

CMRC GYM SCHEDULE

MONDAY, JULY 15TH - SUNDAY, JULY 21ST

MONDAY

COURT 1
5AM - 9AM
 Open Play Basketball
9AM - 5PM
 PARD Program
5PM - 10PM
 Open Play Basketball

COURT 2
5:30AM - 9AM
 Open Play Pickleball
9AM - 7:30PM
 PARD Programs
7:30PM - 10PM
 Open Play Basketball

TUESDAY

COURT 1
5AM - 9AM
 Open Play Basketball
9AM - 5PM
 PARD Program
5PM - 7PM
 Open Play Basketball
7PM - 9:45PM
 Open Play Volleyball

COURT 2
5AM - 6AM
 Open Play Basketball
6AM - 9AM
 Open Play Badminton
9AM - 5PM
 PARD Programs
5PM - 7PM
 Open Play Basketball
7PM - 9:45PM
 Open Play Volleyball

WEDNESDAY

COURT 1
5AM - 9AM
 Open Play Basketball
9AM - 5PM
 PARD Program
5PM - 10PM
 Open Play Basketball

COURT 2
5:30AM - 9AM
 Open Play Pickleball
9AM - 10PM
 PARD Programs

THURSDAY

COURT 1
5AM - 9AM
 Open Play Basketball
9AM - 5PM
 PARD Program
5PM - 7PM
 Open Play Basketball
7PM - 9:45PM
 Open Play Volleyball

COURT 2
5AM - 6AM
 Open Play Basketball
6AM - 9AM
 Open Play Badminton
9AM - 7PM
 PARD Programs
7PM - 9:45PM
 Open Play Volleyball

FRIDAY

COURT 1
5AM - 9PM
 Open Play Basketball

COURT 2
5AM - 6AM
 Open Play Basketball
6AM - 2PM
 Open Play Pickleball
2PM - 6PM
 Open Play Basketball
6PM - 9PM
 PARD Program

SATURDAY

COURT 1
7AM - 3PM
 Open Play Basketball
 Family & Youth
3PM - 7PM
 Open Play Basketball

COURT 2
7AM - 7PM
 Open Play Basketball

SUNDAY

COURT 1
10AM - 2PM
 Open Play Basketball
 Family & Youth
2PM - 6PM
 Open Play Basketball

COURT 2
10AM - 12PM
 PARD Program
12PM - 2PM
 Open Play Basketball
2PM - 6PM
 Open Play Pickleball



PARD programming has priority of courts at anytime, with or without notice.
 CMRC accommodates PARD programming camps during Fall, Winter, Spring, and Summer Breaks.
 Open Play Hours may change during these weeks.

CMRC GYM SCHEDULE

Drop - In Descriptions

Open Play - consists of basketball full court or cross court play determined and regulated by CMRC Front Desk Team.

Cross Court Play - courts will be split and can be determined by CMRC Front Desk Team anytime.

All other open play Pickleball, Volleyball, Badminton will be specified on the schedule.

Open Play Rules

Private coaching/training in the CMRC Gym is prohibited.

Organized practices are prohibited unless they are approved and scheduled PARD programs.

Members may bring their own basketballs and volleyballs, but additional equipment is prohibited.

Protesting decisions in an unprofessional manner may result in suspension or termination of membership.

