

CMRC GYM SCHEDULE

MONDAY, JULY 29TH - SUNDAY, AUGUST 4TH

MONDAY

COURT 1

5AM - 10PM

Open Play Basketball

COURT 2

5:30AM - 7:30AM

Open Play Pickleball

7:30AM - 4:30PM

PARD Programs

4:30PM - 10PM

Open Play Basketball

TUESDAY

COURT 1

5AM - 7PM

Open Play Basketball

7PM - 9:45PM

Open Play Volleyball

COURT 2

5:30AM - 7:30AM

Open Play Badminton

7:30AM - 4:30PM

PARD Programs

4:30PM - 7PM

Open Play Basketball

7PM - 9:45PM

Open Play Volleyball

WEDNESDAY

COURT 1

5AM - 10PM

Open Play Basketball

COURT 2

5:30AM - 7:30AM

Open Play Pickleball

7:30AM - 4:30PM

PARD Programs

4:30PM - 6:30PM

Open Play Basketball

6:30PM - 10PM

PARD Programs

THURSDAY

COURT 1

5AM - 7PM

Open Play Basketball

7PM - 9:45PM

Open Play Volleyball

COURT 2

5:30AM - 7:30AM

Open Play Badminton

7:30AM - 7PM

PARD Programs

7PM - 9:45PM

Open Play Volleyball

FRIDAY

COURT 1

5AM - 9PM

Open Play Basketball

COURT 2

5AM - 6AM

Open Play Basketball

6AM - 2PM

Open Play Pickleball

2PM - 6PM

Open Play Basketball

6PM - 9PM

PARD Program

SATURDAY

COURT 1

7AM - 3PM

Open Play Basketball

Family & Youth

3PM - 7PM

Open Play Basketball

COURT 2

7AM - 7PM

Open Play Basketball

SUNDAY

COURT 1

10AM - 2PM

Open Play Basketball

Family & Youth

2PM - 6PM

Open Play Basketball

COURT 2

10AM - 12PM

PARD Program

2PM - 6PM

Open Play Pickleball

CMRC GYM SCHEDULE

Drop - In Descriptions

Open Play - consists of basketball full court or cross court play determined and regulated by CMRC Front Desk Team.

Cross Court Play - courts will be split and can be determined by CMRC Front Desk Team anytime.

All other open play Pickleball, Volleyball, Badminton will be specified on the schedule.

Open Play Rules

Private coaching/training in the CMRC Gym is prohibited.

Organized practices are prohibited unless they are approved and scheduled PARD programs.

Members may bring their own basketballs and volleyballs, but additional equipment is prohibited.

Protesting decisions in an unprofessional manner may result in suspension or termination of membership.

