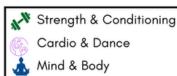
### ALLEN R. BACA CENTER

# GROUP EXERCISE SCHEDULE DEC 1 - DEC 19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)	8:00AM - 8:45AM CARDIO AEROBICS ROOM JOE (20)	8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM KATHY (20)	8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM KATHY (20)	
11-11:	(Sa)	11-11	11-11	
9:00AM - 9:45AM BARRE ABOVE® AEROBICS ROOM CHRISTA (22)		9:00AM - 9:45AM MOBILITY & STRENGTH AEROBICS ROOM ASHLEY (22)	9:00AM - 9:45AM BARRE ABOVE® AEROBICS ROOM CHRISTA (22)	9:00AM - 9:45AM <b>CARDIO</b> AEROBICS ROOM KATHY (20)
11-11		11-11	11-11	
10:00AM - 10:45AM STRETCH AEROBICS ROOM CHRISTA (20)	10:00AM - 10:45AM STRENGTH & CONDITIONING AEROBICS ROOM TERI (20)	10:00AM - 10:45AM  CARDIO & DANCE  AEROBICS ROOM  MARCELLUS (24)	10:00AM - 10:45AM STRETCH AEROBICS ROOM CHRISTA (20)	10:00AM - 10:45AM MIND & BODY AEROBICS ROOM KATHY (20)
•	11-11	(S)	•	♣.
	11:00AM - 11:45AM YOGA AEROBICS ROOM ALEJANDRA (15)		5:30PM - 6:15PM STRENGTH & CONDITIONING MEETING ROOM 1 ASHLEY (22)	11:00AM - 11:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)
	₫.		11-11	11-11



See back for descriptions and class policies & guidelines



### ALLEN R. BACA CENTER

### GROUP EXERCISE SCHEDULE DEC 22ND- DEC 26TH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)	8:00AM - 8:45AM CARDIO AEROBICS ROOM JOE (20)	CLOSED FOR CHRISTMAS EVE	CLOSED FOR CHRISTMAS DAY	11:00AM - 11:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)
9:00AM - 9:45AM BARRE ABOVE® AEROBICS ROOM CHRISTA (22)	10:00AM - 10:45AM STRENGTH & CONDITIONING AEROBICS ROOM TERI (20)			
11-11	11-11			
10:00AM - 10:45AM STRETCH AEROBICS ROOM CHRISTA (20)				



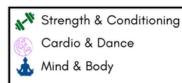
See back for descriptions and class policies & guidelines



#### ALLEN R. BACA CENTER

# GROUP EXERCISE SCHEDULE DEC 29<sup>TH</sup> - JAN 2<sup>ND</sup>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)	8:00AM - 8:45AM <b>CARDIO</b> AEROBICS ROOM JOE (20)	8:00AM - 8:45AM STRENGTH & CONDITIONING AEROBICS ROOM KATHY (20)	CLOSED FOR NEW YEARS DAY	
11-11		11-11		
		9:00AM - 9:45AM MOBILITY & STRENGTH AEROBICS ROOM ASHLEY (22)		9:00AM - 9:45AM CARDIO AEROBICS ROOM KATHY (20)
	10:00AM - 10:45AM STRENGTH & CONDITIONING AEROBICS ROOM TERI (20)	10:00AM - 10:45AM CARDIO & DANCE AEROBICS ROOM MARCELLUS (24)		10:00AM - 10:45AM MIND & BODY AEROBICS ROOM KATHY (20)
				11:00AM - 11:45AM STRENGTH & CONDITIONING AEROBICS ROOM JOE (20)



See back for descriptions and class policies & guidelines

