 —"A.V. Laidler" by Max Beerbohm

June 11 —"The Lottery" by Shirley Jackson

Contact the Baca Center for more information.

GARDEN CLUB—1st Monday (except holidays), 9:00 am

May 6—Ponds/Water Features in the Garden - Austin Pond Society

June 3—Attracting Pollinators to Your Garden - Wyatt Page - Gill Garden Center

WRITING CLUB—Mondays, 1:00-2:30 pm & Thursday, 10:00 am (Zoom only)

Participants are welcome to share their writing and get feedback, read someone else's work or just come to listen. If you want to publish your work in the Club's next anthology, join now! To view the Club's six anthologies, search for Baca Writing Club on Amazon. For more information, email bacawritingclub@gmail.com.



AARP Driver Safety Course

Thursday, May 16, 5:00-9:00 pm

Courses will resume in September

Driver Safety

The course enables drivers to get a 10% discount for 3 years on most insurance plans.

Please check with your insurance provider. You must pre-register at the Baca Center Front Desk.

Course does not dismiss traffic violations. You must have your AARP card to present at class.

\$20 for AARP members & \$25 for non-members payable by CHECK ONLY to AARP.

*Individuals with AARP Medicare Supplement Plan insured by United Health Care may attend for no charge—**MUST** show UHC membership card as proof.*

For online course: www.aarpdriversafety.org

WELCOME PROGRAM COORDINATOR— SONDRA SLATE

Hello Baca community!

My name is Sondra Slate, and I am delighted to be your new Program Coordinator at the Baca Center. Originally from Louisiana, after graduating college, I ventured out and moved to Atlanta, GA. After residing there for 18 years, in 2015, I decided to move back closer to my family, so I relocated to Houston, TX. And now that I was extended the opportunity to become part of the City of Round Rock PARD family, I am pleased to call Round Rock home.

I've always had the heart to help people, but after realizing that being a nurse wasn't my calling (I have a weak stomach), what better way to go about in doing that, than working in Recreation! I have worked in Recreation for 14 years, and it warms my heart when the work I do, brings happiness and fulfillment to the people I am serving.

I am excited, not only about my new career opportunity, but as well as moving to this beautiful city! It's been shared with me that there are so many things to explore in the city, and I look forward to doing just that! Aside from enjoying the work that I do, I love to eat out (I love to try a new restaurant), walking outdoors, sports- (the SAINTS are my team), and spending time with my family.

I want to continue to bring exciting programs, activities, and trips to the Baca center and I look forward to meeting and talking with each of you!



REMINDERS

- Welcome new members who want to join in an activity.
- Programs are open to members on a first-come, first-serve basis.
- Times listed for programs are start times; Arrive at least 15 minutes early, but no more than 30 minutes, to participate. Failure to arrive by start time may result in not being allowed to participate.
- Members are responsible for their own personal property.
- Observe instructions given by Baca Center team members.
- Please behave in a manner which is respectful of others, such as:
 - no foul and/or profane language
 - no violent or abusive language or behavior
 - keep tempers under control
- If a problem or conflict cannot be resolved between members, please visit with the Facility Supervisor.
- If suspicious, abusive or unlawful activity is observed, notify the Front Desk.

PROGRAMS & CLASSES

Chair Yoga for Seniors

*This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle back-bends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay \$5 more per month. *No class 05/29 & 06/19.*

Wednesdays, May 1-22*—9:00-10:00 am

\$38/4 classes

Course #24-10103CY-11

Wednesdays, June 5-26* —9:00-10:00 am

\$28.50/3 classes

Course #24-20103CY-01

Guitar Group & Windjammers

These groups have reached capacity and are not accepting new players at this time. To be added to an interest list, please stop by the front desk. Both groups are for experienced players and are not instructional classes.

Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for “how to” classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Monday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills and cannot assist with any Apple products. Please arrive promptly and call if not coming.

Wednesdays, May & June, 9:30 am

\$5 for Baca members only

Kapuna Hula with Kumu Ellie

This program is a session based program. All interested participants MUST register prior to the first class. The instructor will NOT be at the center unless there are registered participants. In this relaxed class, students will learn Hula dance techniques and simple language. The focus will be on modern Hula such as “Blue Hawaii”. No registration after the first class due to missing pertinent information. For more information, e-mail

pahulaohana.rr@gmail.com

May 7 –28, Tuesdays, 1:30-2:30 pm

Course #24-10103KH-10

FREE for Baca members

June 4-25, Tuesdays, 1:30-2:30 pm

Course #24-20103KH-01

FREE for Baca members

Round Rock Preservation Lunch and Learn



Join the Round Rock Preservation on May 14 at 12 pm for a presentation by Pearson Ranch Middle School 7th Grade Texas History Students. Their topics will include: Early settler Thomas Anderson (Washington Anderson’s father) who was deeded the “Otto Reinke Building”; The Old Round Rock Stagecoach Inn, built 1848-1853 by John J. Harris; The Chisholm Trail Cattle Drive and its significance to Round Rock and early Texas; Hattie Cluck and her family’s contributions to the history of our area. Attendees are invited to bring their own brown bag lunch and Round Rock Preservation will provide a water and a cookie for your enjoyment. Sponsors for the program are the City of Round Rock and Round Rock Preservation.

Tuesday, May 14 beginning at 12:00 pm

FREE for everyone

KARAOKE PERFORMANCE GROUP
PRESENTS

Wizard of Oz

TUESDAY, MAY 28

1:00PM

GRAND ROOM



TAKE ME OUT TO A BALL GAME!

ROUND ROCK EXPRESS VS. EL PASO

CHEER ON THE ROUND ROCK EXPRESS VS. EL PASO CHIHUAHUAS FROM AN INFIELD RESERVED SEAT. GAME HIGHLIGHTS ARE \$2 TACO TUESDAY AND \$3 KARBACH CERVEZA DRAFTS.

.....
TUESDAY, MAY 28 • FIRST PITCH 7:05PM

SEE BACA CENTER TRIP GUIDE FOR COMPLETE DETAILS & FEES, AS WELL AS ALL OF THE OTHER SPRING TRIPS AVAILABLE!

CINEMA DAY

All movies are FREE for Baca members and participants are welcome to bring snacks and drinks.

If you have a movie suggestion, let us know.

The Last Laugh

Wednesday, May 22, 1:00 pm

Newly retired Al Hart (Chevy Chase) was a relentless talent manager who is slowing down, so his granddaughter suggests he move to a retirement village, where he can enjoy fine dining and regular entertainment.

There, Al discovers Buddy Green (Richard Dreyfuss) is a resident. Buddy was Al's first client and had potential for great success, but quit show business 50 years ago. Al convinces Buddy to escape their retirement community and hit the road for a cross-country comedy tour.



Cinema Day will take a break for the summer and resume in August.

The Baca Center will once again be hosting Youth Special Interest Camps during the summer months. Please be welcoming to our visitors and pass along any concerns to the Front Desk.

Thank you to our advertising sponsors!

We Put the *Living* in Senior Living



Five-star Service | Resort-style Amenities | No Maintenance or Worries

DoubleCreekSeniorLiving.com TechRidgeOaks.com

512-955-5045

512-817-0998

S.A.L.T.

Seniors & Law Enforcement Together

S.A.L.T. connects older adults and Round Rock Police to address law enforcement issues of interest to the senior community. Members meet monthly as well as volunteer with various PD events and programs serving Round Rock seniors and the community at large. If you are 50+ and would like to become a member visit RoundRockTexas.gov/salt.

THE BACA CENTER PRESENTS

An Evening Under The Stars

MUSIC | DANCING

FEATURING DJ ROBERT RODRIGUEZ

HORS D'OEUVRES | DRINKS

ENTERTAINMENT
SPONSORED BY:



HORS D'OEUVRES
SPONSORED BY:



DESSERTS
SPONSORED BY:



MAY 9TH | 7 - 10 PM

CENTENNIAL PLAZA

AGES 50+ | \$15

BACA CENTER MEMBERSHIP NOT REQUIRED

REGISTRATION FEES WILL INCREASE TO \$20 ON MAY 2ND.

REGISTER NOW:

WWW.ROUNDROCKRECREATION.COM

512-218-5499

Please do not water the plants inside the Baca Center

MARK YOUR CALENDARS

MAY 10 Mother's Day Treats

JUNE 14 Father's Day Treats

JULY 4 Independence Day, Baca Center Closed

AUGUST 23 Summer Bunco Tournament

AUGUST 30 Resource Expo

Local help with your Medicare questions.



Luis Vallejo
Licensed Sales Agent
512-470-3016, TTY 711
luisvallejo900@gmail.com



Retire Well. Retire Here.

Discover the difference of all-inclusive senior living at Provident Crossings!

Call today: 512-270-6912

1950 S. A. W. Grimes Blvd. ♦ Round Rock, TX 78664
ProvidentCrossingsRetirement.com

Thank you to our advertising sponsors!



SAGE VALLEY
SENIOR LIVING

AcuWorks Acupuncture Most Insurance Accepted

- ~Pain Management
- ~Chronic Low Back Pain
- ~Depression
- ~Female Disorders
- ~Insomnia
- ~Allergies
- and more

Call Today for FREE Consult.

 (512) 244-7888

ALLEN R. BACA CENTER TEAM

Center Supervisor:
Kelly Gaydos
kgaydos@roundrocktexas.gov

Program Coordinator:
Sondra Slate
sslate@roundrocktexas.gov

Fitness Coordinator:
Sherry Leetham
sleetham@roundrocktexas.gov

Recreation Manager:
Mary Hemenes
mhemenes@roundrocktexas.gov

Administrative Team:
Anita Ouellette
Mike Crowell
Katie Grant

Recreation Assistants:
Bruce Beaumont
Dana Duvall
Sara Moore
Debra Ramon

Recreation Bus Drivers:
Christal Acosta
Carlos Guinea

Custodians:
Corina Fernandez
Robert Morales



**THANK YOU PADRAIG LAVIN FOR 13+ YEARS AT THE BACA CENTER!
HAPPY RETIREMENT!**

