

# CMRC GYM SCHEDULE

MONDAY, SEPTEMBER 30TH - SUNDAY, OCTOBER 6TH

## MONDAY

### COURT 1

**5AM - 10PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 3PM**

Open Play Basketball

**3PM - 9PM**

PARD Programs

**9PM - 10PM**

Open Play Basketball

## TUESDAY

### COURT 1

**5AM - 7PM**

Open Play Basketball

**7PM - 9:45PM**

Open Play Volleyball

### COURT 2

**5AM - 7AM**

Open Play Basketball

**7AM - 10AM**

Open Play Badminton

**10AM - 3PM**

Open Play Pickleball

**3PM - 7PM**

PARD Programs

**7PM - 9:45PM**

Open Play Volleyball

## WEDNESDAY

### COURT 1

**5AM - 10PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 3PM**

Open Play Basketball

**3PM - 10PM**

PARD Programs

## THURSDAY

### COURT 1

**5AM - 7PM**

Open Play Basketball

**7PM - 9:45PM**

Open Play Volleyball

### COURT 2

**5AM - 7AM**

Open Play Basketball

**7AM - 10AM**

Open Play Badminton

**10AM - 3PM**

Open Play Pickleball

**3PM - 5PM**

Open Play Basketball

**5PM - 7PM**

PARD Programs

**7PM - 9:45PM**

Open Play Volleyball

## FRIDAY

### COURT 1

**5AM - 9PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 5PM**

Open Play Basketball

**5PM - 9PM**

PARD Programs

## SATURDAY

### COURT 1

**7AM - 3PM**

Open Play Basketball

Family & Youth

**3PM - 7PM**

Open Play Basketball

### COURT 2

**7AM - 7PM**

PARD Programs

## SUNDAY

### COURT 1

**10AM - 2PM**

Open Play Basketball

Family & Youth

**2PM - 6PM**

Open Play Basketball

### COURT 2

**10AM - 2PM**

PARD Program

**2PM - 6PM**

Open Play Pickleball

# CMRC GYM SCHEDULE

MONDAY, OCTOBER 7TH - SUNDAY, NOVEMBER 3RD

## MONDAY

### COURT 1

**5AM - 10PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 3PM**

Open Play Basketball

**3PM - 9PM**

PARD Programs

**9PM - 10PM**

Open Play Basketball

## TUESDAY

### COURT 1

**5AM - 7PM**

Open Play Basketball

**7PM - 9:45PM**

Open Play Volleyball

### COURT 2

**5AM - 7AM**

Open Play Basketball

**7AM - 10AM**

Open Play Badminton

**10AM - 3PM**

Open Play Pickleball

**3PM - 7PM**

PARD Programs

**7PM - 9:45PM**

Open Play Volleyball

## WEDNESDAY

### COURT 1

**5AM - 10PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 3PM**

Open Play Basketball

**3PM - 10PM**

PARD Programs

## THURSDAY

### COURT 1

**5AM - 7PM**

Open Play Basketball

**7PM - 9:45PM**

Open Play Volleyball

### COURT 2

**5AM - 7AM**

Open Play Basketball

**7AM - 10AM**

Open Play Badminton

**10AM - 3PM**

Open Play Pickleball

**3PM - 7PM**

PARD Programs

**7PM - 9:45PM**

Open Play Volleyball

## FRIDAY

### COURT 1

**5AM - 9PM**

Open Play Basketball

### COURT 2

**5AM - 6AM**

Open Play Basketball

**6AM - 2PM**

Open Play Pickleball

**2PM - 3PM**

Open Play Basketball

**3PM - 9PM**

PARD Programs

## SATURDAY

### COURT 1

**7AM - 3PM**

Open Play Basketball

Family & Youth

**3PM - 7PM**

Open Play Basketball

### COURT 2

**7AM - 7PM**

PARD Programs

## SUNDAY

### COURT 1

**10AM - 2PM**

Open Play Basketball

Family & Youth

**2PM - 6PM**

Open Play Basketball

### COURT 2

**10AM - 2PM**

PARD Program

**2PM - 6PM**

Open Play Pickleball

# CMRC GYM SCHEDULE

## Drop - In Descriptions

**Open Play** - consists of basketball full court or cross court play determined and regulated by CMRC Front Desk Team.

**Cross Court Play** - courts will be split and can be determined by CMRC Front Desk Team anytime.

All other open play Pickleball, Volleyball, Badminton will be specified on the schedule.

## Open Play Rules

Private coaching/training in the CMRC Gym is prohibited.

Organized practices are prohibited unless they are approved and scheduled PARD programs.

Members may bring their own basketballs and volleyballs, but additional equipment is prohibited.

Protesting decisions in an unprofessional manner may result in suspension or termination of membership.

