

ALLEN R. BACA CENTER

301 W. Bagdad Avenue, Building 2
Round Rock, TX 78664

512-218-5499 | bacacustomerservice@roundrocktexas.gov
www.BacaCenter.com

Baca Center Program Expo

Friday, August 29, 12:00 - 2:00pm
SEE PAGE 8 FOR DETAILS

Lifestyle Movement Classes
Active Assisted Aerobics
Sittercize



Crafty Critters



Center Art Club



Tai Chi Level I & II



Sing-a-Long



Latin Dance



Widowed Warriors

Conversational Spanish Class



Writing Club



FACILITY HOURS:

Monday - Thursday: 7:00 AM - 9:00 PM
Friday: 7:00 AM - 6:00 PM
Saturday & Sunday: 8:00 AM - 1:00 PM

OFFICE HOURS:

Monday - Friday: 7:30 AM - 5:30 PM

HOLIDAY HOURS:

July 4: Independence Day | Closed
September 1: Labor Day | Closed

WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:15 am A.A.A. 10:30-11:00 am Sittercize 11:30 am-1:00 pm Non-competitive Pickleball Rating 1-3.5** 11:30 am-4:00 pm Pinochle ADVANCED PLAY 12:30-4:00 pm American Mah Jong Club EXPERIENCED 12:45-3:30 pm Dominoes "42" 1:00-2:30 pm Writing Club 1:00-4:30 pm Duplicate Bridge ADVANCED PLAY & MUST have partner 1:00 pm-2:00 pm ALL Rating Levels Pickleball 2:00 pm-3:30 pm Competitive Pickleball Rating 4-5** 3:30 pm-8:00 pm ALL Rating Levels Pickleball 4:30-8:30 pm Intermediate/ Advanced Table Tennis***	9:00-11:00 am Woodcarvers 9:30-10:15 am A.A.A. 9:30 am-2:00 pm Crafty Critters 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle 12:45-4:00 pm Texas Canasta 1:00-3:00 pm Karaoke Performance Group 1:30-2:30 pm Kupuna Hula *Must register 4:30-8:30 pm ALL Rating Levels Pickleball 	9:30-10:15 am A.A.A. 9:30 am-12:30 pm Hearts 10:00 am-12:30 pm Mexican Train 10:30-11:00 am Sittercize 12:15-3:30 pm Dominoes "42" 12:30-4:00 pm Spades 1:00-3:30 pm Latin Dancing 3:00-4:00 pm Widowed Warriors 4:30-8:30 pm Intermediate/ Advanced Table Tennis***	9:00 am-11:00 am Non-competitive pickleball Rating 1-3.5** 9:30-10:15 am A.A.A. 10:00-11:30 am Writing Club (Zoom) 10:30-11:00 am Sittercize 11:00-11:15 am Balance 11:00 am-1:00 pm ALL Rating Levels Pickleball 12:00-4:00 pm Open Game Play 12:30-3:45 pm Bridge for Fun Cribbage 12:45-3:45 pm Racehorse Canasta 1:00-3:00 pm Competitive Pickleball Rating 4-5** 1:00-2:30 pm Conversational Spanish Class 4:30-6:30 pm Beginner Table Tennis*** 6:30-8:30 pm All Levels Table Tennis	9:00 am-11:00 am 9 Square in the Air 9:00 am-3:00 pm Open Game Play 10:00-11:30 am Bingo* During the summer months, bring your grandchildren to play Bingo for only \$3. 12:30-3:30 pm Mexican Train Hand/Foot Canasta 1:00-2:30 pm Sing-A-Long

*Requires registration and fee, non-members pay an additional \$1 walk-in fee.

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

**Pickleball ratings: www.usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/

**Pickleball players can only play one level per day, but please do a self-assessment to choose the correct level.

MONTHLY ACTIVITIES

Monthly Activity	Dates	Times
Center Art Club	July 2 & 16	1:00-3:00 pm
Open Studio	August 6 & 20 July 9 & August 13	12:00-3:00 pm
Benefit Resources—one-on-one	July 8 August 12	10:00 am
Book Discussion	July 8 August 12	1:00 pm
Bunco	July 1 & 15 August 5 & 19	6:15-8:30 pm
Garden Club	July 7 August 4	9:00 am
Hong Kong Mah Jong	July 3, 17 & 31 August 7 & 21	6:00-8:30 pm
Sing for Joy	July 22	11:00 am
Round Rock New Neighbors Bridge	* No July Program * No August Program September 17	12:00 pm

Times listed are start times, arrive at least 15 minutes early if you wish to participate.

Daily Congregate Meals at the Baca Center

Opportunities
for Williamson & Burnet Counties

The Opportunities for Williamson & Burnet Counties (OWBC) Senior Nutrition Program offers nutritionally balanced, homemade lunches at a low cost for seniors (60+) at the Baca Center. Lunch is served Monday – Friday between 12:00 – 12:30pm.

Please note that OWBC is a separate entity from the Baca Center and separate intake paperwork is required. To sign up as a client for the congregate lunch program, visit the OWBC office in the Dining Room, Monday- Friday between 9:00am & 1:00pm. Once all paperwork is complete, new clients may begin participating in the meal program the following Monday. New client signups are not available during the last five days of the month. Clients pay a suggested \$3 donation for meals and must participate in the meal program at least once a month to remain active.

For more information and complete Congregate Meal details, visit the OWBC Office in the Dining Room, call 512-255-4970, or email Site Director, Kelsey Ward kward@owbc-tx.org.

ORGANIZATIONS & CLUBS

BENEFIT RESOURCES—2nd Tuesday, 10:00 am

July 8 & August 12 in the Baca Center Lobby

Visit with a representative from AGE of Central Texas, and they will provide one-on-one assistance with locating and accessing local support programs and resources. Free assistance is available for older adults and family caregivers, to help you connect with the information, resources, programs, and education that will help you age successfully. If you need assistance sooner, please contact the AGE Resource Center at 512-600-9275

CENTER ART CLUB—1st & 3rd Wednesday, 1:00 pm; 2nd Wednesday, 12:00 pm

Visitors always welcome! Contact centerartclubofrr@gmail.com for more information.

July 2 —Business meeting, art show and tell, Baca wall display change out.

July 9—Open studio, bring your art supplies and works in progress to create in a group setting.

July 16 —Demo day: The Art of Quilling presented by Jeanice Ullmann.

August 6 —Business meeting, art show and tell, Baca wall display change out.

August 13—Open studio, bring your art supplies and works in progress to create in a group setting.

August 20 — Demo day: The Art of Handmade Bookmarks by Leslie Kjellstrand.

BOOK DISCUSSION—2nd Tuesday, 1:00 pm

July 8 —"Icy Day in the Committee Room" by James Joyce

August 12 —"The Chrysanthemums" by John Steinbeck

Contact the Baca Center for more information.

GARDEN CLUB—1st Monday (except holidays), 9:00 am

July 7– Evelyn Carlson—HEB Floral Department

August 4—Open Forum

WRITING CLUB—Mondays, 1:00-2:30 pm & Thursday, 10:00 am (Zoom only)

Participants are welcome to share their writing and get feedback, read someone else's work or just come to listen. If you want to publish your work in the Club's next anthology, join now! To view the Club's six anthologies, search for Baca Writing Club on Amazon. For more information, email bacawritingclub@gmail.com.



Driver Safety

AARP Driver Safety Course

Thursday, September 11, 8:30am—12:30pm

Tuesday, October 14, 8:30am—12:30pm

Tuesday, January 13, 8:30am—12:30pm

The course enables drivers to get a 10% discount for 3 years on *most insurance plans*.

Please check with your insurance provider. You must pre-register at the Baca Center Front Desk.

Course does not dismiss traffic violations. You must have your AARP card to present at class.

\$20 for AARP members & \$25 for non-members payable by CHECK ONLY to AARP.

Individuals with AARP Medicare Supplement Plan insured by United Health Care may attend for no charge—MUST show UHC membership card as proof.

For online course: www.aarpdriversafety.org

PROGRAMS & CLASSES

Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. Non-members pay additional \$5 per month.

Wednesdays, July 9-30 9:00-10:00 am	\$38/4 classes	Course #: 25-20103CY-02
Wednesdays, August 6-27 9:00-10:00 am	\$38/4 classes	Course #: 25-20103CY-03

Tai Chi Level I

Join our Tai Chi beginner's class designed specifically for seniors to improve balance, flexibility, and overall well-being. This gentle, flowing exercise emphasizes slow, controlled movements and deep breathing, making it ideal for enhancing mobility and reducing stress.

Tuesday, July 1-22 1:00-2:00 pm	\$12/4 classes	Course #: 25-20103TCLO-04
Thursdays, July 3-24 1:00-2:00 pm	\$12/4 classes	Course #: 25-20103TCLO-02
Tuesday, August 5-26 1:00-2:00 pm	\$12/4 classes	Course #: 25-20103TCLO-05
Thursdays, August 7-28 1:00-2:00 pm	\$12/4 classes	Course #: 25-20103TCLO-03

Tai Chi Level II

Join our Tai Chi intermediate class designed specifically for seniors to improve balance, flexibility, and overall well-being. This class is for participants who have completed the Level 1 course or have prior experience with Tai Chi.

Mondays, July 7-28 6:00-7:00 pm	\$12/4 classes	Course #: 25-20103TC-02
Mondays, August 4-28 6:00-7:00 pm	\$12/4 classes	Course #: 25-20103TC-03

Kupuna Hula with Kumu Ellie

This program is a session based program. All interested participants MUST register prior to the first class. The instructor will NOT be at the center unless there are registered participants. In this relaxed class, students will learn Hula dance techniques and simple language. The focus will be on modern Hula such as "Blue Hawaii". No registration after the first class due to missing pertinent information. For more information, e-mail pahulaohana.rr@gmail.com.

**No classes in July*

August 5-26 Tuesdays, 1:30-2:30 pm	Course #25-20103KH-02	FREE for Baca members
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Computer Support

Is your data backed up, your warranty over, want to fix your computer yourself? Join Scott Wheeler for "how to" classes which will cover cleaning up your Windows operating system, install/uninstall applications/drivers, troubleshoot diagnostics, manage viruses, and more. Bring your laptop to the class. If you have a PC do a print screen of your issue. MUST register and pay by 5 pm the Monday prior and if no registrations, instructor will not show up. This class DOES NOT teach computer skills and cannot assist with any Apple products. Please arrive promptly and call if not coming.

Wednesdays, July & August, 9:30 am	\$5 for Baca members only
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INTRODUCING Baca Center MEMBER ORIENTATION AND COMMUNITY LUNCH

We are excited to invite you to the Baca Center's **New Member Orientation**.

Whether you are a new member wanting to learn about the Baca Center or current member looking to deepen your engagement, this session is designed for you.

After the orientation session, all Baca Center members are invited to a **Community Lunch**. Bring a sack lunch to meet and socialize with fellow members in a relaxed atmosphere.

Sessions will be held quarterly, on the 4th Wednesday of that month. Orientation will begin at 11:30am, with lunch following at 12:00pm. Registration is not required.

Wednesday, July 23 | Wednesday, October 22
Orientation - 11:30am, Lunch - 12:00pm

Rotary
Club of Round Rock Sunrise

Come Join Us
Every 1st, 2nd & 4th Fridays
From 7:00am - 8:00am
At the Allen R. Baca Center

Rotary clubs focus on identifying and addressing community needs, organizing projects to improve local and global communities. Members participate in various service projects, from local initiatives to global initiatives. Clubs organize social events and activities, providing opportunities for members to connect and have fun.



For more information, please contact the Rotary Club via email at: meetings@rotaryroundrock-sunrise.com

Become part of a community that turns passion for change into action!

Round Rock Preservation Lunch and Learn
DISCOVERING ROUND ROCK HISTORY PROGRAM
The Flats Neighborhood & its Connection to New Town & City Cemeteries

Guest Speaker: Tina Steiner
5th Generation Round Rock Native, RRISD Educator, and Round Rock Community Leader



Tuesday, August 12,
12:00pm - 1:00pm.

Allen R. Baca Center, 301 W. Bagdad Ave.
Bring your lunch - We'll provide water and cookies.

The Flats Neighborhood in New Town, Round Rock held many multigeneration families who have relatives in Round Rock Cemetery and the Slave Grave and Hopewell Cemetery. As a fifth-generation Round Rock native, Tina and her family have had a substantial impact on the history of Round Rock since the 1800s. Tina will share the history of The Flats Neighborhood and the businesses the residents frequented.

Sponsors: Round Rock Preservation (254)289-0626 roundrockpreservation@gmail.com
Historic Preservation Office (City of Round Rock) (512)218-5422



SOCK HOP DANCE PARTY

Tuesday, August 26

1:00pm - 4:00pm

Baca Center Grand Room



Come join us and party like it's 1959. Get dressed in your 50's attire or come as you are. Let's shake, rattle and roll the afternoon away.

Music provided by Innovative Dj Entertainment.

Back to the '50s
Sock Hop



Ages 50+. Cost: \$10 for Baca Members / \$15 for Non-Members



On Tuesday, August 26 Only
Due to the above event,
Pickleball will start at 5:00pm.



Summer Bunco Tournament

FRIDAY, AUGUST 22, 2025, 6:00 PM

BACA GRAND MEETING ROOM

\$340 IN PRIZES SPONSORED BY:

AMBERLIN, GEORGETOWN



AMBERLIN, PFLUGERVILLE



\$5 FOR BACA MEMBERS & \$10 FOR NON-MEMBERS
Register by 5:00pm on Wednesday, August 20



Woodcarvers
Every Tuesday
9:00 - 11:00am



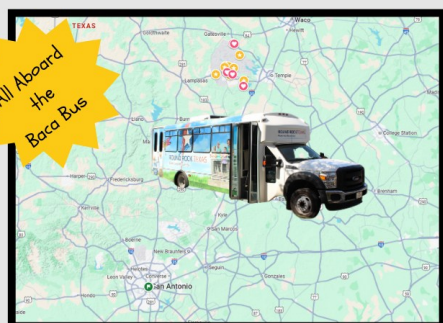
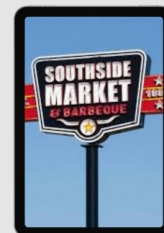
The Baca Center Woodcarvers Club is a welcoming group of folks interested in wood carving. They love visitors and new members, especially beginners. Club members are diverse in wood carving styles and experience. They learn from each other, and everyone is welcomed to participate. No experience necessary, however tools and materials are needed to participate. Those interested in participating can stop by for a demo and learn what tools are needed. Ages 50+.



Summer 2025 Field Trip Guide Registration Open



Fall/Winter 2025 Field Trip Guide Coming Soon



**GET READY FOR EXCITING
MEMORIES WE'LL HAVE
TOGETHER THIS SUMMER,
FALL, AND WINTER.
YOU DON'T WANT TO MISS OUT!**



Join the Baca Center on the 4th Wednesday at
1:00 pm for our Cinema Movie Day.

All movies are FREE for Baca members and
participants are welcome to bring snacks and drinks.

**Cinema Day will take a break for the summer
and resume in August.**

If you have a movie suggestion, let us know.



Baca Cinema
Your Stop to Entertainment

COCOON August 27

Oscar-winning fantasy in which the residents of a Florida rest home get a new lease of life when they stumble across an alien "fountain of youth" in a disused holiday home. Unbeknown to them, aliens have been using the swimming pool in the house to store their cocooned brethren, giving the waters a powerful, rejuvenating quality.

COCOON 2 "THE RETURN" September 24

Five years after the first Cocoon, the friendly aliens from the planet Anterea return to Earth to rescue some incubation pods, which have been found by a team of scientists. The elderly people (Don Ameche, Wilford Brimley) who left Earth with them come along to visit with friends and family in Florida. Resuming their old lives proves alluring against the prospect of eternal life on Anterea. Meanwhile, the aliens try to rescue their children, with the help of scientist Sara (Courteney Cox).



Crafty Critters



Latin Dance



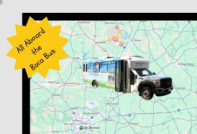
Lifestyle Movement Classes
Active Assisted Aerobics
Sittercize



Tai Chi Level I & II

Conversational Spanish Class

Center Art Club



Baca Center Program Expo

Come Join Us On Friday, August 29 12 - 2pm

Are you a new member, current member or looking to join and want to learn more about what programs the Baca Center has to offer? Head on over to the Grand Meeting Room where we will have our group leaders explain the program and times they meet. Learn a new game or join one of our clubs. We have a lot to offer.

Sing-a-long



Do you know we offer Chair Yoga?
See page 4 for details



**Wednesdays,
9:00-10:00am**

READY TO BE A CARD SHARK?

Come Join Us In Two Different "Trick-Talking" Card Games.
Hearts & Spades



**HEARTS
WEDNESDAYS
9:30am-12:30pm**

**SPADES
WEDNESDAYS
12:30-4:00pm**



"A GRAND AFTERNOON"

Grandparents Day Celebration at the Baca Center

**SUNDAY, SEPTEMBER 7
2:00 - 4:00PM**

**FREE
REGISTRATION NOT REQUIRED**

Grandparents and
Grand-friends are
very special in
children's lives - so
here's a day just for
you!



Bring your
grandchildren for an
afternoon full of
crafts, entertainment,
refreshments &
more!

RESOURCE EXPO 2025

FREE FOR ADULTS 50+



FRIDAY, OCTOBER 3
9:00 - 11:30AM

- ✓ **VENDORS WITH HEALTH AND AGING RELATED INFORMATION**
- ✓ **CRAFT SALE BY CRAFTY CRITTERS (CASH ONLY)**
- ✓ **DOOR PRIZES**
- ✓ **FLU SHOTS**
- ✓ **AND MORE**

COME TEST YOUR LUCK. JOIN US IN
PLAYING PINOCHLE.

Advanced Pinochle
Mondays from 11:30am-4:00pm
Regular Pinochle
Tuesdays from 12:30pm-4:00pm



Kupuna Hula
with
Kumu Ellie



The Baca Center offers free Kupuna Hula lessons to all Baca members. See page 4 for details. Don't miss out, call today to register.

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TODAY

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Bed Availability

Trinity Care Center

MEDICAL TEAM

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Long-term & Memory Care Unit**

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512-789-1851 1000 East Main St. RR Tx 78664

MARK YOUR CALENDARS

AUGUST 21 National Senior Day

SEPTEMBER 1 Labor Day, Baca Center Closed

SEPTEMBER 7 A Grand Afternoon - Grandparents Day Celebration

OCTOBER 3 Resource Expo, 9:00am - 11:30am

OCTOBER 24 Halloween Costume Dance, 7:00-9:30pm

BEGINNING OF NOVEMBER Annual Nut Sale & Pecan Cracking

The Baca Center will once again be hosting Youth Special Interest Camps during the summer months. Please be welcoming to our visitors and pass along any concerns to the Front Desk.

Thank you to our advertising sponsors!

Local help with your Medicare questions.



Luis Vallejo
Licensed Sales Agent
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luisvallejo900@gmail.com



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ALLEN R. BACA CENTER TEAM

Center Supervisor:
Kelly Gaydos
kgaydos@roundrocktexas.gov

Program Coordinator:
Michael Crowell
mcrowell@roundrocktexas.gov

Recreation Manager:
Mary Hemenes
mhemenes@roundrocktexas.gov

Administrative Team:
Anita Ouellette
Christopher Payne
Katie Grant

Recreation Assistants:
Bruce Beaumont
Debra Ramon
Bryan Goya Leon
Darlene Morales
Ashley Leonard

Recreation Bus Drivers:
Christal Acosta
Carlos Guinea

Custodians:
Corina Fernandez
Robert Morales



CELEBRATING
40
YEARS

NRPA'S
PARK AND RECREATION
MONTH

Each July, we celebrate park and recreation professionals and how they improve the lives of tens of millions of people, making a lasting impact in communities across the country. Park and recreation programs are essential to community health and well-being and help cultivate lifelong friendships, memories and family bonds that people hold dear decades later.

Together, we're building and maintaining sustainable parks and green spaces for current and future generations.

Together, we're building thriving communities focused on health and well-being.

Together, we're building high-quality programs and spaces accessible and inclusive for all.

Together, we help people play and connect - through yoga, art classes, picnics and more.

This year's theme, "**Build Together, Play Together**," reminds us of the contributions of more than 160,000 full-time park and recreation professionals — along with hundreds of thousands of part-time and seasonal workers and volunteers — who maintain our country's close-to-home parks.

Join the Baca Center and the Round Rock Parks and Recreation Department as we celebrate #BuildTogetherPlayTogether during Park and Recreation Month!